



# Howard County

## RECREATION & PARKS

### 2016 FALL ACTIVITY GUIDE

Online Registration  
**STARTS**  
AUGUST 3, 6 PM



INCLUDES 2016-17 FALL/WINTER COMPETITIVE SPORTS

[www.HowardCountyMD.gov/rap](http://www.HowardCountyMD.gov/rap)



# Welcome to the Fall 2016 Activity Guide!

*Welcome to the Fall 2016 Activity Guide, where you'll find a diverse selection of programs, leagues, classes, special events and more to get you up, out and active in Howard County!*

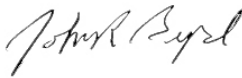
*Whether you're an adult looking to learn a new skill, a teenager who wants to get involved in their community, or a child who wants to play sports, you are sure to find something fun and enriching this fall.*

*We are also excited to introduce a great amenity into our park system. In June, we opened the skate park at South Branch Park in Sykesville. This is the third skate park in Howard County's park system and we were thrilled to work with the Town of Sykesville to make it a reality. The 10,000-square-foot skate park is great for beginners and more experienced riders alike!*

*With so much that's great about Howard County, we hope you take the opportunity this fall to experience all we have to offer!*



**Allan H. Kittleman**  
Howard County Executive



**John R. Byrd**  
Department of Recreation  
& Parks Director



Allan H. Kittleman



*On June 11, we opened the skate park at South Branch Park in Sykesville. The 10,000-square-foot skate park was a partnership between Howard County and the Town of Sykesville. Kevin Sears and Tyler Vinje (top right) advocated for the skate park, known as Shrimp Town, and were a great help in mobilizing the skating community to support the project. The skate park is open year round at 350 West Friendship Road, Sykesville.*

# How to Register

Howard County residents may register online beginning August 3 at 6pm and by all other methods beginning August 4. Out-of-County residents may register online beginning August 10 at 6pm and by all other methods beginning August 11. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 94. Please let us know if you have any questions or suggestions — we always like to hear from you.

- On-line: [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)
- Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)
- Fax: 410-313-4658
- Mail-in: Howard County Recreation & Parks Headquarters  
7120 Oakland Mills Road, Columbia, MD 21046  
(Form on page 98)
- Walk-in: Howard County Recreation & Parks Headquarters  
7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)
- Bain Center (410-313-7320)  
5470 Ruth Keeton Way, Columbia (9:30am-2pm, M-F)
- Gary J. Arthur Community Center  
2400 Rte. 97, Cooksville  
(7am-8:30pm, M-Sa; 9am-5:30pm, Su)
- North Laurel Community Center  
9411 Whiskey Bottom Road, Laurel  
(8am-8pm, M-Sa; 9am-5pm, Su)
- Robinson Nature Center  
6692 Cedar Lane, Columbia  
(9am-5pm, W-Sa; Noon-5pm, Su)
- Roger Carter Community Center  
3000 Milltowne Drive, Ellicott City  
(7am-10pm, M-Sa; 7am-9pm, Su)

**See page 95 for inclement weather/program status lines.**

**If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.**

**Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.**

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**Winter Mix Camp** / 5-13 yrs / Page 85

# Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone and Friday Fun Zone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec).



**3 CENTERS,  
1 LOW PRICE!**

- The Fit4U Package allows you to use our three community centers' fitness facilities.
- No enrollment fees.
- Center membership included!

## Pricing for 13-49 yrs

Yearly.....	\$25/month
6 Months.....	\$30/month
3 Months.....	\$35/month
Monthly.....	\$40/month
Drop-In/Guest Rate.....	\$5/visit

## Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85	\$55	\$35	\$15	\$5/visit

## Additional Information

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for couples.
- Rates listed above are for Howard County residents. Call one of our centers for more pricing information (page 8).

## Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

GJACC = Gary J. Arthur Community Center  
NLCC = North Laurel Community Center  
RCCC = Roger Carter Community Center



# GO50+

Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

## 50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

**Amenities:** Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs

**Price:** FREE

## 50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

**Amenities:** All 50+ Center Benefits, Fitness Rooms, Dance/Aerobics Studio\*

**Price:** Resident, \$75 per year. Nonresident, \$100 per year.

## 50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

**Amenities:** All 50+ Fitness Benefits, Pool Access During Open Swim Hours

**Price:** Resident, \$175 per year. Nonresident, \$225 per year.

\* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

# Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (5 yrs +)	\$25 / \$50 (Non resident)
Annual Adult (16 yrs +)	\$25 / \$50 (Non resident)
Card Replacement Fee	\$10
Daily Center Pass	\$5



# Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

## Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Gary J Arthur Comm Ctr <sub>1</sub>	7-9pm	M
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr <sub>1,2</sub>	9-11am	M, W & F
50 yrs +	N Laurel Comm Ctr	10am-noon	M, W

1 No full-court games at Gary J Arthur Comm Ctr

2 An Office of Aging program

## Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr	10am-2pm	Tu
N Laurel Comm Ctr	10am-2pm	Tu

## Friday Family Fun Night

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr	5:30-7pm	F
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## MAC Pre-K Drop-in Play (2-5 yrs)

Equipment for mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and more is provided. (Cancelled 11/23, 11/25, 12/26-12/30.)

\$4 (one child & adult), \$2 each additional child.

Meadowbrook Ath Comp	9:30am-noon	M, W & F starting Oct 17
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## Pickleball (16 yrs +)

Learn and practice your Pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr	9am-noon	F
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## Ping Pong (16 yrs +)

Are you a menace at table tennis?

Gary J Arthur Comm Ctr	Noon-4pm	Th
N Laurel Comm Ctr	Noon-4pm	Sa

## Social Sandbox

Meet friendly local moms to talk about the kids and have fun! Takes place in the gym. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	Noon-1pm	Th
N Laurel Comm Ctr	10-11am	Th

## Stroller Moms & Friends

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	8-11am	W & F
N Laurel Comm Ctr	8-9am	Tu, Th

## Swimming at Roger Carter Comm Ctr

**Lap Swim (13 yrs +)** / Schedule: [www.howardcountymd.gov/RCCC](http://www.howardcountymd.gov/RCCC)

Swim in one of our six lap lanes.

6-10am	M-F	7:30-9:30pm	M-F
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**Open Swim (All ages)** / Schedule: [www.howardcountymd.gov/RCCC](http://www.howardcountymd.gov/RCCC)

Noon-5pm	M-F	Noon-9:30pm	Sa
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9am-8:30pm	Su
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**Pre-K Swim** / Schedule: [www.howardcountymd.gov/RCCC](http://www.howardcountymd.gov/RCCC)

Chaperone must be at least 16 years old.

10am-noon	M-F
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## TeenZone (12 yrs +)

Shoot hoops, play billiards, ping pong, and games or just hang out!

Gary J Arthur Comm Ctr	2:30-5:30pm	M-F
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N Laurel Comm Ctr	2:30-5:30pm	M-F
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Roger Carter Comm Ctr	2:30-5pm	M-F
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## Toddler Time

Bring your little ones indoors to play with push toys, hula hoops, tunnels, and more. Interactive play develops motor skills and social skills.

N Laurel Comm Ctr	9:30-11:30am	Tu
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## Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
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Family	Roger Carter Comm Ctr	5-7pm	Sa
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16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
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16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
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16 yrs +	Roger Carter Comm Ctr	7-10pm	W
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16 yrs +	Roger Carter Comm Ctr	5-7pm	Sa
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## Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY

AT A HOWARD COUNTY FACILITY OR PAVILION.

GREAT LOCATIONS! UNFORGETTABLE FUN!

### ADVENTURE & OUTDOORS

410-313-1754

### GARY J. ARTHUR COMMUNITY CENTER

410-313-4840

### MEADOWBROOK ATHLETIC COMPLEX

410-313-1163

### NORTH LAUREL COMMUNITY CENTER

410-313-0390

### PAVILIONS IN THE PARKS

410-313-4682

### ROBINSON NATURE CENTER

410-313-0400

### ROGER CARTER COMMUNITY CENTER

410-313-2764



flickr



## **GARY J. ARTHUR** COMMUNITY CENTER

2400 Rte 97, Cooksville, MD 21723

Registration: 410-313-4840

Hours: 7am-9pm, M-Sa; 9am-6pm, Su

Closed: Sep 5, Nov 24-25, Dec 25

Closing at 5pm: Dec 24 & 31

[www.howardcountymd.gov/GJACC](http://www.howardcountymd.gov/GJACC)



flickr



## **NORTH LAUREL** COMMUNITY CENTER

9411 Whiskey Bottom Rd, Laurel, MD 20723

Registration: 410-313-0390

Hours: 8am-9pm, M-Sa; 9am-6pm, Su

Closed: Sep 5, Nov 24-25, Dec 25

Closing at 5pm: Dec 24 & 31

[www.howardcountymd.gov/NLCC](http://www.howardcountymd.gov/NLCC)



flickr



## **ROGER CARTER** COMMUNITY CENTER

3000 Milltowne Drive, Ellicott City, MD 21043

Information/Rentals/Reservations: 410-313-2764

Hours: 6am-10pm, M-F; 7am-9pm, Sa & Su

Closed: Nov 24-25, Dec 25

Closing at 5pm: Sep 5, Dec 24 & 31

[www.howardcountymd.gov/RCCC](http://www.howardcountymd.gov/RCCC)



# Kiwanis-Wallas HALL

3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636

Reservations: 410-313-2637

Center Hours: 8am-5pm, M-Th; 8am-4pm, F

Closed: Sep 5, Nov 24-25, Dec 25

Closing at 5pm: Dec 24 & 31

Perfect for meetings, trainings & larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.



flickr



## MEADOWBROOK ATHLETIC COMPLEX

5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163

Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452

[www.howardcountymd.gov/MAC](http://www.howardcountymd.gov/MAC)

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

### MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F.

Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

### Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults).

Info: Matthew Knoerlein, 410-313-1163.

### Fall (Sep – Dec)

Adults: \$69, season; \$25, month

\*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25, season; \$10, month



flickr



JAMES & ANNE

6692 Cedar Lane, Columbia, MD 21044

Info: 410-313-0400

Facility Rental: 410-313-0400

Center Hours: 9am-5pm, W-Sa;

Noon-5pm, Su

Closed: Mondays, Tuesdays, Nov 24-25, Dec 25

[www.howardcountymd.gov/RobinsonNatureCenter](http://www.howardcountymd.gov/RobinsonNatureCenter)

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission\*

Adults: \$5

Children (3-17 yrs): \$3

Children (under 3 yrs): Free

\* Admission is complimentary for individuals and families every Wednesday.

Group visits are subject to admission fees and must be booked in advance.

### Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, discounts in the gift shop during certain times of the year and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Non Resident)

Student (with valid school ID): \$20 / \$40 (Non Resident)

Individual: \$25 / \$50 (Non Resident)

Family: \$50 / \$100 (Non Resident)

(Family pass includes members of the immediate household.)

### Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits.

Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175      Supporter: \$250

Sustainer: \$500      Lifetime: \$1,000

### Field Trips

We offer year-round field trip programming for All ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

### Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



*Pavilions are perfect for birthdays, family outings, and more.*

## Pavilion & Facility Rentals

Information/Reservations: 410-313-4682

\*For North Laurel Park Pavilion: 410-313-0390

[www.howardcountymd.gov/rentals](http://www.howardcountymd.gov/rentals)

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$170 / \$203
Centennial Park Pavilion A, B & C	\$165 / \$198
Centennial Park Pavilion D	\$396 / \$429
Centennial Park Pavilion E, F & G	\$165 / \$198
Centennial Park Pavilion H	\$990 / \$1,023
Centennial Park Pavilion O	\$170 / \$203
Cedar Lane Park East Pavilion	\$352 / \$385
Cedar Lane Park West Pavilion	\$440 / \$473
Guilford Park Pavilion	\$170 / \$203
Hammond Park Pavilion	\$170 / \$203
High Ridge Park Pavilion	\$330 / \$363
Meadowbrook Park Hawksview Pavilion	\$385 / \$418
*North Laurel Park Pavilion	\$330 / \$363
Rockburn Branch Park Pavilion	\$247 / \$280
Savage Park Pavilion	\$363 / \$396
Waterloo Park Large Pavilion	\$170 / \$203
Waterloo Park Small Pavilion	\$143 / \$176
Western Regional Park Pavilion 1	\$220 / \$253
Western Regional Park Pavilion 2 & 3	\$170 / \$203
Western Regional Park Pavilion 4 & 5	\$385 / \$418

### Indoor Facilities

Info: 410-313-4682

[www.howardcountymd.gov/CentersFacilitiesRentals](http://www.howardcountymd.gov/CentersFacilitiesRentals)

Ellicott City Colored School, Restored: 410-313-5131

Gary J. Arthur Community Center: 410-313-4840

North Laurel Community Center: 410-313-0390

Patapsco Female Institute Historic Park: 410-313-5131

Pfeiffer's Corner Schoolhouse: 410-313-4682

Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity & Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711

## Historic Howard County Sites

Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.

For more information about these sites, visit [www.howardcountymd.gov/HistoricSites](http://www.howardcountymd.gov/HistoricSites).

To see more photos, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec)

### Baltimore & Ohio (B&O) Railroad Station

This national historic landmark is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19<sup>th</sup> and 20<sup>th</sup> centuries. Open Wednesday-Sunday, 11am-4pm. Admission: \$6, adults; \$4, seniors (60+); \$3, 2-12 years old; Free, under 2 years old.

2711 Maryland Avenue, Ellicott City, MD 21043

(intersection of Main St. and Maryland Ave. in the Historic District).

Info: 410-461-1945 or [ecborail.org](http://ecborail.org)

### Belmont Manor & Historic Park

Howard County Government purchased Belmont in 2012 to ensure the stewardship of this historic site for the residents of Howard County. The Federal style manor house built in 1738 is one of Howard County's best kept secrets. Located on 68 acres in ElkrIDGE, Belmont is a popular venue for weddings, luncheons, reunions, corporate trainings, company picnics, fundraisers and special events. Event rentals at Belmont include use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month.

6555 Belmont Woods Road, ElkrIDGE, MD 21075

Info: 410-313-0200 or <http://www.belmontmanormd.com/>

### Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19<sup>th</sup> century and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. Occasional heritage programs are held there.

6651 Route 175, Columbia, MD 21044

### Bollman Truss Bridge

This is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19<sup>th</sup> century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River. 8650 Foundry Street, Savage, MD 20763





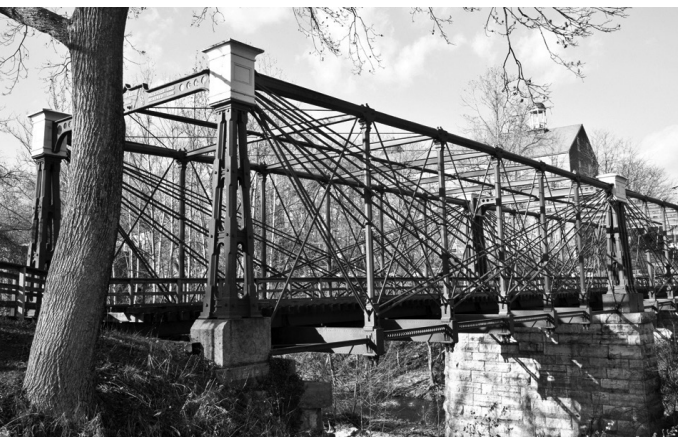
*Belmont Manor & Historic Park*



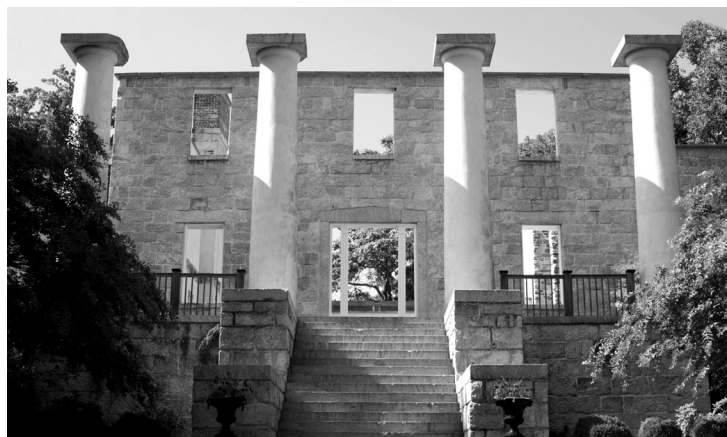
*Thomas Isaac Log Cabin*

Rentals

Historic Sites



*Bollman Truss Bridge*



*Patapsco Female Institute Historic Park*

## Ellicott City Colored School, Restored

This one-room schoolhouse was constructed in 1880 as the first public school for African-American children in Howard County. In use as a school until the early 1950s, the building was re-purchased by the county in 1995 and restored with the assistance of public and private funding. The building houses a genealogical resource center and a museum chronicling the history of African Americans in Howard County. Changing exhibits and seminars highlight the contributions by people of color to the history of the region. Tours offered Saturday and Sunday at 3pm, April through October. Private and group tours are available year-round, weather permitting.

8683 Frederick Road, Ellicott City, MD 21043

Info: 410-313-0420

## Firehouse Museum

This museum is located in the County's first firehouse house (constructed by volunteers in 1889). View a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. Open Saturday and Sunday, 1-4pm, April through December. Private and group tours are available year-round, weather permitting.

3829 Church Road, Ellicott City, MD 21043

Info: 410-313-0420

## Heritage Orientation Center

This is in the county's first Court Records building. View unique exhibits on the 18<sup>th</sup> and 19<sup>th</sup> Century milling techniques, floods of Ellicott Mills and the Ellicott Family. Open daily, 11am-4pm (behind Thomas Isaac Log Cabin).

8334 Main Street, Ellicott City, MD 21043

Info: 410-313-0420

## Patapsco Female Institute Historic Park

Situated on a hilltop overlooking the Patapsco River Valley, The Patapsco Female Institute was founded in 1837 as an elegant finishing school for young women. The stabilized ruins of the Greek revival structure are open for tours and serve as a beautiful setting for special events, including weddings, receptions, camps and open-air theatre. Tours on Saturday and Sunday at 1:30pm, April through October. Private and group tours are available year-round, weather permitting.

3655 Church Road, Ellicott City, MD 21043

Info/Scheduling special events and rentals: 410-313-0420

## Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, this is one of the few remaining one-room schools in the county. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Info: 410-313-0420

## Thomas Isaac Log Cabin

Named after its late 19<sup>th</sup> century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20<sup>th</sup> Century. Visitors learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4pm, April through December. Private and group tours are available year-round, weather permitting.

8394 Main Street, Ellicott City, MD 21043

Info: 410-313-0420



Become a HoCo Volunteer and stay up-to-date on local opportunities!

## Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17 years old with parental consent;
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.
- To sign up for a volunteer opportunity or to find out what volunteer events are coming: [www.hocovolunteer.org](http://www.hocovolunteer.org).
- Info: Shawnté Berry, 410-313-4624 or [sberry@howardcountymd.gov](mailto:sberry@howardcountymd.gov).

### Family Volunteer Day flickr

Beautify county parks and heritage sites for all to enjoy. Families, clubs, community groups, and organizations are welcome to volunteer! Tools and instruction provided by Recreation & Parks staff. Volunteers under 16 must be accompanied by an adult. To register, visit [www.HoCoVolunteer.org](http://www.HoCoVolunteer.org). Preregistration required (visit [www.hocovolunteer.org](http://www.hocovolunteer.org)); please register by October 28. Info: Linda DiPanfilo, 410-313-4704 or [ldipanfilo@howardcountymd.gov](mailto:ldipanfilo@howardcountymd.gov).

All ages Nov 5 Free

Location TBD 9am-noon Sa

### Historic Ellicott City Autumn Clean-Up

Page 16



## COME WALK WITH US!

9 AM | First Saturday of Every Month

**August 6 | Rockburn Branch Park, 6105 Rockburn Branch Park Rd., Elkridge**  
Guest Walker: Oriole Bird

**September 3 | Schooley Mill Park, 12975 Hall Shop Rd., Highland**  
Guest Walker: Fall Harvest Characters

**October 1 | Wilde Lake Park, 10027 Hyla Brook Rd., Columbia**  
Guest Walker: Police Chief Gary L. Gardner

**November 5 | Meadowbrook Park, 5001 Meadowbrook Ln., Ellicott City**  
Guest Walker: Fire Chief John S. Butler

In case of inclement weather, walks will be canceled. There is no rain date.  
Inclement weather: 410-313-4451 or [www.howardcountymd.gov/hocowalks](http://www.howardcountymd.gov/hocowalks).





# BELMONT

MANOR & HISTORIC PARK

Now Booking  
Through  
**2017**

- Beautiful Historic Manor House on 68 acres of protected park land
- Suitable for meetings, retreats, receptions, presentations, holiday parties, company picnics, team building & events
- WI-Fi & AV equipment
- Conference room, ballroom & dining rooms with adjacent break rooms & gas fireplaces
- Game package & billiards room
- Howard County Conservancy Nature Center on-site
- Convenient location, minutes from BWI Airport, I-95 & Rt 100

## To book or for more information

Call 410-313-0200 or email [callen@howardcountymd.gov](mailto:callen@howardcountymd.gov)

6555 Belmont Woods Road, Elkridge, MD 21075  
<http://www.belmontmanormd.com>

# Living Well Program

Chronic conditions **CAN** be managed with our 6-week **LIVING WELL** program!

## \$28 Program Fee

includes 15 hours of workshop and all materials

## PRE-REGISTRATION REQUIRED

To register for the program, or for more information, contact:

**WENDY FARTHING**  
[wfarthing@howardcountymd.gov](mailto:wfarthing@howardcountymd.gov)  
**410-313-3506** (VOICE/RELAY)



Howard County Office on  
**Aging and Independence**

[www.howardcountymd.gov/livingwell](http://www.howardcountymd.gov/livingwell)

**START LIVING WELL TODAY!**

Volunteers



**November 19, 11am - 2pm**  
at Long Reach High School

Connect with other teens through leadership, volunteer and recreational programs, and learn about great things to do in Howard County!

**Information: Holly Harden, 410-313-4625**  
[harden@howardcountymd.gov](mailto:harden@howardcountymd.gov)

# Rockburn Open Car Show

2015  
People's Choice  
Award Winner



**Saturday, August 20**  
**10am – 2pm**

Rockburn Branch Park  
(Montgomery Road entrance)

**Show is free to the public!**

- Classics
- Hot Rods
- 1999 & older
- Antiques
- Modifieds
- See page 18 for details



Admire antique and classic cars at the Rockburn Car Show!

# Special Events & Family Activities

## August

### Rockburn Open Car Show **flickr**

Come celebrate the beauty of classic, antique, hot rods, and modified cars. Everyone finds great enjoyment in viewing the cars on display. Food is available for purchase. Info: Shawnté Berry, 410-313-4624.

All ages	Aug 20	Rockburn Branch Pk	10am-2pm	Sa	Free for participants
RP4099.801	Car Entries		\$10, preregister; \$15, on-site registration		
RP4099.802	Car Flea Market Vendor		\$25, preregister; \$30, on-site registration		
RP4099.803	Car Sales		\$20, preregister; \$30, on-site registration		

## September

### Crafts with a Past **flickr**

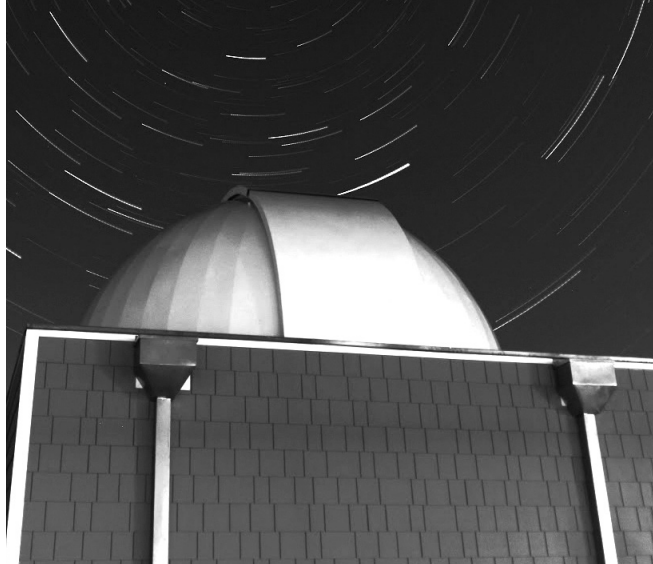
Join us on the second Saturday of each month as we partake in authentic activities from the Colonial Era! The ever-popular Chesapeake Region Lace Makers Guild returns in September to share their knowledge of the intricate art of lace making. Check out new themes in October, November and December. Try your calligraphy skills with a nib pen and ink; observe candle making, and other seasonal crafts of yesteryear. Learn why these skills were relevant in the Colonial Era from docents who offer tours of the Log Cabin. Info: Jaimie Wilder, 410-313-0419 or [jwilder@howardcountymd.gov](mailto:jwilder@howardcountymd.gov).

All ages	Thomas Isaac Log Cabin	Sep 10	10am-4pm	Sa	Free
All ages	Thomas Isaac Log Cabin	Oct 8	10am-4pm	Sa	Free
All ages	Thomas Isaac Log Cabin	Nov 12	10am-4pm	Sa	Free
All ages	Thomas Isaac Log Cabin	Dec 10	10am-4pm	Sa	Free

### Fall Flea Market & Vendor Fair

Clean out those basements, closets and garages and haul your items down to the community center for a fun day of selling and buying. There will be specialized vendors selling unique gifts, home décor and more. Space available on a first-come, first-served basis. Registrations required at least one week prior to the event. Event will be rain or shine. Tables available for a fee. Registration/Info: 410-313-4840.

All ages	Free for shoppers	\$20 per vendor (\$10 table fee)
RP4141.101	Gary J Arthur Comm Ctr	Sep 10 9am-noon Sa



Join us at the Alpha Ridge observatory after sunset to view stars through the Watson Telescope at Public Star Parties!

### NEW! Indoor Children's Bazaar

Gather your baby gear, toddler toys and children's accessories. Come down to the North Laurel Community Center for a morning of selling and buying. This is a yard sale devoted to selling your infant's and children's outgrown items. Vendor space is limited to sellers on a first come, first serve basis. Limited number of tables available for a fee. Registration/Info: 410-313-0458.

All ages	Free for shoppers	\$25 per vendor (\$5 table fee)
RP4406.101	N Laurel Comm Ctr	Sep 10 9:30am-12:30pm Sa

### Public Star Parties

Come enjoy the night sky through telescopes set up by The Howard Astronomical League (HAL). At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in HAL's new observatory. Info/weather updates: [www.howardastro.org](http://www.howardastro.org) or 410-313-4372. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

All ages					
RP0830.101	Alpha Ridge Pk	Sep 10	8:15-11pm	Sa	Free
RP0830.102	Alpha Ridge Pk	Oct 8	8:15-11pm	Sa	Free
RP0830.102	Alpha Ridge Pk	Nov 12	8:15-11pm	Sa	Free

### Robinson Nature Center

#### Anniversary Open House **flickr**

We can't wait to celebrate Robinson Nature Center's 5<sup>th</sup> birthday with you! Come see what's new, including our live animal wall and new additions to the Nature Place. Take part in live animal presentations, guided nature walks, face-painting, crafts, and shows in our planetarium. Enjoy music, activities with our partners, food vendors, and an outdoor picnic area. Explore the exhibits and play in the Discovery Room. Children must be accompanied by an adult at all times. (No registration for this event.) Activity and parking info: [www.howardcountymd.gov/RobinsonAnniversary](http://www.howardcountymd.gov/RobinsonAnniversary) or 410-313-0400.

All ages					
RP4898.101	Robinson Nature Ctr	Sep 18	Noon-5pm	Su	Free

### Belmont Manor & Historic Park Open Houses

This unique site is not usually open to the public, so come and explore the pristine setting of one of Howard County's most beautiful sites. Belmont Manor's 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Enjoy a self-guided walk through the manor house and a stroll through the gardens. (December open house is decorated for the season)

All ages	Belmont	Sep 25	1-5pm	Su	Free
All ages	Belmont	Dec 4	1-5pm	Su	Free



# October

## The Great Snipe Hunt! flickr

Parents and kids, ever heard of Big Foot or the Loch Ness Monster? Howard County has its own creature of legend - The Howard County (HC) Snipe! Come gather around the campfire, take a hayride through the woods, and hear a story about the infamous, hard to catch but harmless HC Snipe - the largest of the snipe species! After hearing the story, come venture into the woods in search of this elusive creature. Bring a flashlight for this catch-and-release event. Sponsored by the Elkridge Adult Athletic Association. Sign up early; event is cancelled if minimum enrollment is not met. Register by: September 29. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

4-7 yrs

RP3005.101 Pfeiffer's Corner Schoolhouse Oct 1 7-9pm Sa \$5

## Crafts with a Past Page 14

## Public Star Parties Page 14

## History Alive! With The

## Friends of the Patapsco Female Institute, Inc.

Enjoy a fun afternoon for kids and adults as you experience history amidst the stabilized ruins of this 19th-century girls' school! Bring a picnic and get into the spirit of the Victorian era with a variety of activities for the whole family including lawn games, costume try-ons, and talks about local and women's history. Look up your family names to see if you are a descendant of a former student! Docent-led tours highlight new information learned about the school and its attendees. Free parking and shuttle from Circuit Court House parking lot. Info: Friends, 410-465-8500 or friendsofpfi@yahoo.com. All ages Patapsco Female Institute Oct 9 Noon-4pm Su Free

## NEW! Interactive After-Hours Tour of PFI

Gain exclusive, after-hours access to the 179-year-old ruins of the Patapsco Female Institute, overlooking the Patapsco River Valley in Ellicott City. Take a guided tour of the historically-rich (and possibly haunted!) ruins; then gather around a campfire and listen to the stories and legends surrounding this Victorian-era girls' school. Enjoy individual time to soak up the atmosphere. Use the same equipment as professional ghost hunters to gather evidence of paranormal activity and draw your own ghostly conclusions! Info: Joseph Fisher, 410-313-0421 or jdfisher@howardcountymd.gov.

18 yrs +

RP9975.101	Patapsco Female Institute	Oct 14	8-11pm	F	\$30
RP9975.102	Patapsco Female Institute	Oct 21	8-11pm	F	\$30
RP9975.103	Patapsco Female Institute	Oct 28	8-11pm	F	\$30
RP9975.104	Patapsco Female Institute	Oct 30	8-11pm	Su	\$30
RP9975.105	Patapsco Female Institute	Oct 31	8-11pm	M	\$30

## Haunted Experience flickr

Whether you choose fright or fun, a memorable experience awaits you at Rockburn Branch Park (Montgomery Rd. entrance). This event is co-sponsored by the Elkridge Adult Athletic Association. Inclement weather line: 410-313-4451.

7 yrs + Haunted Experience Rockburn Branch Pk

An ink-black night sets the stage for a spooky hayride through the eerie trails to the ghostly dwelling deep in the woods. Awaiting you there are haunting tales of ghosts and goblins and horror that tingle the spine.

Oct 21, 22, 28, 29 6:30-10pm F or Sa \$10 at gate (cash only)

2-7 yrs Happy Haunted Hayride Rockburn Branch Pk

It's cute, it's friendly and not-so-scary. This hayride is for fun, not fright!

Oct 23, 30 2-4pm Su \$5 at gate (cash only)

## NEW! Fall Hallo-Fest

Join us for a festive time that is fun for the entire family. Enjoy games, crafts, fall refreshments and entertainment! Children, come dressed in your favorite costume. Preregistration is required; children must be accompanied by an adult. Registration/info: 410-313-2764.

3-10 yrs Roger Carter Comm Ctr

RP5400.102 Oct 22 10am-noon Sa \$8 (member)

RP5400.103 Oct 22 10am-noon Sa \$10 (nonmember)

## Trick or Treat Among the Trees flickr

Celebrate Halloween with a trick-or-treating adventure along the Robinson Nature Center trail where each stop offers fun, live interpretation of fall nature happenings and healthy treats from our sponsors (Giant Foods and David's Natural Market) to take home. Preregister for one of the program times to secure your spot and arrive promptly as your group leaves for the trail immediately. Please note that our trails are unpaved and not easily navigable with a stroller. Please see our *Trick-IN-Treat for Tots* program for a stroller-friendly option. All children must be accompanied by a registered adult. Registration/Info: 410-313-0400 or www.howardcountymd.gov/RNctrickortreat.

5 yrs + \$10, child; \$5, adult

RP4858.101 Robinson Nature Ctr Oct 22 4-5:30pm Sa

RP4858.102 Robinson Nature Ctr Oct 22 4:15-5:45pm Sa

RP4858.103 Robinson Nature Ctr Oct 22 4:30-6pm Sa

RP4858.104 Robinson Nature Ctr Oct 22 4:45-6:15pm Sa

RP4858.105 Robinson Nature Ctr Oct 22 5-6:30pm Sa

RP4858.106 Robinson Nature Ctr Oct 22 5:15-6:45pm Sa

## Trick or Treat Among the Trees

*Best trick or treat program that my son has ever attended. We really like the content and knowledge at each stop.*

## Fall Spooktacular flickr

Come join us for a festive, fall event for the whole family. Enjoy crafts, treats, games, fall refreshments, and more! Children can dress in their favorite costume. Preregistration is required; children must be accompanied by an adult. Registration/Info: 410-313-0390.

3-12 yrs \$10, member; \$15, nonmember

RP4154.101 N Laurel Comm Ctr Oct 23 3-4:30pm Su

## Celebration of Sports flickr

Join us along with other organizations and businesses with a vested interest in community sports in Howard County for a Celebration of Sports. Share in the evening's events as we induct members into the Community Sports Hall of Fame, honor GoodSports recipients, and enjoy a delicious buffet dinner. Seating begins at 5pm. Tickets purchased after October 3 are held at will call. Info: Mike Blevins, 410-313-1691.

18 yrs +

RP6600.101 TurfValley Oct 25 5-9pm Tu \$40 (Individual)

RP6600.102 TurfValley Oct 25 5-9pm Tu \$400 (Table of 10)

## Celebration of Sports Golf Tournament

Page 80

## Monster Mash

Get loud! Show your Halloween spirit in a night filled with fun and friends. DJ, glow light sports, costume contest, indoor trick-or-treat, Xbox tournament, and more. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-16 yrs

RP2991.101 Roger Carter Comm Ctr Oct 28 7:30-9:30pm F \$5



*Your little goblin will love adventuring to and from tot-friendly activities at Trick-IN-Treat for Tots!*

## Halloween One-Mile Fun Run/Walk

Dress up in your favorite costume for a walk or run that includes fun circuits like crab walks and mummy kicks. Everyone receives a ribbon, goody bag and refreshments. Afterwards, make Halloween crafts to take home. Stroller moms are encouraged to participate. Preregistration required. Race begins promptly at 9:30am. Info: Sara Schwab, 410-313-4842.

3 yrs + \$10, member; \$15, nonmember

RP4130.101 Gary J Arthur Comm Ctr Oct 29 9:30-10:30am Sa

## Truck or Treat

Get in gear for a "wheely fun" day celebrating Halloween and the 10th anniversary of the Gary J. Arthur Community Center! Come dressed in your favorite costume to trick-or-treat at each truck, tractor and other fun vehicles. Each vehicle is represented by our friends from County agencies, nonprofit groups and local businesses. Enjoy hayrides, children's activities, concessions, giveaways, and more. Increase the day's fun by signing up for Halloween One Mile Fun Run/Walk (starts at 9:30am). Info: 410-313-4840. Inclement weather status line: 410-313-4452 (ext. 1).

All ages Gary J Arthur Comm Ctr Oct 29 11am-1pm Sa Free

## Trick-IN-Treat for Tots

Enjoy a tot-friendly, self-guided Halloween trick-or-treating adventure through Robinson Nature Center's indoor exhibits and along paved portions of the trail. Each stop offers fun, fall-themed activities for younger children and healthy treats from our sponsors (Giant Foods and Davids Natural Market) to take home. Preregister for one of the program times to secure your spot and arrive promptly to check in. All participants 2-6 years must register. Children under 2 must be accompanied by a registered child and adult. Registration/Info: 410-313-0400 or [www.howardcountymd.gov/RNctrickortreat](http://www.howardcountymd.gov/RNctrickortreat).

2-6 yrs \$10, child; \$5, adult; Free, under 2 yrs

RP4858.113	Robinson Nature Ctr	Oct 30	10am	Su
RP4858.114	Robinson Nature Ctr	Oct 30	10:15am	Su
RP4858.115	Robinson Nature Ctr	Oct 30	10:30am	Su
RP4858.116	Robinson Nature Ctr	Oct 30	10:45am	Su
RP4858.117	Robinson Nature Ctr	Oct 30	11am	Su
RP4858.118	Robinson Nature Ctr	Oct 30	11:15am	Su

### Trick In Treat for Tots

*Great for small kids! Safe, easy, and interesting.*

## Halloween Trick or Treating at the Historic Sites

Have we got a treat for you! Come by the Firehouse Museum and the Thomas Isaac Log Cabin on Halloween afternoon. Dress up as your favorite famous person (or ghost) of Howard County history! Info: Caitlin Chamberlain, 410-313-0420 or [cchamberlain@howardcountymd.gov](mailto:cchamberlain@howardcountymd.gov).

Firehouse Museum	0-12 yrs	Oct 31	4-6pm	M	Free
Thomas Isaac Log Cabin	0-12 yrs	Oct 31	4-6pm	M	Free

## November

### NEW! Big Wheel 500

On your mark... Get set... Go! Join us for one of the most entertaining and family-friendly events in North Laurel. Drivers race around an indoor course for a chance to be presented with a celebratory wreath in the winner's circle. Each driver must bring their own helmet and wear closed-toe shoes. Games, crafts and light refreshments are provided. Info: 410-313-0458.

3-8 yrs \$15, member; \$20, nonmember

RP4407.101 N Laurel Comm Ctr Nov 5 10am-noon Sa

### Historic Ellicott City Autumn Clean-Up

Lend a hand by picking up litter along the tree lines and streets of Historic Ellicott City. Meet at the Roger Carter Community Center for a continental breakfast. We provide gloves, bags, and an event t-shirt for those who volunteer. RSVP by October 28, all are welcome! RSVP/Info: 410-313-2764.

2 yrs +

RP5400.101 Roger Carter Comm Ctr Nov 5 7:30-10:30am Sa Free

### Pumpkin Chunkin' flickr

Join us for a special after-Halloween treat to watch a pumpkin-launching competition! Catapults are designed by local students as part of their STEM (Science, Technology, Engineering and Math) classes and clubs. Come cheer students on as we award them for accuracy, precision, design, and more. Children must be accompanied by an adult at all times. Please note that viewing areas have limited seating and priority seating is reserved for handicap individuals and seniors on a first-come, first-served basis. Please note, spectator admission supports next year's event. Please check in at the front desk to ensure this event continues. All spectators are welcome to stay for the awards ceremony following the competition. Info: 410-313-0400 or competition/rules: [www.howardcountymd.gov/RNCpumpkinlaunch](http://www.howardcountymd.gov/RNCpumpkinlaunch).

All ages \$5, adult; \$3, child; Free, under 3 yrs

RP4898.103 Robinson Nature Ctr Nov 6 2-4pm Su

### Crafts with a Past Page 14

### Cultural Showcase

Roger Carter Community Center will be hosting an exhibition to showcase individual cultures within Howard County's diverse population. This event will include historical facts, learning activities, music and much more. Registration: 410-313-2764. Info: Montrez Brown, 410-313-2748 or [mjbrown@howardcountymd.gov](mailto:mjbrown@howardcountymd.gov).

All ages

RP5400.105 Roger Carter Comm Ctr Nov 12 Noon-4pm Sa Free

### Public Star Parties Page 14

### YBL HoopFest! Page 74



flickr



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## Teen Opportunities Fair **flickr**

Connect with other teens through leadership, volunteer and recreational programs. Meet with program providers, try hands-on activities, win great prizes, and learn about great things to do in Howard County. Learn about academics, business, art, dance, finance, fitness, government, job skills, leadership, music, nature, outdoors, sports, theater, and more!

Preregistration not required but register to be included on our mailing list. Community businesses and organizations are welcome to exhibit. Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-17 yrs Long Reach HS

RP2993.120	Nov 19	11am-2pm	Sa	Free
RP2993.111	Nov 19	11am-2pm	Sa	\$40 (Business Exhibitor)
RP2993.101	Nov 19	11am-2pm	Sa	\$20 (Non-Profit Organization)

## Tinsel & Treasures - Craft and Home Fair

Jump-start your holiday shopping at our Holiday Craft Fair. You are sure to find unique gifts and decor at this event. Tables are limited to one per vendor. Space is limited. Preregistration for vendors required. Registration/Info: 410-313-0390.

All ages Free for shoppers \$25 per vendor

RP4157.102	N Laurel Comm Ctr	Nov 19	10am-1pm	Sa
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## Turkey Waddle

Join us as we gobble our way through the North Laurel Park! The walk consists of different fitness and children's activities. You also have the chance to enter to win a turkey for your Thanksgiving dinner. Info: 410-313-0458.

All ages Free, 0-4 yrs; \$5, member 5 yrs +; \$7, nonmember 5 yrs +

RP4405.101	N Laurel Comm Ctr	Nov 19	10:30-11:30am	Sa
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## Holiday Train Garden

Come visit us and enjoy some holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains. Visitors of all ages delight in the buttons to activate accessories or sounds. Enter for a free drawing to win four passes to the B&O Railroad Museum in Baltimore. Train garden open during center operating hours. Info: 410-313-4840.

All ages	Gary J Arthur Comm Ctr	Nov 20-Jan 15	Free
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# December

## Deer Santa

Santa's reindeer have many skills. Come discover our special "Reindeer trail." Hike through the woods as we test our skills against four-legged friends in this family-friendly adventure. Then come back inside to warm up with a snack, make a seasonal craft and get a photo with Santa! Children must be accompanied by a registered adult. Registration/Info: 410-313-0400.

All ages \$15, child; \$5, adult

RP4871.101	Robinson Nature Ctr	Dec 3	10am-noon	Sa
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## Holiday Mart **flickr**

Join us for the 44<sup>th</sup> year. Find seasonal gifts and merchandise created by 130 juried artisans. Enjoy door prizes and a children's craft corner. Discerning shoppers know this is the place to find unique handcrafted items and home decor. You're sure to find something for everyone on your list and don't forget yourself! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check available. Info: 410-313-4840.

All ages Free for shoppers Vendors were juried in advance

Gary J Arthur Comm Ctr	Dec 3	10am-5pm	Sa
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## Belmont Manor & Historic Park Open House

Page 14



He's making a list and checking it twice at Santa's Workshop at the Thomas Isaac Log Cabin!

## Midnight Madness at the Patapsco Female Institute Historic Park and the Firehouse Museum **flickr**

Take a break from shopping during Midnight Madness and join us as we kick off the 2016 holiday season in historic Ellicott City! We have stories to share of winters past and the brave actions of our fire department at the Firehouse Museum. Make your way up Church Road (weather-permitting) to see the Patapsco Female Institute Historic Park decked out in holiday finery and learn about holiday traditions of the Victorian Era. Info: Caitlin Chamberlain, 410-313-0420 or [cchamberlain@howardcountymd.gov](mailto:cchamberlain@howardcountymd.gov).

All ages	Patapsco Female Institute	Dec 4	6-10pm	F	Free
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All ages	Thomas Isaac Log Cabin	Dec 4	6-10pm	F	Free
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## Santa's Workshop at the Thomas Isaac Log Cabin **flickr**

Join Santa and his elves on this magical evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa, with the help of some elf friends, allows you to take a glimpse into his workshop that promises to captivate children of all ages. Info: Jaimie Wilder, 410-313-0419 or [jwilder@howardcountymd.gov](mailto:jwilder@howardcountymd.gov).

All ages	Thomas Isaac Log Cabin	Dec 4	4-8pm	F	Free
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## Santa arrives at the Thomas Isaac Log Cabin

See Santa arrive by sleigh! If you missed Santa at Midnight Madness, come ready to share your holiday wish list with him at the start of the holiday festivities in the historic district. If Mrs. Claus is done with her baking, she may come too. Bring your camera...that perfect shot for your holiday greeting card will be waiting. Info: Jaimie Wilder, 410-313-0419 or [jwilder@howardcountymd.gov](mailto:jwilder@howardcountymd.gov).

All ages	Thomas Isaac Log Cabin	Dec 5	Noon-4pm	Sa	Free
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## Christmas in the Park **flickr**

Kick off the holiday season with Howard County's tree lighting ceremony! Join us for an evening of caroling, costumed characters and light refreshments. Info: 410-313-7275.

All ages	Centennial Pk South	Dec 6	6-7:30pm	Tu	Free
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## Crafts with a Past Page 14



*Dads and daughters dance the night away at the Snowflake Ball and Sweetheart Dance!*

## Holiday Afternoon Tea at Belmont

Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738. Your taste buds will be tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, fresh fruit, cheese and a delectable assortment of desserts. After taking tea, we invite you to take a self-guided tour of the Manor and lovely gardens (weather permitting). Please be aware, seating is first come first serve upon arriving. RP9900.201 12 yrs + Belmont Dec 10 2-4:30pm Sa \$30

## Save the Date

### Calling All Crafters: Crafter Jurying

You're invited to participate in the jurying process for Wine in the Woods and Holiday Mart 2017. Submit four professional photographs of your work (no Polaroids). Images must be representative of your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. You're notified by April. Fee is non-refundable. Application: [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) (forms and applications). Info: Linda Bell, 410-313-4831 or Gary J Arthur Community Center or 410-313-4840. 18 yrs + Application deadline is February 10, 2017 \$20

### Snowflake Ball for Dads & Daughters

Shake, rock and roll the winter blues away. Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts, and an ice cream sundae bar. Fee includes a professional photo of each couple to take home. Inclement weather date is January 14. Preregistration required. Registration/Info: 410-313-4840.

4-11 yrs \$45 for 1 child & 1 adult; \$25 for additional daughter

RP4165.201 Gary J Arthur Comm Ctr Jan 7 5:30-7:30pm Sa

### Daddy-Daughter Sweetheart Dance flickr

Escort your princess to a memorable evening of dancing and fun. Enjoy dancing with a live DJ, light refreshments, crafts, souvenir photo, and ice cream sundae bar. Inclement weather date is January 28.

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

4-6 yrs \$45 for 1 child & 1 adult; \$25 for additional daughter

RP1029.101 Roger Carter Comm Ctr Jan 21 4-6pm Sa

7-11 yrs \$45 for 1 child & 1 adult; \$25 for additional daughter

RP1029.102 Roger Carter Comm Ctr Jan 21 7-9pm Sa

### GJACC Indoor Track 5K

Come in from the cold for a 5K indoors on our 3-lane indoor track. Lanes open from 7:30-10:30am. Last runner must start before 10am. Times are posted on the web. Receive a t-shirt upon check-in. Register three or more people in a group for a 30% discount. Info: Sara Schwab, 410-313-4842.

5 yrs + \$15, member; \$20, nonmember

RP4132.201 Gary J Arthur Comm Ctr Jan 22 7:30-10:30am Su



*Learn the basics of archery from USA Archery-certified instructors.*

## Adventure & Outdoors

- [www.howardcountymd.gov/adventure](http://www.howardcountymd.gov/adventure)
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, [dthomas@howardcountymd.gov](mailto:dthomas@howardcountymd.gov); or Matt Medicus, 410-313-1769, [mmedicus@howardcountymd.gov](mailto:mmedicus@howardcountymd.gov).

### Nature & Environment Page 22

## Archery

- Take an introduction course to be eligible for the HCRP Target Archery Skills Club.
- No experience necessary and all equipment is provided for use during a program or class.
- Detailed information is emailed to participants.
- Info: Matt Medicus, 410-313-1769.
- Visit [howardcountymd.gov/archery](http://howardcountymd.gov/archery) for up-to-date info.

### Lil' Archers

Experience the sport of archery in a fun, safe and supervised environment. Use plastic arrows with rubber suction cups to teach the basics of archery. Info: Matt Medicus, 410-313-1769.

4-5 yrs Classes: 2

RP9062.101 Meadowbrook Ath Comp Oct 13 4-5pm Th \$35

RP9062.102 Roger Carter Comm Ctr Nov 5 10-11am Sa \$35

### Learn the Art of Target Archery

Build and decorate your own PVC bow and learn techniques, form and range safety in a one-day class with our certified instructors. Info: Matt Medicus, 410-313-1769.

6-7 yrs

RP9065.101 Rockburn Branch Pk-West Sep 17 9-11:30am Sa \$45



## Introduction to Target Archery flickr

Discover the basics of archery! Learn basic techniques and form using recurve and compound bows from an USA Archery-certified instructor. Learn about equipment, safety, and the elements of shooting. Course meets the requirement to participate in the HCRP Archery Clubs. Info: Matt Medicus, 410-313-1769.

### 8-13 yrs

RP9061.101	Alpha Ridge Pk	Sep 10	8am-noon	Sa	\$55
RP9061.102	Alpha Ridge Pk	Oct 8	8am-noon	Sa	\$55

### 14-18 yrs

RP9061.111	Alpha Ridge Pk	Sep 17	8am-noon	Sa	\$55
RP9061.112	Alpha Ridge Pk	Oct 15	8am-noon	Sa	\$55

### 18 yrs +

RP9061.121	Alpha Ridge Pk	Sep 17	8am-noon	Sa	\$55
RP9061.122	Alpha Ridge Pk	Oct 15	8am-noon	Sa	\$55

## Target Archery Together (Parent/Child)

You and your child learn the basic techniques of archery together! Learn about equipment, safety, and the elements of shooting from a USA Archery-certified instructor. Fee is for one parent and one child. Info: Matt Medicus, 410-313-1769.

### 8-13 yrs

RP9063.101	Alpha Ridge Pk	Sep 24	8am-noon	Sa	\$90
RP9063.102	Alpha Ridge Pk	Oct 22	8am-noon	Sa	\$90

## Target Archery Fun & Games Day

Make new friends and have fun with a variety of target archery games on several one-day events this Fall! Prerequisite: You must have attended and completed our *Introduction to Archery*, *Archery Together* or *Archery Camp*. Info: Matt Medicus, 410-313-1769.

### 8-14 yrs

RP9066.101	Alpha Ridge Pk	Sep 25	2-4pm	Su	\$30
RP9066.102	Alpha Ridge Pk	Oct 23	Noon-2pm	Su	\$30

### 12-17 yrs

RP9066.111	Alpha Ridge Pk	Oct 16	Noon-2pm	Su	\$30
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### 18 yrs +

RP9066.121	Alpha Ridge Pk	Oct 2	2-4pm	Su	\$30
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## HCRP Target Archery Skills Club

Focus on refining target archery technique through practice and self-paced development with our USA Archery-certified instructors. Parents are welcome to sign up with their children during youth sessions. Prerequisite: You must have attended and completed our *Introduction to Archery*, *Archery Together* or *Archery Camp*. Info: Matt Medicus, 410-313-1769.

### 8 yrs + Classes: 4

RP9064.101	Alpha Ridge Pk	Sep 11	Noon-1:30pm	Su	\$65
RP9064.102	Alpha Ridge Pk	Oct 8	3:30-5pm	Sa	\$65
RP9064.103	Alpha Ridge Pk	Oct 9	2-3:30pm	Su	\$65

### 18 yrs + Classes: 4

RP9064.121	Alpha Ridge Pk	Oct 8	2-3:30pm	Sa	\$65
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## School's Out Archery Fishing & Kayaking

No school today? Then come spend the day outdoors on land and water! Make new friends while trying your hand at archery, fishing, kayaking, and field games. Fee includes equipment, instruction, transportation, supervision and lunch. Detailed info emailed to participants prior to this fun-filled day. No experience necessary. Info: Matt Medicus, 410-313-1769.

### 9-13 yrs

RP9240.101	Centennial Pk South Pavilion E	Sep 12	9am-5pm	M	\$73
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Bring your sleeping bags and introduce the kids to the outdoors at Parent/Child Camping in the Park.

## Campfires

### Halloween Campfire at PFI

Enjoy a spooky evening campfire with stories, songs, s'mores and a little bit of history among the ruins of the Patapsco Female Institute! Bring a flashlight and a blanket. Costumes are optional. Family fee of \$25 is for three or more immediate family members (must call to register). Under 16 must be accompanied by a participating adult. Info: Matt Medicus, 410-313-1769.

#### All ages

RP9020.101	Patapsco Female Institute	Oct 14	5:30-7:30pm	F	\$10
RP9020.102	Patapsco Female Institute	Oct 21	5:30-7:30pm	F	\$10

## Camping

### Parent/Child Camping in the Park

Introduce your child to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. Fee is for one parent and one child. One additional immediate family member may be added for \$10 (must call to register). Detailed info emailed to participants. Info: Matt Medicus, 410-313-1769.

#### All ages

RP9091.101	Rockburn Branch Pk-West	Sep 16	6pm-8am	F	\$55
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## Fishing

• Visit [www.howardcountymd.gov/fishing](http://www.howardcountymd.gov/fishing) for up-to-date info.

### Nite Bite Fishing

Have you ever wanted to fish Centennial Lake at night? Now's your chance! Bring your own fishing pole, bait, tackle, bug repellent, flashlight or lantern, chair or boat. Advanced registration is encouraged but on-site registration is available. Those under 16 years must be accompanied by an adult. Additional rules at [howardcountymd.gov/nightfishing](http://howardcountymd.gov/nightfishing). Info: Dawn Thomas, 410-313-1754 or [dthomas@howardcountymd.gov](mailto:dthomas@howardcountymd.gov).

#### All ages

RP9154.101	Centennial Pk South Boat Launch	Sep 10	6-11pm	Sa	\$5
RP9154.102	Centennial Pk South Boat Launch	Oct 15	6-11pm	Sa	\$5



*Learn how to cast, rig a pole, and catch fish at Centennial Lake!*

## Nite Bite Fishing Tournament Series

Who will catch the Nite Bite Beast? \$60 one-time fee allows you to fish at any or all of the 2016 Nite Bite Fishing dates for a chance to win \$200! Cash prize for largest catch awarded at series conclusion in October. Register at any time during the Nite Bite year for your chance to win! Info: Dawn Thomas, 410-313-1754. Visit [howardcountymd.gov/nightfishing](http://howardcountymd.gov/nightfishing) for complete details and rules.

## Intro to Fishing

New young anglers, come learn to rig a pole, cast, identify fish, tie knots, and much more. No experience necessary. All equipment and bait is provided. This class is a great way to make friends and swap fish stories while learning a new lifelong outdoor skill. Info: Dawn Thomas, 410-313-1754.

5-12 yrs Classes: 2

RP9153.101 Centennial Pk South Pavilion E Sep 22 5:30-7:30pm Th \$35

## Let's Go Fishing! (Parent/Child)

This fishing class for beginners focuses on rigging a pole, casting, identifying fish, tying knots, and more. No experience necessary. All equipment and bait are provided. This class is a great way to spend quality, family time while learning a new, lifelong outdoor skill. Fee is for one parent and one child. Info: Dawn Thomas, 410-313-1754.

5-12 yrs Classes: 2

RP9152.101 Centennial Pk South Pavilion E Sep 8 5:30-7pm Th \$35

RP9152.102 Centennial Pk South Pavilion E Sep 27 5:30-7pm Tu \$35

## School's Out Archery, Fishing & Kayaking *Page 19*

### Adult Fishing Clinic

New anglers, learn to cast, identify fish, rig a pole, tie knots, and much more. No experience necessary and all equipment and bait provided. Info: Dawn Thomas, 410-313-1754.

18 yrs +

RP9156.101 Centennial Pk South Pavilion E Sep 14 6-8pm W \$15

# Geocaching

## Geocaching Discovery Walk

Learn how to use modern GPS technology to find hidden treasure boxes all over the world! Families, explore the outdoors and get caught up in the thrill of the hunt! Bring your GPS unit or smartphone (Geocaching app optional), a water bottle and hiking shoes. Under 16 must be accompanied by a participating and registered adult. Info: Matt Medicus, 410-313-1769.

8 yrs +

RP9170.101 Rockburn Branch Pk-West Sep 9 5:30-7pm F \$9

# Paddling

- Earn a certificate and patch by taking a flat water canoe or kayak paddling basics class and paddling our series of four MD waterways at least once within a three-year period.
- Fees are per person. Canoes are two-person boats; kayaks are either single or double.
- Under 16 must be accompanied by a participating parent or guardian.
- Detailed information is emailed to participants.
- For more paddling opportunities (Moonlight Canoeing, guided wildlife paddle) or more information visit [howardcountymd.gov/paddling](http://howardcountymd.gov/paddling) or call Matt Medicus, 410-313-1769.

## School's Out Archery, Fishing & Kayaking *Page 19*

### Flatwater Paddling Basics for Canoe or Kayak

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe or kayak. Participants under 16 are placed in a canoe or tandem kayak with an accompanying registered adult. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program.

10 yrs + Centennial Pk Concession Dock

RP9120.101 Sep 10 9:30am-noon Sa \$35 (Canoe)

RP9125.101 Sep 10 9:30am-noon Sa \$35 (Kayak)

RP9125.102 Sep 10 1-3:30pm Sa \$35 (Kayak)

## Float the Potomac

Nature enthusiasts and families can discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage.

10 yrs +

RP9123.101 Long Gate Pk & Ride Sep 18 9am-6pm Su \$47

RP9123.102 Long Gate Pk & Ride Sep 18 9am-6pm Su \$47

16 yrs +

RP9123.111 Long Gate Pk & Ride Sep 18 9am-6pm Su \$68

To register, visit  
[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)  
or call 410-313-7275.



flickr



HoCoParks  
APP



## Float the Antietam

Nature enthusiasts and families, come enjoy a day of paddling on Antietam Creek near Sharpsburg, MD. Choose a canoe, double kayak or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring a lunch (no nut products) and beverage.

10 yrs +

RP9124.101 Long Gate Pk & Ride Oct 2 9am-6pm Su \$47

RP9124.102 Long Gate Pk & Ride Oct 2 9am-6pm Su \$47

16 yrs +

RP9124.111 Long Gate Pk & Ride Oct 2 9am-6pm Su \$68

## Rock Climbing

### Indoor Rock Climbing at the Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall. Open climbs are only \$5 per person! Climbing wall rentals & parties also available; call Dawn Thomas, 410-313-1754. Visit [howardcountymd.gov/rockclimbing](http://howardcountymd.gov/rockclimbing) for complete information (including open climb times and fees).

### School's Out Rock Climbing & Swimming

Start your week rising to new heights on our indoor climbing wall! No experience necessary! Build confidence and make new friends while participating in rock climbing and team-building games; then relaxing in our indoor pool. Fee includes equipment, instruction, and supervision. Detailed info emailed to participants prior to the event. Info: Matt Medicus, 410-313-1769.

9-13 yrs

RP9241.101 Roger Carter Comm Ctr Oct 12 9am-5pm W \$73

RP9241.102 Roger Carter Comm Ctr Nov 7 9am-5pm M \$73

RP9241.103 Roger Carter Comm Ctr Nov 8 9am-5pm Tu \$73

## Trail Hikes

- Thanks to volunteer Trail Hike leaders Mary Boeckman, John Breivogel, Henry Ellis, John Singleton and Fred Shaw!
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Info: Matt Medicus, 410-313-1769 or [www.howardcountymd.gov/trailhikes](http://www.howardcountymd.gov/trailhikes).

### Trail Hikes flickr

The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest. Hike leaders keep a moderate pace. Visit [www.howardcountymd.gov/trailhikes](http://www.howardcountymd.gov/trailhikes) for complete details.

8 yrs + Long Gate Pk & Ride

RP9181.101 Great Falls, VA Sep 10 8am-4pm Sa \$17

RP9181.103 Catoctin on the Rocks Dec 3 8am-4pm Sa \$17

## Catoctin Trail

Families and individuals, catch a glimpse of Maryland's history and folklore while hiking the Catoctin Trail. This 27-mile trail runs from Gambrill State Park through the Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscross through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections in the series at least once within a three-year period.

Visit [www.howardcountymd.gov/trailhikes](http://www.howardcountymd.gov/trailhikes) for complete details.

8 yrs + Long Gate Pk & Ride

RP9182.101 CAT Section #1 Oct 8 8am-4pm Sa \$17

RP9182.102 CAT Section #3 Nov 12 8am-4pm Sa \$17

## Appalachian Trail

The Appalachian Trail crossing Virginia, Maryland, and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Trip leaders interpret points of interest. Hike leaders keep a moderate pace. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

Visit [www.howardcountymd.gov/trailhikes](http://www.howardcountymd.gov/trailhikes) for complete details.

8 yrs + Long Gate Pk & Ride

RP9184.101 VA AT #6 Sep 10 8am-6pm Sa \$20

RP9181.102 MD AT #1 Oct 22 8am-4pm Sa \$17

RP9183.101 PA AT #1 Nov 19 8am-6pm Sa \$20



## CUSTOM

### Adventure & Outdoor Programs

#### We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

#### Info:

Dawn Thomas, 410-313-1754 or [dthomas@howardcountymd.gov](mailto:dthomas@howardcountymd.gov).



Bring the family to a full-dome movie at Robinson Nature Center's Family NatureSphere Nights!

## Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to [www.howardcountymd.gov/RobinsonNatureCenter](http://www.howardcountymd.gov/RobinsonNatureCenter) for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.

### Adventure & Outdoors Page 18

## Astronomy & Planetarium

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: [www.howardcountymd.gov/RNCNatureSphereFeatures](http://www.howardcountymd.gov/RNCNatureSphereFeatures).
- Listed by earliest start date.
- Tickets/Info: 410-313-0400.
- Fee is per person.

### Public Star Parties Page 14

#### NEW! Family NatureSphere Night

Treat your family to an evening of spectacular space delights. This program features a full-dome movie preceded by a fun, family-friendly planetarium presentation about current happenings in our night sky. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater. No late seating. Film previews are available at [www.howardcountymd.gov/RNCNatureSpherefeatures](http://www.howardcountymd.gov/RNCNatureSpherefeatures). Registration/Info: 410-313-0400.

#### Robinson Nature Ctr \$6

RP4801.101	7 yrs +	NEW! <i>We Are Stars</i>	Sep 2	6:30-7:30pm	F
RP4801.102	7 yrs +	NEW! <i>We Are Stars</i>	Sep 15	6:30-7:30pm	Th
RP4801.103	7 yrs +	NEW! <i>Back to the Moon for Good</i>	Oct 7	6:30-7:30pm	F
RP4801.104	7 yrs +	NEW! <i>Back to the Moon for Good</i>	Oct 20	6:30-7:30pm	Th
RP4801.105	5 yrs +	<i>Earth, Moon &amp; Sun</i>	Nov 4	6:30-7:30pm	F
RP4801.106	7 yrs +	<i>Astronaut</i>	Dec 2	6:30-7:30pm	F

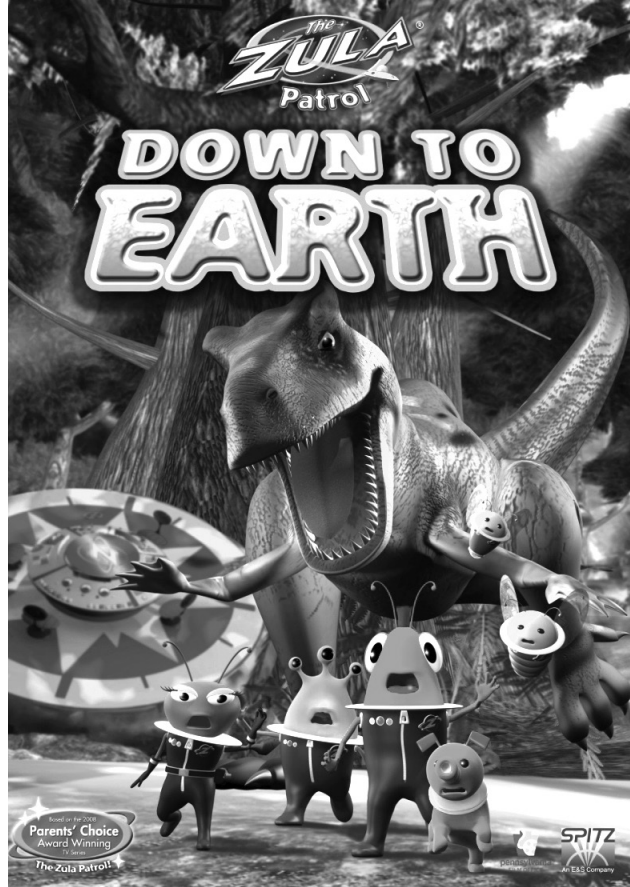
#### Friday Late Nights in the NatureSphere-What's Up?

Treat your partner or friends to a unique Friday night experience of top-notch astronomy and entertainment at the Robinson Nature Center. This program is held in the NatureSphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. Film previews are available at [www.howardcountymd.gov/RNCNatureSpherefeatures](http://www.howardcountymd.gov/RNCNatureSpherefeatures). No late seating. Registration/Info: 410-313-0400.

#### 18 yrs + Robinson Nature Ctr

RP4800.101	NEW! <i>Dynamic Earth</i>	Sep 2	8-9pm	F	\$6
RP4800.102	<i>Passport</i>	Oct 7	8-9pm	F	\$6
RP4800.103	<i>Impact!</i>	Nov 4	8-9pm	F	\$6
RP4800.104	<i>Stars</i>	Dec 2	8-9pm	F	\$6





Watch the Zula gang make the galaxy a better place to live.

## NEW! NatureSphere at Noon

Explore Robinson Nature Center's trails, Discovery Room and Nature Place, and before you leave for lunch, join us for a short, family-friendly full-dome film! This program is held in the NatureSphere planetarium. Film previews are available at [www.howardcountymd.gov/RNCNatureSpherefeatures](http://www.howardcountymd.gov/RNCNatureSpherefeatures). No late seating. Registration/Info: 410-313-0400.

Robinson Nature Ctr \$3 per ticket with daily admission or Robinson annual pass

RP4802.111	5 yrs +	Earth, Moon & Sun	Sep 3	Noon-12:30pm	Sa
RP4802.112	5 yrs +	Earth, Moon & Sun	Sep 17	Noon-12:30pm	Sa
RP4802.113	7 yrs +	NEW! We Are Stars	Oct 1	Noon-12:30pm	Sa
RP4802.114	7 yrs +	NEW! We Are Stars	Oct 15	Noon-12:30pm	Sa
RP4802.115	7 yrs +	NEW! We Are Stars	Oct 29	Noon-12:30pm	Sa
RP4802.116	7 yrs +	NEW! Life of Trees	Nov 5	Noon-12:30pm	Sa
RP4802.117	7 yrs +	NEW! Life of Trees	Nov 19	Noon-12:30pm	Sa
RP4802.118	5 yrs +	Zula Patrol: Down to Earth	Dec 3	Noon-12:30pm	Sa
RP4802.119	5 yrs +	Zula Patrol: Down to Earth	Dec 17	Noon-12:30pm	Sa

## Lil' Stars (Parent/Child)

Let your little one discover outer space through views of the stars and planets, stories and song. Give your child a special nighttime experience during the day! Each month we focus on a different theme – from the colors of stars, to the stories behind a constellation, to the seasonal changes in the sky – and provide two opportunities to catch the program. Preregister to secure your seats. Fee is per person. Registration/Info: 410-313-0400.

Robinson Nature Ctr \$3 per ticket with daily admission or Robinson annual pass

RP4802.101	3-8 yrs w/ parent	Autumn Equinox	Sep 10	11-11:30am	Sa
RP4802.102	3-8 yrs w/ parent	Autumn Equinox	Sep 24	11-11:30am	Sa
RP4802.103	3-8 yrs w/ parent	Rocky Planets	Oct 8	11-11:30am	Sa
RP4802.104	3-8 yrs w/ parent	Rocky Planets	Oct 22	11-11:30am	Sa
RP4802.105	3-8 yrs w/ parent	Gas Giant Planets	Nov 12	11-11:30am	Sa
RP4802.106	3-8 yrs w/ parent	Gas Giant Planets	Nov 26	11-11:30am	Sa
RP4802.107	3-8 yrs w/ parent	Space Rocks!	Dec 10	11-11:30am	Sa

### Lil' Stars:

Great presentation and outstanding staff! I can't wait to catch the next program.

## NEW! Sunday Afternoon Full-Dome Movie

Come explore Robinson Nature Center's trails, Discovery Room, Nature Place, and NatureSphere, a full-dome movie theater and planetarium! On the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month, we show a short, family-friendly full-dome film at 1pm. Film previews are available at [www.howardcountymd.gov/RNCNatureSpherefeatures](http://www.howardcountymd.gov/RNCNatureSpherefeatures). No late seating. Registration/Info: 410-313-0400.

Robinson Nature Ctr \$3 per ticket with daily admission or Robinson annual pass

RP4802.131	7 yrs +	NEW! Life of Trees	Sep 11	1-1:30pm	Su
RP4802.132	7 yrs +	NEW! Life of Trees	Sep 25	1-1:30pm	Su
RP4802.133	5 yrs +	Earth, Moon & Sun	Oct 9	1-1:30pm	Su
RP4802.134	5 yrs +	Earth, Moon & Sun	Oct 23	1-1:30pm	Su
RP4802.135	7 yrs +	Astronaut	Nov 13	1-1:30pm	Su
RP4802.136	7 yrs +	Astronaut	Nov 27	1-1:30pm	Su
RP4802.137	5 yrs +	3,000 Years of Stargazing	Dec 11	1-1:30pm	Su

## NEW! Pre-Thanksgiving NatureSphere Movies

Have family in town? Treat them to a full-dome movie in the NatureSphere planetarium, and then explore the Robinson Nature Center trails, outdoor NaturePlace, children's discovery room, and two stories of interactive exhibits. No late seating. Choose from showtimes below and preregister to secure your tickets. Registration/Info: 410-313-0400.

Robinson Nature Ctr \$3

RP4800.111	3 yrs +	One World, One Sky	Nov 23	10-10:30am	W
RP4800.112	5 yrs +	Zula Patrol: Down to Earth	Nov 23	11:30am-noon	W
RP4800.113	7 yrs +	NEW! We Are Stars	Nov 23	1:30-2pm	W

## Family & Parent/Child

- Programs in this section require an adult to register with and accompany children at all times.
- Programs listed in order by earliest start date.
- Tickets/Registration/Info: 410-313-0400.

## First Saturday Discovery Days

Join us for the first Saturday of the month as we introduce a special theme. Each Discovery Days program lets you learn about native plants and animals through games, stories and crafts. Programs are available on a first-come, first-served basis to the first 15 children and their adult chaperone. You may continue to explore each month's theme throughout the remainder of the month at the Field Station in the Children's Discovery room or during special weekend hours with docent-led activities. Info: 410-313-0400 or [www.howardcountymd.gov/RobinsonNatureCenter](http://www.howardcountymd.gov/RobinsonNatureCenter).

3-10 yrs Robinson Nature Ctr Free with daily admission or Robinson annual pass

Sep 3	Insects	11:30am-noon	Sa
Oct 1	Owls	11:30am-noon	Sa
Nov 5	Animal Tracks	11:30am-noon	Sa
Dec 3	Astronomy	11:30am-noon	Sa

## Walking with Woodpeckers

Get to know the seven species of woodpeckers that frequent our neighborhoods and forests with Howard County Bird Club member, John Harris, as you walk the trails at the Robinson Nature Center looking for foraging species. Come locate feeding sites for Pileated and Sapsucker species, learn to identify different woodpecker calls and discover what makes these birds unique. Info: 410-313-0400.

8 yrs +

RP4805.101	Robinson Nature Ctr	Sep 10	10am-noon	Sa	\$5
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## Robinson Nature Center Anniversary Page 14



Explore our wild planet and creatures of the night at Animals, Animals, Animals with music, games, and nature exploration.

## Magical Monarch Butterfly Tea Party

Spend a fantastic morning with your little one at the Robinson Nature Center. Enjoy a butterfly program in which you learn about the beautiful monarchs that migrate through our area in the fall. Enjoy photo ops as your little one dons his/her own pair of wings and journeys through the nature center and then creates his/her very own decorative butterfly puddling stone to take home. After your adventure, savor an impeccably catered sit-down tea service by Sweet Simplici-Tea tea room. Tea service includes tea, lemonade and delightful treats just right for little fingers. Fee includes program, all materials, full tea service and gratuity for service. Children must be accompanied by a registered adult. As this is a catered event, you must register no later than September 18 to attend. Registration/Info: 410-313-0400.

3 yrs + \$25, child; \$20, adult

RP4865.101 Robinson Nature Ctr Sep 25 2-4pm Su

### Monarch Tea Party

*Everything was great! We loved dressing up and flying around. Tea and treats were yummy!*

## Animals, Animals, Animals

Bring your family to Robinson Nature Center to explore our wild planet, creatures of the night and more in an engaging, play-to-learn platform with staff from the Port Discovery Children's Museum. Programs integrate music, poetry, games, and nature exploration. Program lasts about 45 minutes and are offered twice on each date (1 pm & 2 pm) No registration necessary. Children must be accompanied by an adult at all times. Info: 410-313-0400 or [www.howardcountymd.gov/RobinsonNatureCenter](http://www.howardcountymd.gov/RobinsonNatureCenter).

3-10 yrs with an adult Free with daily admission or Robinson annual pass

Oct 2	Robinson Nature Ctr	1-1:45pm	Su
Oct 2	Robinson Nature Ctr	2-2:45pm	Su
Oct 16	Robinson Nature Ctr	1-1:45pm	Su
Oct 16	Robinson Nature Ctr	2-2:45pm	Su
Oct 23	Robinson Nature Ctr	1-1:45pm	Su
Oct 23	Robinson Nature Ctr	2-2:45pm	Su
Nov 13	Robinson Nature Ctr	1-1:45pm	Su
Nov 13	Robinson Nature Ctr	2-2:45pm	Su

### Animals, Animals, Animals

*The music was wonderful and we loved learning about Haiku!*

## Lil' Acorns Dinosaur Dash (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning discovering the dinosaurs through tot-friendly investigations! This interactive program includes song, sensory activities, a puppet show and a short walk through the woods. Register an additional person (\$9) by calling 410-313-0400.

2-3 yrs with a parent \$18 for one parent and one child

RP4817.101 Robinson Nature Ctr Oct 15 10-11:30am Sa

## Trick or Treat Among the Trees Page 15

## Trick-IN-Treat for Tots Page 16

## Pumpkin Chunkin' Page 16

## Deer Santa Page 17

## NEW! Lil' Acorns Winter Wonders (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning discovering what animals do in the winter, making masks and exploring the wonders of nature. This parent/child, interactive program includes songs, sensory activities, a puppet show, and short walk through the woods. Register an additional person (\$9) by calling 410-313-0400.

2-3 yrs with a parent \$18 for one parent and one child

RP4817.102 Robinson Nature Ctr Dec 17 10-11:30am Sa

### Lil' Acorns

*This program was awesome. We had great fun! Great program! There was a perfect mix of activities for the little ones.*

## Family & Youth

- For programs listed as "drop-off" programs, parents are welcome to stay for the duration of the program, but are subject to the Nature Center's \$5 per adult admission fee.
- Programs listed in order by earliest start date.
- Tickets/Registration/Info: 410-313-0400.

## Kids Night Out Survival in Nature

Spend a Friday night out with your friends at the Nature Center after-hours! We provide a pizza dinner and tons of fun activities including nature games, a sun-set hike, live animal presentations and a full-dome movie in our NatureSphere planetarium. Mom and dad can enjoy their own evening out, and return to learn all about your discoveries. This program is a drop-off program and requires a participant information form for each child. Info/Registration: 410-313-0400.

5-10 yrs Robinson Nature Ctr

RP4881.101	Non-member	Nov 18	6-9pm	F	\$40
RP4881.102	Member	Nov 18	6-9pm	F	\$30
RP4881.103	Add. child (non-member)	Nov 18	6-9pm	F	\$20
RP4881.104	Add. child (member)	Nov 18	6-9pm	F	\$15

You can also register  
at the Robinson Nature Center  
for programs (410-313-0400).





Enjoy tea with your little butterfly at the Magical Monarch Tea Party!



Discover nature with games, a hike, live animal presentations and more at Kids Night Out Survival in Nature!

## Home School

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child(ren) at no cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration opened in June.
- All participants must complete a participant form, which will be emailed out prior to each season.
- Registration/Info: 410-313-0400.

### NEW! Pre-Home School Classes

Give your young home schoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up to attend classes on either the first Thursday or first Friday of the month. **Fall Topics:** Habitats, Seasons, First Impressions. **Winter Topics:** Nature at Night, Dinosaurs, Animal Signs. **Spring Topics:** Snakes & Turtles, Butterflies, Birds.

4-5 yrs	Robinson Nature Ctr	\$30 per child, per season	
RP4885.101	1 <sup>st</sup> Thursdays in fall	Sep 1, Oct 6, Nov 3	2:30-4pm
RP4885.111	1 <sup>st</sup> Fridays in fall	Sep 2, Oct 7, Nov 4	2:30-4pm
RP4885.201	1 <sup>st</sup> Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.211	1 <sup>st</sup> Fridays in winter	Dec 2, Jan 6, Feb 3	2:30-4pm
RP4885.301	1 <sup>st</sup> Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm
RP4885.311	1 <sup>st</sup> Fridays in spring	Mar 3, Apr 7, May 5	2:30-4pm

### Home School Classes

Give your home-schooled students hands-on, immersive experiences in nature and science topics. 6-9-year-olds can sign up to attend classes on either the first Thursday or first Friday of the month. Classes are also offered for 9-13-year-olds (Thursday only). **Fall Topics:** River Ecology, Meadow Ecology, Forest Ecology. **Winter Topics:** Stars & Constellations, Fossils & Dinosaurs, Tracking Animals. **Spring Topics:** Herpetology (Reptiles & Amphibians), Entomology (Insects), Ornithology (Birds).

6-9 yrs	Robinson Nature Ctr	\$30 per child, per season	
RP4885.102	1 <sup>st</sup> Thursdays in fall	Sep 1, Oct 6, Nov 3	2:30-4pm
RP4885.112	1 <sup>st</sup> Fridays in fall	Sep 2, Oct 7, Nov 4	2:30-4pm

RP4885.202	1 <sup>st</sup> Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.212	1 <sup>st</sup> Fridays in winter	Dec 2, Jan 6, Feb 3	2:30-4pm
RP4885.302	1 <sup>st</sup> Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm
RP4885.312	1 <sup>st</sup> Fridays in spring	Mar 3, Apr 7, May 5	2:30-4pm
<b>9-13 yrs Robinson Nature Ctr \$30 per child, per season</b>			
RP4885.103	1 <sup>st</sup> Thursdays in fall	Sep 1, Oct 6, Nov 3	2:30-4pm
RP4885.203	1 <sup>st</sup> Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.303	1 <sup>st</sup> Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm

### Home School Parent-Guided Workshop

Join us for monthly opportunities to connect with other home-school families in an informal learning environment. Children socialize and collaborate with one another on parent-assisted educational projects and imaginative play opportunities. By joining, gain special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, a tailored student project and social play opportunities. To ease crowding, please choose from one of two time slots when you register. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season.

All ages	Robinson Nature Ctr	\$15, HC resident; \$18, nonresident; Free, 0-4 yrs	
RP4885.150	Fall Workshops	Sep 8, Oct 13, Nov 10	1-2:30pm Th
RP4885.151	Fall Workshops	Sep 8, Oct 13, Nov 10	3-4:30pm Th
RP4885.250	Winter workshops	Dec 8, Jan 12, Feb 9	1-2:30pm Th
RP4885.251	Winter workshops	Dec 8, Jan 12, Feb 9	3-4:30pm Th
RP4885.350	Spring workshops	Mar 9, Apr 13, May 11	1-2:30pm Th
RP4885.351	Spring workshops	Mar 9, Apr 13, May 11	3-4:30pm Th

### Home School History Days Page 41

#### Home school workshop:

*Thanks, RNC, for the great workshop today. My kids and I enjoyed the feel of the space, the way the tables were set up and the spread of the activities. Thanks for considering my feedback. Your response makes RNC feel like a community that cares. Can't wait until next month.*



Perfect your holiday decorations at the Wreath-Making or Holiday Centerpiece Workshops!

## Adults

- Programs in this section are for adults 18 years and older.
- Programs listed for ages 21 years and older require a photo ID to consume alcohol.
- Programs listed in order by earliest start date.
- Tickets/Registration/Info: 410-313-0400.

### Ladies Night-Hike Out!

Join other nature-loving gals on this unique, Friday-night adventure! Immerse yourself in the nocturnal wonders of the Middle Patuxent Environmental Area (MPEA). Knowledgeable Robinson Nature Center naturalist are guides for this hour and a half-long hike. Enjoy discovering the wonders of night hiking. Meet at the South Wind Circle entrance to MPEA. You must pre-register for the program. Please note, there are no bathrooms at the MPEA and parking is limited. The hike covers approximately 2 miles on unpaved terrain. Bring a flashlight.

21 yrs +

RP4883.101 MPEA Oct 14 7:30-9pm F \$10

### NEW! Nature Painting on Driftwood

Learn the art of painting on driftwood from Delaware-based artist, Stephanie Przybylek. Her nature-inspired artwork was most recently featured in the Robinson Nature Center's gallery. Discover how to find and finish driftwood in artistic projects. Then, practice the art through recreating your own version of one of Stephanie's stunning, painted pieces. All materials (brushes, paint, driftwood, cutouts) provided for use in future projects. \$15 materials fee due at first class. Space is limited. Must register by Thursday, October 6. See examples of Stephanie's art at <http://creativeanimal.net/home.html>. Registration/Info: 410-313-0400.

18 yrs +

RP4861.132 Robinson Nature Ctr Oct 21 6:30-8:30pm F \$40

### NEW! Wreath-Making Workshop

Create your own wreath using sustainably-harvested greens! Enjoy festive music, light snacks and cider while learning tips on harvesting and using natural materials and creating your wreath. Sustainably-harvested, freshly-cut greens (pine, arborvitae, boxwood, spruce, holly, etc.), cones and ribbons are provided. No experience needed. Price is per wreath (not per person) and you are welcome to bring members of your family over the age of 14 to join in the fun! Please bring pruners and gloves.

14 yrs + \$40 per wreath

RP4861.112 Robinson Nature Ctr Dec 2 6:30-8:30pm F

### Holiday Centerpiece Workshop

Kick off the holiday spirit with a hands-on greenery workshop. Enjoy festive music, light snacks and cider while learning tips on harvesting and using natural materials to make holiday decorations for your home. During the workshop, create a centerpiece out of natural materials for your table or mantle. Sustainably-harvested, freshly-cut greens (pine, arborvitae, boxwood, spruce, holly, etc.), cones and ribbons are provided. No experience needed. Price is per centerpiece (not per person) and you are welcome to bring members of your family over the age of 14 to join in the fun! Please bring pruners and gloves.

14 yrs + \$35 per centerpiece

RP4861.102 Robinson Nature Ctr Dec 4 2-4pm Su

You can also register  
at the Robinson Nature Center  
for programs (410-313-0400).



Enjoy through all  
four seasons:

- Children's Discovery Room
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 | 410-313-0400  
[www.howardcountymd.gov/RobinsonNatureCenter](http://www.howardcountymd.gov/RobinsonNatureCenter)





Take a trip to the Eastern Shore for exciting fun at OC Sunfest!

## Trips & Tours

- All children under 18 must be accompanied by an adult.
- Info: Ginny Russ, 410-313-7279.
- All pick-up locations are at Bain Center & Long Gate Park & Ride unless otherwise indicated in program description.

## August

### Bingo Cruise

Hop aboard the Spirit of Washington Cruise ship in Washington, D.C. and enjoy a day of fun. Participants from last year asked that we repeat this trip. Everyone had a great time and our group won several prizes. The buffet was delicious and the DJ had us dancing and guessing on "Name that Tune."

RP4507.801 18 yrs + Aug 11 9:30am-3:30pm Th \$99

### NEW! "Hairspray" at Toby's

Join us at the "Corny Collins Show" with the Baltimore TV gang for this wonderful show at Toby's Dinner Theatre in Columbia. Based on the real-life Buddy Deane Show of Baltimore, this musical brings back lots of memorable songs from the sixties. Enjoy a sumptuous buffet before the matinee show. Meet the trip leader in the lobby.

RP4508.801 Toby's Dinner Theatre Aug 17 10:30am-3:30pm W \$55

### NEW! Old Amish Tour

Spend the day in the heart of Pennsylvania Dutch country with a tour of a real Amish farm in Lancaster, PA. Handmade quilts and home goods available at an Amish market. Enjoy a home-cooked meal in an Amish residence.

RP4512.801 18 yrs + Aug 30 7am-6pm Tu \$110

## September

### NEW! The Front Porch Tea Room

Located in the quaint town of Hallam, PA. This Victorian home, built in 1869, invites you to step back in time and enjoy another era. Your tea luncheon is served in a relaxing atmosphere with time to browse through rooms filled with antiques, gifts, tea items and handmade crafts. On the way home, enjoy a stop at Brown's Orchard & Farm Market for homemade, Pennsylvania Dutch food items.

RP4525.101 18 yrs + Sep 8 9am-5pm Th \$125

### Wonderful Washington

Visit the various exhibits and museums and enjoy all that Washington, D.C. has to offer! You are dropped off and picked up between the East and West Buildings of the National Gallery of Art (on 4th Street). The day and your meal are on your own; there is a lot of walking.

RP4526.101 18 yrs + Sep 13 9am-4pm Tu \$52

### "Sister Act" at Toby's

A night club performer has to go undercover in a convent and fun and music break out. Join us for a day filled with great songs and delicious food at Toby's Dinner Theatre in Columbia. Meet the trip leader in the lobby, doors open at 10:30am.

18 yrs +

RP4509.101 Toby's Dinner Theatre Sep 14 10:30am-3:30pm W \$55

### NEW! "Oklahoma!"

Join us at the Riverside Dinner Theatre in Fredericksburg, VA for this timeless classic. This musical play, honored with a Pulitzer Prize to the composers Rodgers and Hammerstein, has a great story, dances and music that includes, "Oh What a Beautiful Morning" and "Oklahoma" and more. A three-course luncheon before the matinee show is included.

10 yrs +

RP4527.101 Sep 18 11am-7pm Su \$130

### Ocean City Sunfest

Let's go down the ocean and catch the excitement! There is so much to do, including musical entertainment, arts and crafts, and delicious food! (You can bring your suit and enjoy a dip!) There may be a lot of walking; meals are on your own. Don't forget sunscreen; summer lasts longer in OC!

RP4528.101 18 yrs + Sep 22 7am-7pm Th \$73

### NEW! Cape Cod & Martha's Vineyard

Plan ahead for this exciting trip to New England. Visit Massachusetts and the historic sites, landmarks and the many wonders that the Cape offers. Enjoy escorted tours of Boston, Hyannis, Plymouth, Martha's Vineyard, and more. A \$50 deposit saves your spot for this memorable trip. Fee includes five nights lodging at the brand new Fairfield by Marriott Cape Cod. Five breakfasts and five dinners included; lunches are on your own. Guide and driver gratuity collected on bus.

RP4510.101 18 yrs + Bain Ctr (only) Sep 25 7am-7pm Su-F \$999

## October

### NEW! National Apple Harvest Festival

The 51st annual National Apple Harvest Festival is celebrated with beautiful crafts, great music and wonderful food. The festival has something for everyone with hundreds of arts and crafters, demonstrations, contests, food stands and entertainment. Kids enjoy the petting zoo, hayrides, story time and special crafts. Located in the heart of Pennsylvania apple country at the South Mountain Fairgrounds, this festival has it all. May be lots of walking.

RP4529.101 6 yrs + Oct 1 7am-6pm Sa \$81

### NEW! "Jersey Boys" at the Hippodrome

Go behind the music and inside the story of Frankie Valli and The Four Seasons in this Tony Award-winning true-life musical phenomenon. From the streets of New Jersey to the Rock and Roll Hall of Fame, this is the musical that's just too good to be true. Join us at the Hippodrome Theatre in Baltimore for "Sherry," "Big Girls Don't Cry" and many more songs that you know and love. Limited number of orchestra seats. Adult language.

RP4530.101 18 yrs + Oct 2 11am-5pm Su \$145



*Join us for Wonderful Washington and check out all the sites!*

## NEW! Eastern State Penitentiary

Go behind the walls of this fascinating 142-year-old prison in Philadelphia. Your guided walking tour takes you through the rotunda, restored cells, solitary confinement and more. What famous people were guests here? After the tour, enjoy the gift shop. Come explore America's Most Historic Prison! Before your visit, enjoy lunch at Jack's Firehouse Restaurant, set in a unique, 19th-century firehouse. Sandwich choices include Philly cheesesteak, pulled pork, smoked chicken salad, vegetarian pasta, each served with fries and mini-salad, beverage and dessert. Uneven pavement; wear sensible shoes.

RP4531.101 18 yrs + Oct 4 9am-6pm Tu \$125

## NEW! Lewis Ginter Botanical Garden

Lewis Ginter Botanical Garden, in Richmond, VA, offers year-round spectacular gardens, dining and shopping. Featuring a classical-domed Conservatory, it encompasses more than 40 acres and is home to a diverse collection of plants and wildlife, a "living" museum that offers over a dozen themed gardens. Enjoy a guided walking tour, lunch on your own, and time to shop.

RP4532.101 18 yrs + Oct 8 7am-6pm Sa \$75

## NEW! Museum of African American History & Culture

This new museum should be a place of meaning, of memory, of reflection and hope. It should be a beacon that reminds us of what we were, what challenges we still face, and point us towards what we can become. Be one of the first to visit this brand new Smithsonian Museum on the Washington, D.C. Mall. Fran Grecourt (Washington, D.C. licensed tour guide) helps with our visit. Lunch is on your own at the on-site café; expect some walking.

RP4533.101 18 yrs + Oct 11 9am-4pm Tu \$55

## Tea in the Tower

Join us at the Washington National Cathedral in Washington, D.C. for their tour and tea program. Your guided walking tour is an hour long and provides an in-depth look at the art, architecture and history of this magnificent building. After the tour, enjoy tea, served at 3 pm in the observation gallery with great views of the city. You may bring lunch on the bus as the tea is an afternoon snack. Wear comfortable shoes; tower is accessible by elevator.

RP4534.101 18 yrs + Nov 2 10:30am-5:30pm W \$79

## National Zoological Park

There is so much to see and do at the zoo in Washington, D.C. Spend the day visiting with your favorite animals. Take advantage of the one-hour Highlights Tour that gives insight into some special animals! Kids receive a Zoo Crew Training Manual to help with the visit. The zoo is in a hilly area, but there are many places to eat and sit. Meals are on your own; lots of walking.

RP4535.101 4 yrs + Oct 29 9am-5pm Sa \$49

## November

### NEW! Ripley's Believe It or Not and Maryland Science Center

Spend the day at the Inner Harbor in Baltimore with lots of fun things to do. Begin at Ripley's Believe It or Not Museum and be amazed at all the wild and wacky things you see. After your tour, have lunch on your own along the Inner Harbor. An afternoon of fun takes place at the Maryland Science Center, where you can find many hands-on exhibits including over a dozen full-size dinosaurs on display. Lots of walking!

RP4536.101 4 yrs + Nov 5 9am-5pm Sa \$79

### Wonderful Washington flickr

Spend the day in Washington, D.C. We are dropped off and picked up between the East and West buildings of the National Gallery of Art (on 4th Street), along the National Mall. There are so many places to visit! Galleries and museum gift shops make great places to pick up holiday presents. The day and meals are on your own; may be a lot of walking.

RP4537.101 18 yrs + Nov 10 9am-4pm Th \$52

### Pennsylvania Opry

We invite y'all to enjoy this Branson-style musical show at the Historic Star Theatre in Mercersburg, PA. Celebrate the season with great Country Gospel favorites followed by Christmas Country classics. A buffet lunch is served at the Keystone Family Restaurant in Waynesboro, PA before the matinee show.

RP4538.101 18 yrs + Nov 16 9am-6pm W \$99

### Smithsonian's Air & Space

Fly down to the Udvar-Hazy Air and Space Center in Chantilly, VA. View historic planes, including the Enola Gay, Concorde and more. You may also want to join a guided tour; highlights include the Space Shuttle Discovery. Kids can enjoy Story Times and Discovery Station (among other things). Enjoy listening to a story and touch a real spacesuit. For an additional fee, enjoy their IMAX theatre. Lunch is on your own at McDonald's Café. Lots of walking.

RP4539.101 4 yrs + Nov 19 9am-4pm Sa \$49

### "A Christmas Carol"

Get in the holiday spirit with this heartwarming tale at Toby's Dinner Theatre in Columbia, MD. This traditional story of Scrooge is told in a brand new way with a musical score filled with beautiful melodies featuring the holiday standard, "A Place Called Home." Doors open at 10:30 am; meet the trip leader in the lobby. Holiday buffet is served before the matinee show.

18 yrs +

RP4540.101 Toby's Dinner Theatre Nov 30 10:30am-3:30pm W \$55

All pick-up locations are at the  
Bain Center and Long Gate Park unless  
noted in the description.



flickr



HoCoParks  
APP



# December

## NEW! "Wolf Trap Holiday Sing-A-Long"

Kick off the holiday season with family and friends at Wolf Trap's 2016 holiday event in Reston, VA. Enjoy a performance by the U.S. Marine Band with choir and vocal groups from the surrounding areas. Hear a variety of Hanukkah and Christmas songs. Participate in a voluntary collection for Toys for Tots. (New, unwrapped toys are collected.) You may also bring candles and bells. Enjoy the candlelight processional during the last verse of "Silent Night." Wolf Trap provides concessions for sale.

RP4541.101 6 yrs + Dec 3 12:30-5:30pm Sa \$49

## American Music Theatre

We return to one of our favorite theatres for their holiday show, "Winter Wonderland" in Lancaster, PA. The quality of the singing and dancing is Broadway caliber and is sure to put you in a holiday mood. Enjoy a delicious buffet at Shady Maple Smorgasbord before the show; and there is time to shop in their enormous gift store, which is the biggest and the best.

RP4542.101 18 yrs + Dec 6 9am-7pm Tu \$127

## Music in the Mansion

Spend the afternoon at the Engineers Club in Baltimore at the "Christmas Cheer Concert" presented by the Concert Artists of Baltimore. Enjoy a delicious buffet at historic Garrett-Jacobs Mansion followed by glorious music.

RP4548.101 18 yrs + Dec 10 10am-5pm Sa \$110

## New York City

Spend the day on your own in the Big Apple while it is beautifully decorated for the holidays. As one of the most exciting cities in the world, there is so much to do. You can shop, see the tree, take in a Broadway show, enjoy Radio City Music Hall, visit a museum, or enjoy a great meal. We drop you off at 8<sup>th</sup> Avenue and 51<sup>st</sup> Street, the rest is up to you. Motor coach departs the city from the same spot at 6 pm for the journey back home. May be lots of walking. No stops into the city, motor coach has a bathroom on board. You may bring food and coolers on the bus.

RP4543.101 6 yrs + Dec 10 6:30am-10:30pm Sa \$85

## Mannheim Steamroller Christmas

Mannheim Steamroller Christmas by Chip Davis has been America's favorite holiday tradition for more than 30 years! Grammy Award winner Davis created a show that features the beloved Christmas music of Mannheim Steamroller along with dazzling multimedia effects performed in an intimate setting at The Music Center at Strathmore, Bethesda, MD. Experience the magic as the spirit of the season comes alive with their signature sound. Limited rear promenade seating.

RP4544.101 10 yrs + Dec 11 2-8pm Su \$125

## Mrs. K's & Mormon Temple Visitor's Center

We are returning to one of our favorite spots for a holiday meal. Mrs. K's Toll House Restaurant, in Silver Spring, MD has been a holiday tradition for many years with their over-the-top decorations and yummy meals. After your dinner you will re-board the coach for the trip to the Mormon Temple Visitor's Center in Kensington, MD. You will enjoy a musical presentation, Christmas items from around the world and the gorgeous display of over 450,000 lights. Menu choice: chicken marsala, pork loin, grilled salmon or linguini pasta; each served with salad, ice cream and beverage. Some walking at Visitor's Center.

RP4545.101 18 yrs + Dec 13 4-10pm Tu \$105



*Get your name on the waiting list to visit the White House.*

## Washington, D.C. Holiday Celebrations

Visit several Washington D.C. landmarks offering holiday events. Stops include the U.S. Botanical Gardens to see the holiday and train displays. Enjoy lunch and shop at Union Station. Check out the Postal Museum next to Union Station where your kids can join in on a Scavenger Hunt. Your final stop is the Ellipse to view the National Christmas tree with the model train display and the Pathway of Peace; featuring decorated trees from each state. Lots of walking and crowds.

RP4546.101 4 yrs + Dec 17 9am-6pm Sa \$49

## "Holiday Pops" at the BSO

Vocal sensation Storm Large of Pink Martini joins the Baltimore Symphony Pops Orchestra for a sparkling holiday celebration! Bring the whole family to get in the spirit of the season with this special program of carols, classics and lots of surprises. Plus, back by popular demand, the Tap-Dancing Santas are coming to town! Join us at the Joseph Meyerhoff Symphony Hall in Baltimore for this holiday show; grand tier seating.

RP4547.101 8 yrs + Dec 18 12:30-6pm Su \$99

## White House

Once again, we are on a waiting list in hopes of visiting the White House during the holidays. Please register as soon as possible as the names must be submitted in September. Once we submit names we cannot take additional people. We need your LEGAL name, first and last with middle initial (no nicknames) as it appears on your driver's license; address, date of birth, country of origin and social security number. We cannot submit your name without all of the information. There are long lines and security check points to go through with a lot of walking and standing. Lunch after at Union Station on your own. If we are able to attend, a \$52 fee is collected.

RP4550.101 55 yrs + Bain Center Date: TBD \$52

RP4550.102 55 yrs + Long Gate Pk & Ride Date: TBD \$52

# January

## "Beautiful: The Carole King Musical"

"Beautiful" tells the inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music; she wrote the soundtrack to a generation. Join us at the Hippodrome Theatre in Baltimore for an amazing show of beautiful music. Limited number of orchestra seats.

RP4501.201 18 yrs + Jan 29 12:30-5:30pm Su \$145



*Your little one enjoys crafts and hands-on activities at Before- & After-Care programs.*

## Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) and click on Licensed Child Care. For space availability, call 410-313-7275. Registration is also currently open for the 2016-2017 school year.



Healthy Childcare - A Healthy Howard initiative supported by The Horizon Foundation

### Healthy Howard Childcare

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

## Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Healthy Howard Healthy Childcare initiative and are enrolled in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2016. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or [bmurphy@howardcountymd.gov](mailto:bmurphy@howardcountymd.gov).

#### Bushy Park ES

RP2252	3 yrs	9:30am-1:30pm	Tu,Th	\$256, month
RP2252	4 yrs	9:30am-3pm	M,W,F	\$528, month

#### Fulton ES

RP2256	3 yrs	9:30am-1:30pm	Tu,Th	\$256, month
RP2256	4 yrs	9:30am-3pm	M,W,F	\$528, month

#### Roger Carter Comm Ctr

RP2292	3-5 yrs	9:30am-3pm	M-F	\$660, month
RP2292	3-5 yrs	8:30am-4pm	M-F	\$799, month

#### Triadelphia Ridge ES

RP2266	3 yrs	9-11:30am	M,W,Th	\$242, month
RP2266	4 yrs	Noon-3pm	M-Th	\$336, month

#### Veterans ES

RP2269	4 yrs	8am-4pm	M-F	\$799, month
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*Veterans ES has options for those registered in Veterans RECC program. Please call registration at 410-313-7275 for pricing.*



# Elementary School Before & After Care

## Before & After Care for Elementary School 2016-2017 Academic Year

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5 Before School 7am to beginning of school day \$207, month

Grades K-5 After School End of school day to 6pm \$318, month

Grades K-5 Before & After School 7am-6pm \$459, month

RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship ES

## Elementary Optional Full Day Programs

When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch, with a drink, marked with your child's name. Please ensure your child's lunch is nut-free.

### Grades K-5

Info: Claudia Charity, 410-313-4636 or ccharity@howardcountymd.gov

RP2050.190	Bellows Spring	Sep 12	7am-6pm	M	\$40
RP2049.190	Dayton Oaks	Sep 12	7am-6pm	M	\$40
RP2055.190	Forest Ridge	Sep 12	7am-6pm	M	\$40
RP2065.190	St. John's Lane	Sep 12	7am-6pm	M	\$40

Info: Glen Turner, 410-313-4713 or gturner@howardcountymd.gov

RP2052.191	Bushy Park	Oct 31	7am-6pm	M	\$40
RP2057.191	Gorman Crossing	Oct 31	7am-6pm	M	\$40
RP2064.191	Rockburn	Oct 31	7am-6pm	M	\$40
RP2067.191	Waverly	Oct 31	7am-6pm	M	\$40

Info: Donna Jackson-Parker, 410-313-1696 or djacksonparker@howardcountymd.gov

RP2054.192	Elkridge	Nov 7	7am-6pm	M	\$40
RP2055.192	Forest Ridge	Nov 7	7am-6pm	M	\$40
RP2066.192	Triadelphia Ridge	Nov 7	7am-6pm	M	\$40
RP2067.192	Waverly	Nov 7	7am-6pm	M	\$40

Info: Julia Martin, 410-313-1687 or jmartin@howardcountymd.gov

RP2051.193	Bollman Bridge	Nov 23	7am-6pm	W	\$40
RP2070.193	Ducketts Lane	Nov 23	7am-6pm	W	\$40
RP2056.193	Fulton	Nov 23	7am-6pm	W	\$40
RP2069.193	Veterans	Nov 23	7am-6pm	W	\$40

Info: Shavon Gordon, 410-313-4633 or spearson@howardcountymd.gov

RP2011.194	Kiwanis-Wallas Hall	Dec 27	7am-6pm	Tu	\$40
RP2011.195	Kiwanis-Wallas Hall	Dec 28	7am-6pm	W	\$40
RP2011.196	Kiwanis-Wallas Hall	Dec 29	7am-6pm	Th	\$40



Join your friends once the bell rings at the Can-TEEN Club!

## Middle School After Care

### "Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4<sup>th</sup> & 5<sup>th</sup> grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or lmajor@howardcountymd.gov.

Grades 6-8 Bonnie Branch MS End of school day-6pm 2016-17 school year

RP2370.011	5 days	\$299, month	RP2370.031	3 days	\$180, month
RP2370.021	2 days	\$120, month			

Grades 6-8 Elkridge Landing MS End of school day-6pm 2016-17 school year

RP2372.011	5 days	\$299, month	RP2372.031	3 days	\$180, month
RP2372.021	2 days	\$120, month			

Grades 6-8 Ellicott Mills MS End of school day-6pm 2016-17 school year

RP2373.011	5 days	\$299, month	RP2373.031	3 days	\$180, month
RP2373.021	2 days	\$120, month			

Grades 6-8 Folly Quarter MS End of school day-6pm 2016-17 school year

RP2374.011	5 days	\$299, month	RP2374.031	3 days	\$180, month
RP2374.021	2 days	\$120, month			

Grades 6-8 Lime Kiln MS End of school day-6pm 2016-17 school year

RP2376.011	5 days	\$299, month	RP2376.031	3 days	\$180, month
RP2376.021	2 days	\$120, month			

Grades 6-8 Patapsco MS End of school day-6pm 2016-17 school year

RP2378.011	5 days	\$299, month	RP2378.031	3 days	\$180, month
RP2378.021	2 days	\$120, month			

Grades 6-8 Thomas Viaduct MS End of school day-6pm 2016-17 school year

RP2382.011	5 days	\$299, month	RP2382.031	3 days	\$180, month
RP2382.021	2 days	\$120, month			



Learn the basics or work on advancing your swim technique.

# Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov) or Ruth Coleman at 410-313-4708 or [rucoleman@howardcountymd.gov](mailto:rucoleman@howardcountymd.gov).
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

## After School

### Therapeutic Recreation Inclusion Opportunities (TRIO)

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site. (No program 9/5, 9/12, 10/3, 10/12, 10/31, 11/7-8, 11/23-25, 12/26-30.)

13-21 yrs	Cedar Lane School	2-6pm	M-F	\$360 per month
RP2501.111	Aug/Sep		RP2501.121	Aug/Sep
RP2501.112	Oct		RP2501.122	Oct
RP2501.113	Nov		RP2501.123	Nov
RP2501.114	Dec		RP2501.124	Dec

## Aquatics

### Puddles (Parent/Child)

Learn safety, an introduction to swim skills while having fun in this aquatics program for preschoolers with developmental disabilities. Parents must accompany child in the water. Siblings/non-disabled peers may register one week after open registration. Goal: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

2-5 yrs Classes: 8

RP4201.101 Cedar Lane School Sep 22 615-6:50pm Th \$60

### Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Goal: Improve gross motor skills, increase confidence in the water and ability to float, basic swim strokes and breathing skills. (No class 10/12.)

3-12 yrs Classes: 8

RP4202.101	Cedar Lane School	Sep 21	6:15-6:45pm	W	\$165
RP4202.102	Cedar Lane School	Sep 22	7:45-8:15pm	Th	\$165
RP4202.103	Cedar Lane School	Oct 1	12:45-1:15pm	Sa	\$165
RP4202.104	Cedar Lane School	Oct 1	1:20-1:50pm	Sa	\$165
RP4202.105	Cedar Lane School	Oct 1	1:55-2:25pm	Sa	\$165

### Splashes

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions. (No class 10/12.)

9-10 yrs Classes: 8

RP4205.101	Level 1	Cedar Lane School	Sep 21	6:50-7:25pm	W	\$65
RP4205.102	Level 2	Cedar Lane School	Sep 21	7:30-8:05pm	W	\$65
RP4205.103	Level 3	Cedar Lane School	Sep 21	8:10-8:45pm	W	\$65

### Aquatic Skills Development

This semi-private skills session provides opportunities for increase endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently. (No class 11/8.)

13 yrs + Classes: 10

RP4200.101	Roger Carter Comm Ctr	Sep 20	7:30-8pm	Tu	\$75
RP4200.102	Roger Carter Comm Ctr	Sep 20	8-8:30pm	Tu	\$75

### Saturday Splash

Children, teens and adults with developmental disabilities experience the warm aquatic pool at their own pace. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

Cedar Lane School Classes: 8

RP4207.101	2-12 yrs	Oct 1	12:35-1:10pm	Sa	\$50
RP4207.102	13-21 yrs	Oct 1	1:15-1:50pm	Sa	\$50
RP4207.103	22 yrs	Oct 1	1:55-2:30pm	Sa	\$50

### Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

13-21 yrs Classes: 8

RP4213.101	Cedar Lane School	Sep 22	7-7:35pm	Th	\$65
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## Open Swim

Adults with developmental disabilities exercise in a warm, aquatic tank. Exercise at your own pace. This is an open swim opportunity with no formal instruction provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

18 yrs + Classes: 8

RP4309.101 Cedar Lane School Sep 22 7:40-8:15pm Th \$56

## Crafts & Fine Arts

### Expressions of Art

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

13 yrs + Classes: 6

RP4302.101 Cedar Lane Pk-West Sep 24 11am-12:30pm Sa \$80

## Dance

### Dances flickr

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided. Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program.

13 yrs + Bain Ctr

RP4301.101	Under the Sea	Sep 24	7-10pm	Sa	\$15
RP4301.102	Halloween	Oct 22	7-10pm	Sa	\$15
RP4301.103	Winter Wonderland	Dec 10	7-10pm	Sa	\$15
RP4301.201	Let's Go Sailing	Jan 14	7-10pm	Sa	\$15

## Enrichment

### Teen Venture

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

13-21 yrs Classes: 6

RP4206.101	Sep 16	6:30-9:30pm	F	\$175
RP4206.102	Sep 17	6:30-9:30pm	Sa	\$175

### NEW! Instructional Cooking

Participants learn basic kitchen safety and food prep with simple set recipes to take home. We explore cooking with a microwave, cook top and oven. Participants make items and enjoy their efforts. Participants must be able to function in a 1:5 staff-to-participant ratio.

16-25 yrs Classes: 6

RP4209.101 Cedar Lane Pk-West Sep 24 12:30-2pm Sa \$160

### Friday Night Socials

Adults with developmental disabilities enjoy a casual group with easy-going activities and socializing. Staff provide activity facilitation; caregivers must

accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others.

Classes: 6

RP4306.101 22-54 yrs Sep 23 7:30-9pm F \$125

RP4306.102 55 yrs + Sep 23 7:30-9pm F \$125

### Out & About

Adults with mild developmental disabilities enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining.

Classes: 6

RP4308.101	22-33 yrs	Sep 16	6:30-9:30pm	F	\$175
RP4308.102	34-54 yrs	Sep 23	6:30-9:30pm	F	\$175
RP4308.103	22-35 yrs	Sep 17	6:30-9:30pm	Sa	\$175
RP4308.104	36-54 yrs	Sep 17	6:30-9:30pm	Sa	\$175

## Music & Theater Arts

### Evening at the Theatre: Sister Act

Dinner and a show! Participants enjoy a buffet dinner and evening performance of select productions. Price includes dinner, beverage, and show. Participants must be able to function in 1:5 staff-to-participant ratio.

22 yrs + Toby's Dinner Theatre

RP4314.101	<i>Sister Act</i>	Sep 10	6-11pm	Sa	\$49
RP4314.102	<i>A Christmas Carol</i>	Dec 17	6-11pm	Sa	\$52

### No Boundaries

In this musical theater class, young adults with mild to moderate disabilities sing, dance and act while performing segments from Cinderella Broadway musical. The class ends with a public performance tentatively scheduled for June 2, 3 and 4. Goal: Increase self-awareness, increase confidence and self-expression. Presented in cooperation with the Howard County Arts Council. (No class 11/22-1/3 & 4/11.)

18 yrs + Classes: 31

RP4303.101	Howard County Ctr for the Arts	Sep 13	5-6:30pm	Tu	\$310
RP4303.201	Howard County Ctr for the Arts	Sep 13	6:30-7:45pm	Tu	\$310

## Sports

### Strikes & Spares Bowling League

Adults with developmental disabilities, improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

Normandy Brunswick Lanes Classes: 8

RP4313.101	13-17 yrs	Sep 17	9-10:30am	Sa	\$94
RP4313.102	18-31 yrs	Sep 17	10:15-11:45am	Sa	\$94

### Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

33 yrs + Classes: 8

RP4312.101	Normandy Brunswick Lanes	Sep 17	9-10:15am	Sa	\$91
RP4312.102	Normandy Brunswick Lanes	Sep 17	10:15-11:30am	Sa	\$91



Early literacy skills help promote a child's school-readiness.

# Pre-K (0-5 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

**Adventure & Outdoors** Page 18

**Nature & Environment** Page 22

## Adventures in Learning

**The Early Years Matter:** Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them!

• Info: Cindy Ochs, 410-313-4681.

• Staff members do not change diapers.

### Awesome Athletes, Amazing Artists (Parent/Child) flickr

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends. Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects. Parents are required to attend.

(No class 11/25.) Info: Cindy Ochs, 410-313-4681.

2-4 yrs Classes: 6

RP6973.101	Roger Carter Comm Ctr	Sep 16	9:30-10:30am	F	\$90
RP6973.102	Roger Carter Comm Ctr	Oct 28	9:30-10:30am	F	\$90

### Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 10/12, 11/23, 11/25.)

Info: Cindy Ochs, 410-313-4681.

2 yrs Classes: 6

RP3204.101	Gorman Crossing ES	Sep 16	10-10:45am	F	\$95
RP3204.111	Gorman Crossing ES	Oct 28	10-10:45am	F	\$95
RP3204.102	Thomas Viaduct MS	Sep 14	10-10:45am	W	\$95
RP3204.112	Thomas Viaduct MS	Nov 2	10-10:45am	W	\$95

### Tots Discovery

Is your 2-year-old ready for a more challenging environment? This program provides enriching; positive experiences that allow children to have fun explore the world around them and learn how to get along with others.

Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate.

To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the October 25 class. (No class 11/8, 11/22, 11/24.) Info: Cindy Ochs, 410-313-4681.

2 yrs Classes: 12

RP3201.101	Dayton Oaks ES	Sep 13	10am-noon	Tu,Th	\$185
RP3201.111	Dayton Oaks ES	Oct 25	10am-noon	Tu,Th	\$185
RP3201.102	Gorman Crossing ES	Sep 13	10am-noon	Tu,Th	\$185
RP3201.112	Gorman Crossing ES	Oct 25	10am-noon	Tu,Th	\$185
RP3201.103	Rockburn ES	Sep 13	10am-noon	Tu,Th	\$185
RP3201.113	Rockburn ES	Oct 25	10am-noon	Tu,Th	\$185

### Preschool Adventures

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, and sports-specific activities (including volleyball, baseball, soccer and other sports) in the gym. Participants should bring a peanut-free lunch and sneakers are highly recommended. Register for M-Th and receive a 10% discount off. Pay a \$45 non-refundable deposit to hold a spot for the November 14 or 15 class. (No class 10/3, 10/12, 11/21-24.) Info: Cindy Ochs, 410-313-4681.

2½-5 yrs Classes: 10

RP6971.101	Gary J Arthur Comm Ctr	Sep 19	9:30am-1pm	M,W	\$195
RP6971.102	Gary J Arthur Comm Ctr	Sep 20	9:30am-1pm	Tu,Th	\$195
RP6971.111	Gary J Arthur Comm Ctr	Nov 14	9:30am-1pm	M,W	\$195
RP6971.112	Gary J Arthur Comm Ctr	Nov 15	9:30am-1pm	Tu,Th	\$195

2½-5 yrs Classes: 20

RP6971.103	Gary J Arthur Comm Ctr	Sep 19	9:30am-1pm	M-Th	\$350
RP6971.113	Gary J Arthur Comm Ctr	Nov 14	9:30am-1pm	M-Th	\$350

### My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the November 15 class. (No class 10/3, 10/12, 11/21, 11/23.)

Info: Cindy Ochs, 410-313-4681.

2 yrs, 9 mos-3 yrs, 9 mos Classes: 10

RP3202.101	Bonnie Branch MS	Sep 20	10am-noon	Tu,Th	\$185
RP3202.111	Bonnie Branch MS	Nov 15	10am-noon	Tu,Th	\$185
RP3202.102	N Laurel Comm Ctr	Sep 20	10am-noon	Tu,Th	\$185
RP3202.112	N Laurel Comm Ctr	Nov 15	10am-noon	Tu,Th	\$185
RP3202.103	Rockburn ES	Sep 19	10am-noon	M,W	\$185
RP3202.113	Rockburn ES	Nov 14	10am-noon	M,W	\$185



## Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and gaining math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the November 14 class. (No class 10/3, 10/12, 11/21, 11/23.) Info: Cindy Ochs, 410-313-4681.

3 yrs, 9 mos-4 yrs, 9 mos Classes: 10

RP3221.101	Bonnie Branch MS	Sep 19	9:30am-noon	M,W	\$189
RP3221.111	Bonnie Branch MS	Nov 14	9:30am-noon	M,W	\$189
RP3221.102	N Laurel Comm Ctr	Sep 19	9:30am-noon	M,W	\$189
RP3221.112	N Laurel Comm Ctr	Nov 14	9:30am-noon	M,W	\$189

## Kindergarten Jump Start flickr

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make the learning fun! Participants should bring a nut-free lunch. Pay a \$45 non-refundable deposit to hold a spot for the November 14 class. (No class 10/3, 10/12, 11/21, 11/23.) Info: Cindy Ochs, 410-313-4681.

4 yrs, 9 mos-5 yrs Classes: 10

RP1727.101	Ellicott Mills MS	Sep 19	9:30am-1pm	M,W	\$239
RP1727.102	Ellicott Mills MS	Nov 14	9:30am-1pm	M,W	\$239

## Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are incorporated to help this preschool experience be meaningful and stimulating. Info: Cindy Ochs, 410-313-4681.

3-5 yrs Classes: 8

RP3206.101	N Laurel Comm Ctr	Sep 16	10am-noon	F	\$120
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## Volleyball & Van Gogh (Parent/Child)

Together, parents and children explore an intro to volleyball along with the art of Vincent Van Gogh in a way that is memorable, educational and fun! Children spend the first half of the class learning basic skills needed to successfully grow into an exceptional volleyball player. Continue the fun in the second half of the class while gaining confidence in self-expression and artistic exploration while learning about Van Gogh's creations. (No class 11/25.) Info: Cindy Ochs, 410-313-4681.

3½-5 yrs Classes: 6

RP3214.101	Roger Carter Comm Ctr	Sep 16	11am-noon	F	\$90
RP3214.102	Roger Carter Comm Ctr	Oct 28	11am-noon	F	\$90

## One Day Specials

- Parent or caregiver must attend.

## Mommy & Me Fun Days (Parent/Child)

Enjoy a morning full of "quality time" designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures. Info: Cindy Ochs, 410-313-4681.

2-3 yrs Ellicott Mills MS

RP3212.101	Sesame Street Adventures	Oct 7	10-11am	F	\$19
RP3212.102	Mickey Mouse Club House	Oct 14	10-11am	F	\$19



Pre-K (0-5 yrs)

Kindergarten Jump Start provides a smooth transition into school.

RP3212.103	NEW! Finding Dory	Oct 21	10-11am	F	\$19
RP3212.104	Dora's Halloween	Oct 28	10-11am	F	\$19
RP3212.105	Paw Patrol	Nov 4	10-11am	F	\$19
RP3212.106	Peppa Pig	Nov 11	10-11am	F	\$19
<u>2-3 yrs</u> <u>Thomas Viaduct MS</u>					
RP3212.111	Peppa Pig	Oct 10	10-11am	M	\$19
RP3212.112	Paw Patrol	Oct 17	10-11am	M	\$19
RP3212.113	Dora's Halloween	Oct 24	10-11am	M	\$19
RP3212.114	NEW! Finding Dory	Nov 14	10-11am	M	\$19
RP3212.115	Mickey Mouse Club House	Nov 28	10-11am	M	\$19
RP3212.116	Sesame Street Adventures	Dec 5	10-11am	M	\$19

## Cooking

More cooking classes for 4 yrs + Page 39

## C is for Cooking! (Parent/Child) flickr

Let's get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Birds Yogurt Parfait, Rositas Pizza Bagels and Oscars Quick Dip in the Mud. Info: Cindy Ochs, 410-313-4681.

2 yrs Classes: 6

RP3209.101	Dayton Oaks ES	Oct 5	9:45-10:45am	W	\$99
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## Eating the Alphabet

A is for apples! B is for beets! C is for carrots. Eating the alphabet is loads of fun one letter at a time! Inspired by the entertaining story Eating the Alphabet by Louis Ehlert children learn the alphabet and also enjoy a corresponding snack for each letter. Boys & girls become excited about eating healthy snacks. In addition, they develop early literacy skills, including letter recognition, letter-sound relationships, listening and reading comprehension, and other important early literacy skills. (No class 10/31, 11/7, 11/21.) Info: Cindy Ochs, 410-313-4681.

3-5 yrs Classes: 6

RP3203.101	Bonnie Branch MS	Oct 7	10am-noon	F	\$99
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Join your preschooler as they become a budding artist!

## Crafts & Fine Arts

### Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others, and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories, and sing songs! Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681.

20-36 mos Classes: 6

RP0133.101 Roger Carter Comm Ctr Oct 8 9:30-10:15am Sa \$89

### Petite Picassos (Parent/Child)

Experience art with your toddler by creating modern masterpieces while discovering colors, textures and shapes. Fee includes participation of a parent or favorite adult and one child. Info: Cindy Ochs, 410-313-4681.

2-3 yrs Classes: 6

RP3215.101 Rockburn ES Oct 7 10-10:45am F \$89

### Abrakadoodle Art Mini Doodlers

Get creative! Learn and imitate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681.

3½-5 yrs Classes: 6

RP0134.101 Roger Carter Comm Ctr Oct 8 10:30-11:15am Sa \$89

### Cookies & Canvas (Parent/Child)

Unleash your inner Picasso. You and your child receive step-by-step instructions. No experience necessary. Fee includes supplies, paint, canvas, brushes, aprons, and easels. Cookies are provided; please bring your drink. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4 yrs +

RP3300.101	Roger Carter Comm Ctr	Oct 16	9:30-11:30am	Su	\$39
RP3300.102	Roger Carter Comm Ctr	Nov 13	9:30-11:30am	Su	\$39
RP3300.103	Roger Carter Comm Ctr	Dec 11	9:30-11:30am	Su	\$39

## Dance

### Mommy & Me Movement (Parent/Child)

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-3 yrs Classes: 8

RP1005.101	Misako Ballet Studio	Sep 13	10-10:45am	Tu	\$85
RP1005.111	Misako Beats	Sep 16	10:45-11:30am	F	\$85
RP1005.112	Misako Beats	Sep 15	10:15-11am	Th	\$85

### Parent/Child Movement & Song by Kinetics Dance Theatre

Encourage your child's imagination as you explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. (No class 9/24, 11/26.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

2-3 yrs Kinetics Dance Theatre

RP1007.101	Classes: 11	Sep 20	9:45-10:30am	Tu	\$85
RP1007.102	Classes: 10	Sep 17	10:15-11am	Sa	\$75

### Ballerina Basics by Kinetics Dance Theatre

Do you dream of being a ballerina? Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. (No class 11/23, 11/25, 11/27.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 11

RP1011.101	Kinetics Dance Theatre	Sep 21	9-10am	W	\$109
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3-6 yrs Classes: 10

RP1011.102	Kinetics Dance Theatre	Sep 23	10-11am	F	\$99
RP1011.103	Kinetics Dance Theatre	Sep 25	1-2pm	Su	\$99

### Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, dancers are introduced to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required. (No class 11/26.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1025.101	Dance Connections, Inc.	Sep 12	10:45-11:30am	M	\$149
RP1025.102	Dance Connections, Inc.	Sep 17	1:15-2pm	Sa	\$149
RP1025.103	Dance Connections, Inc.	Sep 17	2:15-3pm	Sa	\$149

### Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and a lot of fun! Dancers enjoy loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children under the age of 8 must have a parent/guardian on the premises while their child is in class. Leotard and bare feet recommended. (No class 9/24, 11/26.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 11

RP1010.101	Kinetics Dance Theatre	Sep 19	9-10am	M	\$109
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3-6 yrs Classes: 10

RP1010.102	Kinetics Dance Theatre	Sep 17	9:30-10:15am	Sa	\$75
RP1010.103	Kinetics Dance Theatre	Sep 24	11:45am-12:30pm	Sa	\$75
RP1010.104	Kinetics Dance Theatre	Sep 24	1-1:45pm	Sa	\$75



## Creative Movement After School by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Enjoy a showcase at the end of the session for family and friends (additional costume fee applies). Teacher: Amy Spears. (No class 11/25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1019.101 Veterans ES Sep 23 4:10-4:55pm F \$105

## Frozen Ballet & Tap by Dance Connections, Inc.

Let it Go! Enjoy learning ballet and tap with the themes and music from everyone's favorite movie, *Frozen*. Foundations of ballet and tap are covered while using fine and gross loco motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. (No class 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1014.101 Dance Connections, Inc. Sep 14 2-2:45pm W \$149

RP1014.102 Dance Connections, Inc. Sep 15 2-2:45pm Th \$149

## Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip toe around the beasts castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1046.101 Dance Connections, Inc. Sep 12 10-10:45am M \$149

RP1046.102 Dance Connections, Inc. Sep 15 1:15-2pm Th \$149

## Tinker Bell's Ballet by Dance Connections, Inc. flickr

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1017.101 Dance Connections, Inc. Sep 14 1:15-2pm W \$149

## Dance, Baila! By Misako Ballet Studio

In Spanish, *baila* means to dance or move rhythmically. Let your child be introduced to the Spanish language through dance! Taught by a native Spanish speaker, students learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish (ex. greetings, animals and body parts). Dancers should wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3½-5 yrs Classes: 8

RP1016.101 Misako Ballet Studio Sep 13 10:45-11:15am Tu \$85



Your little one dances and flies like a fairy at Tinker Bell's Ballet!

## Fitness

### Funfit® Tots (Parent/Child)

This fun-filled adult/child, high-energy class includes songs, stories, parachutes, games, balls, music, and more! This is the perfect combo for the child who likes music and loves to move! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? Child must be walking. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

11-20 mos Classes: 11

RP3210.101 N Laurel Comm Ctr Sep 22 10:15-11am Th \$109

RP3210.103 Roger Carter Comm Ctr Sep 20 9:30-10:15am Tu \$109

20-35 mos Classes: 11

RP3210.102 N Laurel Comm Ctr Sep 22 11:05-11:50am Th \$109

RP3210.104 Roger Carter Comm Ctr Sep 20 10:15-11am Tu \$109

## Language

### Oh La La French Mommy & Me & Daddy Too!

Speak French with your little one in a class developed by a professional Early Childhood educator. Learn the French words for different colors, animals, action words, and more! Using a multi-sensory approach, enjoy creative arts, language arts, singing, games and dancing. Literacy is increased through reading books, singing songs and playing games in French. Each week has new topics while reviewing what was taught previous weeks. Bring a blanket. Fee includes one child and one parent/caregiver. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-5 yrs Classes: 6

RP3310.101 Pointers Run ES Sep 24 9:30-10:30am Sa \$85



Get fit with your baby with music and games at Funfit Tots!



Become a chess strategy master at Chess Club After School!

## Music & Theater Arts

### Music

#### Music Together - Infant (Parent/Child)

Classes begin the week of August 30. (Full listing online.) With a little practice, everyone can sing a tune and keep a beat! Music Together® is the first step in your child's music literacy. Children and the adults who love them, come have fun singing, dancing & playing with various rhythm instruments as part of a nurturing musical community while experiencing world cultures through music immersion. \$42 material fee (per family) due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10 Dates & Times: <https://apm.activecommunities.com/howardcounty/>

RP0120.101 Infant-8 mos Olenka School of Music Columbia \$159

RP0121.101 4 mos-5 yrs Olenka School of Music Columbia \$159

#### Preschool Genius at OSM

Classes begin the week of August 30. (Full listing online.) Get a head start for your little genius with OSM's unique Kindergartens Prep. Learn knowledge that music and language competency, and motor skills develop hand-in-hand, this class focuses on a balanced combination of (1) reading readiness, (2) writing preparedness, (3) developing fine motor development, (4) growing rhythm skills, (5) improving gross motor movement, (6) dancing, and (7) introducing reading-readiness through the ABCs of language & music! Parent participation required. \$30 materials fee due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10 Dates & Times: <https://apm.activecommunities.com/howardcounty/>

RP0129.101 3-5 yrs Olenka School of Music Columbia \$199

### Theater

#### Broadway Babies: The Sun'll Come Out Tomorrow by Drama Learning Center

The Sun'll Come Out Tomorrow! Our future stars shine as bright as the sun in this session! Students work on singing, dancing, and acting as they work as part of a theatrical team. Class session culminates in a final performance for family and friends featuring props created by the students during craft time. Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

3-5 yrs Classes: 6

RP0103.101 Drama Learning Ctr Oct 1 9:15-10:15am Sa \$95

## Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

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## Chess

#### Chess Club Before & After School with Silver Knights Chess flickr

Learn how to play chess from highly-rated, professional, chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all ES grades and experience levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. (No class 10/12, 10/31, 11/7-8, 11/23-25, 12/26-30. No after-school classes 11/21-22.) Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

Before School Grades K-5 Classes: 12

RP3323.101	Atholton ES	Oct 5	8am-9am	W	\$175
RP3323.102	Bellows Spring ES	Oct 4	8:10-9:10am	Tu	\$175
RP3323.103	Fulton ES	Oct 7	8:10-9:10am	F	\$175
RP3323.104	Ilchester ES	Oct 10	8:10-9:10am	M	\$175
RP3323.105	Pointers Run ES	Oct 6	8:10-9:10am	Th	\$175

After School Grades K-5 Classes: 12

RP3322.101	Centennial Lane ES	Oct 5	3:30-4:30pm	W	\$175
RP3322.102	Dayton Oaks ES	Oct 10	3:35-4:35pm	M	\$175
RP3322.103	Gorman Crossing ES	Oct 5	4-5pm	W	\$175
RP3322.104	Hammond ES	Oct 6	3:35-4:35pm	Th	\$175
RP3322.105	Manor Woods ES	Oct 6	3:20-4:20pm	Th	\$175
RP3322.106	Northfield ES	Oct 7	3:30-4:30pm	F	\$175
RP3322.107	Rockburn ES	Oct 4	3:25-4:25pm	Tu	\$175
RP3322.108	St. John's Lane ES	Oct 4	3:20-4:20pm	Tu	\$175
RP3322.109	Waverly ES	Oct 5	3:50-4:50pm	W	\$175



## Chess Winter Break Camp with Silver Knights Chess

Play and learn chess from the highly rated professional chess instructors. Campers, you are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students' games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-8 Classes: 4

RP1815.201	Roger Carter Comm Ctr	Dec 27	9am-4pm	Tu-F	\$279
RP1815.211	Roger Carter Comm Ctr	Dec 27	9am-noon	Tu-F	\$169
RP1815.221	Roger Carter Comm Ctr	Dec 27	1-4pm	Tu-F	\$169

## Cooking

### Cooking with Chef Nikki After School

This mobile-cooking program is offered through Chef Nikki McGowan (owner of the food truck Madame BBQ). Classes are taught by McGowan and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! \$40 materials fee due at first class, payable to Madame BBQ. **Session One Theme:** Pasta! Come make pasta from scratch! Create ravioli, chocolate fettuccine, and a variety of different sauces. Craft homemade, pesto pasta! **Session Two Theme:** Candies & Sweets! Cake pops, fudge, and caramel popcorn to name a few. Boxes provided for gifting if not all is eaten. (No class 10/3, 10/12, 11/21-25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 4

#### Session 1

RP3302.101	Dayton Oaks ES	Sep 21	3:35-5:05pm	W	\$80
RP3302.102	Fulton ES	Sep 22	4-5:30pm	Th	\$80
RP3302.103	Hammond ES	Sep 23	3:35-5:05pm	F	\$80

@Hammond MS

RP3302.104	Ilchester ES	Sep 20	4:10-5:40pm	Tu	\$80
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@Bonnie Branch MS

RP3302.105	Triadelphia Ridge ES	Sep 19	3:30-5pm	M	\$80
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#### Session 2

RP3302.111	Bushy Park ES	Nov 15	4-5:30pm	Tu	\$80
RP3302.112	Forest Ridge ES	Nov 14	3:45-5:15pm	M	\$80
RP3302.113	Fulton ES	Nov 10	4-5:30pm	Th	\$80
RP3302.114	Hammond ES	Nov 11	3:35-5:05pm	F	\$80

@Hammond MS

RP3302.115	Northfield ES	Nov 9	3:30-5pm	W	\$80
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@Dunloggin MS

### Wee Chefs Mini-Session flickr

Join us for hands-on cooking! Make fun and delicious food that is sure to please the taste buds. Our classes teach little chefs how to make various appetizers and desserts. Learn different cooking techniques that allow you to help at home. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-7 yrs Classes: 2

RP3225.101	Ellicott Mills MS	Sep 21	6-7:30pm	W	\$35
RP3225.102	N Laurel Comm Ctr	Oct 19	6-7:30pm	W	\$35
RP3225.103	Ellicott Mills MS	Dec 7	6-7:30pm	W	\$35

## What's Cooking?

Make delicious treats to share with friends and family! Handmade recipes, story sharing and music add to the fun. The theme for **section 101 is Fun & Frightful Halloween!** Come in costume and make eyeball juice, witches stew and Oreo spiders. The theme for **section 102 is Holiday Elves Travel the World!** Make melting snowball biscuits, snowman pizzas and Grinch punch. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-7 yrs Ellicott Mills MS

RP3227.101	Fun & Frightful Halloween	Oct 7	6-8pm	F	\$29
RP3227.102	Holiday Elves Travel the World	Dec 2	6-8pm	F	\$29

## Kids Cupcake Decorating with Alex Kassir

Learn how to decorate Halloween-themed cupcakes in this crafty class! Amplify your imagination and creativity while designing and decorating an apron. Enjoy mixing color into frosting to decorate cupcakes and playing games to get to know each other! \$8 materials fee due at first class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP3308.101	5-8 yrs	Ellicott Mills MS	Oct 22	9:30-11am	Sa	\$25
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## Crafts & Fine Arts

### KidzArt After School flickr

Enjoy a fun, unique, confidence-building, art experience. Our drawing-based curriculum delivers highly engaging and educationally rich creative lessons that amaze and delight. Explore artist-grade mediums such as Prisma-color ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Specialty Papers, and much more. Create a new masterpiece each week with curriculum that never repeat! **Materials included in registration fee.**

Please bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Please bring a note child each day you participate in KidzArt After School. (No class 10/3, 10/12, 10/31, 11/7, 11/8, 11/21-11/25, 12/26-12/30, 1/16.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 7

RP0113.101	Bellows Spring ES	Sep 13	4-5pm	Tu	\$126
RP0113.103	Elkridge ES	Sep 19	4-5pm	M	\$126
RP0113.133	Elkridge ES	Dec 5	4-5pm	M	\$126
RP0113.104	Fulton ES	Sep 13	4-5pm	Tu	\$126
RP0113.105	Gorman Crossing ES	Sep 13	4-5pm	Tu	\$126
RP0113.113	Hammond ES	Sep 13	3:35-4:35pm	Tu	\$126
RP0113.110	St. John's Lane ES	Sep 19	3:20-4:20pm	M	\$126
RP0113.140	St. John's Lane ES	Dec 5	3:20-4:20pm	M	\$126
RP0113.111	Thunder Hill ES	Sep 19	4-5pm	M	\$126
RP0113.141	Thunder Hill ES	Dec 5	4-5pm	M	\$126

Grades K-5 Classes: 8

RP0113.102	Centennial Lane ES	Sep 15	3:35-4:35pm	Th	\$144
RP0113.106	Ilchester ES	Sep 14	4:10-5:10pm	W	\$144
RP0113.107	Manor Woods ES	Sep 15	3:35-4:35pm	Th	\$144
RP0113.108	Northfield ES	Sep 14	3:30-4:30pm	W	\$144
RP0113.109	Pointers Run ES	Sep 14	4-5pm	W	\$144
RP0113.112	Triadelphia Ridge ES	Sep 15	3:30-4:30pm	Th	\$144

Grades K-5 Classes: 9

RP0113.131	Bellows Spring ES	Nov 1	4-5pm	Tu	\$162
RP0113.132	Centennial Lane ES	Nov 10	3:35-4:35pm	Th	\$162
RP0113.134	Fulton ES	Nov 1	4-5pm	Tu	\$162
RP0113.135	Gorman Crossing ES	Nov 1	4-5pm	Tu	\$162
RP0113.143	Hammond ES	Nov 1	3:35-4:35pm	Tu	\$162
RP0113.136	Ilchester ES	Nov 16	4:10-5:10pm	W	\$162
RP0113.137	Manor Woods ES	Nov 10	3:35-4:35pm	Th	\$162
RP0113.138	Northfield ES	Nov 16	3:30-4:30pm	W	\$162
RP0113.139	Pointers Run ES	Nov 16	4-5pm	W	\$162
RP0113.142	Triadelphia Ridge ES	Nov 10	3:30-4:30pm	Th	\$162



*Explore your senses through dance at Movement for Boys!*

## NEW! Zentangle, Basic & Beyond

The Zentangle Method is an easy-to-learn, fun, and relaxing way to create beautiful images by drawing structured, repetitive patterns called "Tangles." It requires no recognized artistic ability and allows you to discover your individual, unique inner artist! By drawing seemingly complex patterns consisting of simple elemental strokes, learn that "anything is possible, one stroke at a time!" \$10 materials fee due at first class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 4 Teacher: Mary-Anne Mulcahy, CZT

RP0136.101 Roger Carter Comm Ctr Sep 20 6-7:30pm Tu \$60

## NEW! Draw, Paint, Create!

### Beginning Watercolor After School

Taught by an accomplished watercolor artist with a B.F.A. in Sculpture and an M.A. in Art History, this signature member of the Baltimore Watercolor Society teaches all levels with an emphasis on self-expression, creativity, and new skills in a fun way. Strengthen your drawing and composition skills while learning a variety of watercolor techniques including graded washes, color blending, creating texture, and painting wet on wet. Subject matter ranges from still life, landscape, animals, and works by famous artists. \$18 materials fee due at first class. Please send a note with your child each day they participate. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 1-5 Classes: 6 Teacher: Nina Lagervall

RP0135.101 St Johns Lane ES Sep 27 3:20-4:20pm Tu \$90

## Workshop with KidzArt! Fall Fun for Everyone

School is out, but the fun continues with KidzArt Painting Workshop! Come engage your imagination in a whole new way! Our guided painting project allows you to learn acrylic painting techniques while confidently creating your masterpieces on canvas. Included in this two-hour session is a cool bonus project too! **Materials included in registration fee.** Please bring an apron, smock or wear old clothes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5 yrs +

RP0113.191	N Laurel Comm Ctr	Oct 3	10am-noon	M	\$35
RP0113.192	Roger Carter Comm Ctr	Oct 12	10am-noon	W	\$35
RP0113.193	N Laurel Comm Ctr	Oct 31	10am-noon	M	\$35

## NEW! Cyanotype Printmaking (Parent/Child)

Channel your inner artist (and chemist) and join us at the Patapsco Female Institute Historic Park to explore this nineteenth century art form and make your own cyanotype print. Experiment with one of the oldest, simplest and most fun methods of photographic processing. Cyanotype uses two, safe, light-sensitive chemicals that create a distinctive blue color when exposed to sunlight. The process was used into the 20<sup>th</sup> century to create low-cost reproductions of engineering plans. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

6 yrs +

RP9977.101 Patapsco Female Institute Sep 4 1-2:30pm Su \$15

## Dance

### Fairy Dance & Storytelling by Kinetics Dance Theatre

This special introduction to dance lets your imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Dancers should wear leotard and bare feet. Teacher: Alexandra Krebs. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 11

RP1006.101 Kinetics Dance Theatre Sep 20 9-9:45am Tu \$85

### Movement for Boys

#### by Kinetics Dance Theatre flickr

Boys, this creative, dance class is designed to introduce you to movement and dance in a fun and structured environment. Class incorporates many of the components of dance, including space, rhythm, body awareness, and more! All children must have a parent/guardian on the premises while in class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-6 yrs Classes: 11

RP1013.101 Kinetics Dance Theatre Sep 20 4:45-5:30pm Tu \$85

### Rhythm & Moves for Boys by Kinetics Dance Theatre

Groove to the music and learn about rhythm! Discover tempo, patterns and syncopation through tap and jazz movements. This is a beginner-level class, no experience required. Wear comfortable clothing for ease of movement. Tap and jazz shoes recommended. Teacher: Lauren Snyder. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-7 yrs Classes: 11

RP1012.101 Kinetics Dance Theatre Sep 21 10-11am W \$109

## NEW! All That Jazz & Tap

### by Kinetics Dance Theatre

Discover tempo, balance, strength, and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm. This is a beginner-level class meant to balance fun while learning. This is a co-ed class with no experience required. Wear comfortable clothing; tap and jazz shoes required. (No class 11/27.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-7 yrs Classes: 10

RP1026.101 Kinetics Dance Theatre Sep 25 1-2pm Su \$99



## Beginning Princess Ballet: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. This fun class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in loco motion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

5-6 yrs Classes: 8

RP1001.101	Misako Ballet Studio	Sep 16	4:45-5:30pm	F	\$85
RP1001.111	Misako Beats	Sep 15	5:15-6pm	Th	\$85

## Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class introduces basic barre exercises; leg, feet and arm positions; and first forms of classic, center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls, wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys, wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. Teacher: Catherine Phillips Rach. (No class 10/12, 11/23.) Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

6-11 yrs Classes: 12

RP1018.101	Veterans ES	Sep 14	4:10-5:40pm	W	\$159
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## Back Beats with Nysia Carter **flickr**

This fast-paced, high-energy hip-hop class emphasizes body isolations, intricate rhythms and individual expression. Dancers learn basic hip-hop, popping and break dancing techniques to develop his/her own unique style. Wear comfortable clothes. Sneakers required. Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

7-10 yrs Classes: 8

RP1020.101	Roger Carter Comm Ctr	Oct 1	3:30-4:30pm	Sa	\$89
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## Home School

### Home School History Days

Immerse yourself in the history of Howard County! Through three sessions, cover historical research methods, architectural surveying, and hands-on archaeology. Learn what it was like to be a student at the Patapsco Female Institute. Discover how archaeologists unearth artifacts. Enjoy special access to these historic sites; meet with archaeologists and preservationists, and practice your historical sleuthing skills. Info: Jaimie Wilder, 410-313-0419 or [jwilder@howardcountymd.gov](mailto:jwilder@howardcountymd.gov).

9-12 yrs

RP9976.101	Patapsco Female Institute	Sep 8	9am-noon	Th	\$20
RP9976.102	Pfeiffers Corner School House	Oct 6	9am-noon	Th	\$20
RP9976.103	Waverly Mansion	Nov 3	9am-noon	Th	\$20
RP9976.104	All three sessions	Sep 8	9am-noon	Th	\$50

### Pre-Home School Classes *Page 25*

### Home School Classes *Page 25*

### Home School Parent-Guided Workshop

*Page 25*

To register, visit  
[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)  
or call 410-313-7275.

## Language

• Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

### Beginning Chinese with Wei Guo (Parent/Child)

Learn Chinese together! Spark an interest in learning the Chinese language while enjoying Chinese culture. Basic language is used, including greetings, conversation, written language, numbers, colors, animals, food, and family members. Have fun while learning a new and exciting language! Fee includes one child and one parent/caregiver. Dialect: Mandarin.

5-10 yrs Classes: 6

RP3313.101	Roger Carter Comm Ctr	Oct 1	2-3:30pm	Sa	\$59
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### Oh La La French with Madame Nona

Learn the basics of the French language and the wonders of French culture! Learn everyday conversational words, the weather, colors, shapes and much more using a multi-sensory approach involving creative arts, language arts, singing, games, and dancing. Emphasis is placed on listening, comprehension and speaking in a relaxed and fun environment. Literacy is increased by reading books, singing songs and playing familiar games in French. Each week we learn new topics but repetition is the key, so we review what we've learned and build from there. Bring a notebook, glue stick and crayons.

Grades K-5 Classes: 6

RP3310.111	Pointers Run ES	Sep 24	10:45-11:45am	Sa	\$85
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### Spanish After School

Learn a new language; explore a new culture and traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities. Classes are taught by native speakers who are not only experienced teachers, but also engaging, fun and motivating. (No class 10/3, 10/12, 10/31, 11/7, 11/8, 11/21-11/25.)

Grades K-5 Classes: 6

RP3301.102	Deep Run ES	Sep 16	4-5pm	F	\$105
RP3301.104	Hammond ES	Sep 15	3:35-4:35pm	Th	\$105
RP3301.106	Lisbon ES	Sep 14	3:15-4:15pm	W	\$105
RP3301.112	Deep Run ES	Oct 28	4-5pm	F	\$105
RP3301.113	Gorman Crossing ES	Nov 2	4-5pm	W	\$105
RP3301.103	Gorman Crossing ES	Sep 14	4-5pm	W	\$105
RP3301.114	Hammond ES	Oct 27	3:35-4:35pm	Th	\$105
RP3301.116	Lisbon ES	Nov 2	3:15-4:15pm	W	\$105

Grades K-5 Classes: 8

RP3301.101	Dayton Oaks ES	Sep 30	3:35-4:35pm	F	\$135
RP3301.107	Northfield ES	Sep 27	3:30-4:30pm	Tu	\$135
RP3301.105	Ilchester ES	Sep 26	4-5pm	M	\$135

### Passport to China After School **flickr**

This popular, after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy an intro to the geography, history, culture, and language of China. Classes also cover basic conversational language, abacus math skills, as well as native music and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and the art of calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs (No class 10/3, 10/12, 10/31, 11/7, 11/8, 11/21-11/25.)

Grades 1-5 Classes: 8

RP3314.105	Veterans ES	Sep 19	4:05-5:35pm	M	\$139
RP3314.102	Pointers Run ES	Sep 22	4-5:30pm	Th	\$139
RP3314.103	St. John's Lane ES	Sep 21	3:20-4:50pm	W	\$139
RP3314.104	Thunder Hill ES	Sep 20	4-5:30pm	Tu	\$139
RP3314.101	Fulton ES	Sep 19	4-5:30pm	M	\$139

# Music & Theater Arts

## Music

### Music ABCs & Keyboarding at Olenka School of Music

Classes begin the week of August 29. (Full listing online.) Begin a foundation for musical learning through this energetic, parent/child class designed as an inspiring introduction to the ABCs of music. Each age-appropriate class features Do-Re-Mi singing and ear training exercises that lead to inner hearing as well as neuromuscular feeling for music. Enjoy dancing, singing, playing keyboards and rhythm instruments, and stimulating music games designed to teach the fundamentals. This class is intended for beginners. No previous experience necessary. \$55 materials fee (per student) at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10   Dates & Times: <https://apm.activecommunities.com/howardcounty/>  
RP0128.101   2-5 yrs   Olenka School of Music Columbia   \$205

### Kidz Sing at Olenka School of Music

Classes begin the week of August 29. (Full listing online.) Does your little singing star love to belt out tunes around the house? This is the perfect class to learn to sing a variety of traditional and contemporary songs. Explore basic music reading skills, train little ears, learn to sing on pitch, and develop expressive techniques and beginning harmony through a variety of songs, games and movement. Students showcase their skills at a performance on the final week of class. \$30 materials fee per family due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10   Dates & Times: <https://apm.activecommunities.com/howardcounty/>  
RP0124.101   4-6 yrs   Olenka School of Music Columbia   \$169

### Music Exploration & Keyboarding

Classes begin the week of August 29. (Full listing online.) Begin a strong foundation for musical learning with this energetic, parent/child class though rich exploration into the essentials of music theory and performance. This age-appropriate class features Solfege (Do-Re-Mi singing) and ear training exercises that improve neuromuscular feeling for music. Enjoy learning to read and write music, exploring rhythm instruments, and gaining keyboard geography and keyboarding technique. Classes focus on the fundamentals of the universal language of music. (Designed for beginner; no previous experience necessary.) \$60 materials fee per student due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Dates & Times: <https://apm.activecommunities.com/howardcounty/>  
RP0127.101   4-6 yrs   Olenka School of Music Columbia   \$298  
RP0127.102   6-8 yrs   Olenka School of Music Columbia   \$298

### NEW! Learn Now Music After School

Learn Now Music's mission is "to create a positive, musical experience for all of our students!" Budding musicians, participate in musical instruction and theory. Enjoy musical games, special extension curriculum based activities, musical listening excerpts, and more! For free, you are able to borrow a rental instrument and materials throughout each session. A rental agreement must be signed at the first class. (No class 10/31, 11/7, 11/8, 11/21-11/25.) Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

5-10 yrs   Classes: 6

Piano

RP3361.101	Thunder Hill ES	Oct 19	4-5pm	W	\$135
RP3361.102	Centennial Lane ES	Oct 21	3:35-4:35pm	F	\$135
RP3361.103	Pointers Run ES	Oct 20	4-5pm	Th	\$135
RP3361.104	Rockburn ES	Oct 17	3:30-4:30pm	M	\$135
RP3361.105	Waverly ES	Oct 18	3:50-4:50pm	Tu	\$135



Guitar Studio teaches the basics through finger exercises and play.

#### Drums

RP3361.131	Clarksville ES	Oct 18	4-5pm	Tu	\$135
RP3361.132	Ducketts Lane ES	Oct 19	3:20-4:20pm	W	\$135
RP3361.133	Bellows Spring ES	Oct 19	4-5pm	W	\$135
RP3361.134	Northfield ES	Oct 21	3:30-4:30pm	F	\$135
RP3361.135	Veterans ES	Oct 20	4:10-5:10pm	Th	\$135

#### Guitar

RP3361.111	Thunder Hill ES	Oct 19	4-5pm	W	\$135
RP3361.112	Centennial Lane ES	Oct 21	3:35-4:35pm	F	\$135
RP3361.113	Pointers Run ES	Oct 20	4-5pm	Th	\$135
RP3361.114	Rockburn ES	Oct 17	3:30-4:30pm	M	\$135
RP3361.115	Waverly ES	Oct 18	3:50-4:50pm	Tu	\$135

#### Violin

RP3361.121	Clarksville ES	Oct 18	4-5pm	Tu	\$135
RP3361.122	Ducketts Lane ES	Oct 19	3:20-4:20pm	W	\$135
RP3361.123	Bellows Spring ES	Oct 19	4-5pm	W	\$135
RP3361.124	Northfield ES	Oct 21	3:30-4:30pm	F	\$135
RP3361.125	Veterans ES	Oct 20	4:10-5:10pm	Th	\$135

### Guitar Studio flickr

Classes begin the week of August 30. (Full listing online.) Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Prior music knowledge is not necessary. You must bring your own guitar. Showcase your skills at a performance on the final week of class. \$30 materials fee per student due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10   Dates & Times: <https://apm.activecommunities.com/howardcounty/>  
RP0125.101   6-10 yrs   Olenka School of Music Columbia   \$205

### Vocal Stars

Classes begin the week of August 29. (Full listing online.) Aspiring vocal stars, come improve your singing, including being on pitch. Vocalists, learn Solfege (do-re-mi), sight reading, vocal exercises, warm-ups, note value, and practice ear training and harmonizing as part of an ensemble. Showcase your skills at a performance on the final week of class. \$30 materials fee per family due at first class. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Classes: 10   Dates & Times: <https://apm.activecommunities.com/howardcounty/>  
RP0126.101   6-10 yrs   Olenka School of Music Columbia   \$205



## Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. You should have access to a keyboard to practice on outside of class. Fee includes music book. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

7-11 yrs Classes: 8

RP0182.101 River Hill HS Sep 24 10-11am Sa \$115

## Let There Be Rock! Winter Break Camp

Be a rock star for a week! Learn vocals, guitar, bass and keyboards from real rock musicians. Morning clinics in musicianship, equipment knowledge, marketing and promotion are followed by afternoon lessons and rehearsals. Camp culminates with a live performance on Friday for parents and friends. Guitar and bass students should have electric instruments. Keyboards and drums provided. Drummers, bring drum sticks and practice pad. Supplies and learning books provided. Bring a nut-free lunch and beverage. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

RP1660.201 6-18 yrs The Rock Shop Dec 26 9am-4pm M-F \$299

## Rock School

Are you ready to rock? Beginners and up, learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available for use during class. Class runs concurrently with teen class. Schedule subject to change, visit [www.therockshopmd.com](http://www.therockshopmd.com). (No class 11/26.) Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

7-10 yrs Classes: 5 The Rock Shop

RP1037.101	Drums	Oct 7	6:30-7:30pm	F	\$139
RP1037.102	Guitar/Bass	Oct 7	6:30-7:30pm	F	\$139
RP1037.103	Vocals/Keyboards	Oct 7	6:30-7:30pm	F	\$139
RP1037.111	Drums	Nov 5	12:30-1:30pm	Sa	\$139
RP1037.112	Guitar/Bass	Nov 5	12:30-1:30pm	Sa	\$139
RP1037.113	Vocals/Keyboards	Nov 5	12:30-1:30pm	Sa	\$139

## Theater

### Beginning Acting: *Sandy in the Big Apple* by Drama Learning Center

We all know the story of *Annie*, but did you ever wonder about what her dog Sandy thought of her adventures? Get the story from a new perspective as you sing, dance and act, and work together towards a final performance for family and friends. Program meets weekly for 6 classes, has two evening dress rehearsals and two weekend final performances. Complete schedule of dress rehearsals and performances:

[www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama). (No class 11/4, 11/10.) Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades K-2 Classes: 10

RP1038.101	Drama Learning Ctr	Sep 29	5-7pm	Th	\$240
RP1038.102	Drama Learning Ctr	Sep 23	5-7pm	F	\$240

### Musical Theatre: *Under the Sea Adventures* by Drama Learning Center

"Just look at the world around you, right here on the ocean floor. Such wonderful things surround you!" Join all your favorite sea-dwelling characters as you sing, dance and act, and work together with your classmates towards a final performance for family and friends. Program meets weekly for 8 classes, has 2 evening dress rehearsals and an evening final performance for family and friends. Visit [www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama) for complete schedule of dress rehearsals and performances. For Grades 3-5 production,



Youth (5-10 yrs)

*Dress up and act out your part on stage at a theater class!*

see On Stage: Disney's *The Little Mermaid* on page 44. (No class 10/12.)

Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades K-2 Classes: 11

RP1039.101	Fulton ES	Sep 21	4-6pm	W	\$195
RP1039.102	St. John's Lane ES	Sep 21	3:20-5:20pm	W	\$195

### Hogwarts Drama Showcase by Drama Learning Center

Have you ever wondered what class at Hogwarts is like? Well, you are about to find out! Create your own witch or wizard persona and explore the hallowed halls of Hogwarts through the eyes of Harry Potter and friends. Bring a pencil and binder to class. Please also bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Session culminates in a short showcase performance at the end of the last class, complete with magical flair! For complete schedule of dress rehearsals and performances: [www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama). (No class 11/8, 11/22.) Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades K-5 Classes: 7

RP1040.101	Clarksville ES	Sep 22	4-6pm	Th	\$99
RP1040.102	Deep Run ES	Oct 4	4-6pm	Tu	\$99
RP1040.103	Phelps Luck ES	Oct 4	3:30-5:30pm	Tu	\$99
RP1040.104	Triadelphia Ridge ES	Oct 6	3:30-5:30pm	Th	\$99

### School's Out Drama Workshops by Drama Learning Center

Why sit at home in front of the TV when you're off from school? Join us for a day of drama themed fun and arts & crafts. Additional sibling discounts apply to phone in registration only. Call Drama Learning Center (DLC), 410-997-9352 for before and after care. Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades K-5 \$75, 1st child; \$25 each additional sibling

RP0105.101	Summer Serenade	Sep 12	9am-4pm	M
RP0105.102	Adventures of Nemo & Dory	Oct 3	9am-4pm	M
RP0105.103	Ghostbusters	Oct 12	9am-4pm	W
RP0105.104	DLC Halloween Party	Oct 31	9am-4pm	M
RP0105.105	Fantastic Beasts...	Nov 7	9am-4pm	M
RP0105.106	...And Where to Find Them	Nov 8	9am-4pm	Tu
RP0105.107	A Charlie Brown Thanksgiving	Nov 23	9am-4pm	W



We're all in this together at Disney's High School Musical play!

## NEW! On Stage: Disney's *The Little Mermaid* by Drama Learning Center

"Look at this stuff, isn't it neat?" Learn acting, singing and dancing skills while rehearsing for the final performance. Program meets weekly for 10 classes, has 3 evening dress rehearsals and an evening final performance for family and friends. For complete schedule of dress rehearsals and performances: [www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama). For Fulton & St. John's Grades K-2 Production, see *Musical Theatre: Under the Sea Adventures* on page 43. (No class 10/12, 11/23.) Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades 1-5 Classes: 14

RP1045.101	Fulton ES	Sep 21	4-6pm	W	\$225
RP1045.102	Manor Woods ES	Sep 21	3:35-5:35pm	W	\$225
RP1045.103	St. John's Lane ES	Sep 21	3:20-5:20pm	W	\$225

## Disney's *High School Musical* by CCTA flickr

Howard County Recreation & Parks has teamed up with Columbia Center for Theatrical Arts to produce Disney's *High School Musical*! Join Troy and Gabriella as they aim to prove that you can be whatever you want to be. The duo aims to break down the social barriers through song and dance in the classroom, the gym and even the stage. This program immerses you in dancing, singing, acting, technical skills and a new theatrical vocabulary. It is guaranteed to be a memorable experience. At the final class, a 7pm performance for friends and family ends the season. Students, bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. (No class 10/12, 11/8, 11/22-25.) Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

6-11 yrs Classes: 11

RP1041.101	Elkridge ES	Sep 27	4-5:15pm	Tu	\$205
RP1041.102	Fulton ES	Sep 30	4-5:15pm	F	\$205
RP1041.103	Hammond ES	Sep 20	3:35-4:50pm	Tu	\$205
RP1041.104	Ilchester ES	Sep 23	4-5:15pm	F	\$205
RP1041.105	Northfield ES	Sep 29	3:30-4:45pm	Th	\$205
RP1041.106	Pointers Run ES	Sep 20	4-5:15pm	Tu	\$205
RP1041.107	Waverly ES	Sep 21	3:50-5:05pm	W	\$205

6-11 yrs Classes: 10

RP1041.108	Gorman Crossing ES @Murray Hill MS	Sep 19	4-5:15pm	M	\$189
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## NEW! Production Class: *Annie, Jr.!*

### by Drama Learning Center

DLC celebrates its 10-year "Annie-versary" under new ownership with the show that started it all back in 2006. Everyone's favorite fearless orphan gets an upgrade in this modernized staging of the classic story. Program meets weekly for 8 classes and concludes with one week of dress rehearsals from 5-8:30pm and two final performances. Note: Tuesday and Wednesday sections also have middle school registrants. (See Tweens & Teens on page 50 for 6<sup>th</sup>-8<sup>th</sup> grade fall musical class.) Complete schedule of dress rehearsals and performances: [www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama). Info: Melissa Calleri, 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

Grades 3-5 Classes: 15

RP1043.101	Drama Learning Ctr	Sep 7	5-7:30pm	W	\$345
RP1043.102	Drama Learning Ctr	Sep 13	5-7:30pm	Tu	\$345
RP1043.103	Drama Learning Ctr	Sep 16	5-7pm	F	\$345

## Personal Development

### How To Say It Best

Come have fun in this hands-on class designed to increase confidence when communicating. Learn by playing and working through a coloring/activity book. Have a great time while learning the importance of good manners. Handouts given for additional practice at home. **Day 1** - Learn how to make friends, give and receive compliments, avoid rude behaviors (like interrupting or whining) and have a conversation. **Day 2** - Practice using the "magic words" of please, thank you, you're welcome, I'm sorry, excuse me, and may I. Learn telephone manners, and about how body language is a part of communication. Learn the importance of sitting quietly when in an audience at a play or movie, and how to communicate well at school. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

4-7 yrs Classes: 2

RP3335.101	Roger Carter Comm Ctr	Oct 4	4:45-5:45pm	Tu	\$40
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### Communicate Like A Leader

Research shows that nice kids finish first! Through role-plays, activities, and handouts, learn how to feel more comfortable when meeting people for the first time. Feel confident when greeting people you have already met. While becoming a good conversationalist, learn how to give and receive compliments, and become a good listener. This two-day course also covers thank you notes and phone etiquette. This confidence-building program helps you feel more at ease at school, at play and in everywhere else you communicate with others. Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

8-11 yrs Classes: 2

RP3332.101	Roger Carter Comm Ctr	Oct 4	5:45-6:45pm	Tu	\$40
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### Kid Empowerment:

#### Smashing ANTs After School

Empowering children to successfully navigate life's inevitable challenges is our mission! Through a variety of engaging games, activities and motivational cartoon lessons, this fun and entertaining program helps you build and use your inner strength to create Positive Empowering Thoughts (PETs) that help "smash" Automatic Non-supportive Thoughts (ANTs). Valuable skills for a lifetime! New and continuing students welcome - different topics each session. \$40 materials fee due at first class. (No class 10/31, 11/7, 11/8, 11/21-11/25.) Classes now 1½ hours! Info: [www.SmashingANTs.com](http://www.SmashingANTs.com). Info: Scott Corning, 410-313-4622 or [scorning@howardcountymd.gov](mailto:scorning@howardcountymd.gov).

Grades 2-3 Classes: 6

RP3333.101	Bellows Spring ES	Oct 10	4:05-5:35pm	M	\$119
RP3333.102	Clemens Crossing ES	Oct 10	3:50-5:20pm	M	\$119
RP3333.103	Dayton Oaks ES	Oct 11	3:40-5:10pm	Tu	\$119



RP3333.104	Ducketts Lane ES	Oct 19	3:30-5pm	W	\$119
RP3333.105	Elkridge ES	Oct 13	4:05-5:35pm	Th	\$119
RP3333.106	Forest Ridge ES	Oct 11	3:55-5:25pm	Tu	\$119
RP3333.107	Gorman Crossing ES	Oct 14	4:05-5:35pm	F	\$119
RP3333.108	Hollifield Station ES	Oct 19	3:25-4:55pm	W	\$119
RP3333.109	Ilchester ES	Oct 19	4:05-5:35pm	W	\$119
RP3333.110	Manor Woods ES	Oct 19	3:25-4:55pm	W	\$119
RP3333.111	Pointers Run ES	Oct 14	4:05-5:35pm	F	\$119
RP3333.112	Rockburn ES	Oct 14	3:30-5pm	F	\$119
RP3333.113	St. John's Lane ES	Oct 13	3:25-4:55pm	Th	\$119
RP3333.114	Talbott Springs ES	Oct 14	3:20-4:50pm	F	\$119
RP3333.115	Veterans ES	Oct 13	4:05-5:35pm	Th	\$119
RP3333.116	Waterloo ES	Oct 11	4:05-5:35pm	Tu	\$119
RP3333.117	Waverly ES	Oct 10	3:55-5:25pm	M	\$119

## Science & Technology

### Bricks4Kidz LEGO® After School Exploring Everglades

Build an alligator with a mouth that opens and closes, an airboat to speed across the water, a bird with wings that flap...and imagine yourself on a journey through the Florida Everglades! This unique and fragile ecosystem is the only sub-tropical preserve in North America, and you learn what makes it such a special place, without all the mosquito bites! You even learn why mosquitos are actually VIP's (very important pests). Shrink yourself down to mini-figure size and climb aboard our LEGO® airboat tour through the Florida Everglades to learn about one of our country's largest national parks. Register for another session this Fall of Bricks4Kidz After School Life Science for a discounted price of \$185 for both classes. Bricks4Kidz is a STEM-based program using LEGO® bricks. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.bricks4kidz.com/ellcottcity-md](http://www.bricks4kidz.com/ellcottcity-md) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

#### Grades K-5 Classes: 5

RP3329.104	Guilford ES	Sep 19	4-5:15pm	M	\$99
RP3329.105	Hollifield Station ES	Nov 14	3:20-4:35pm	M	\$99

#### Grades K-5 Classes: 6

RP3329.101	Clemens Crossing ES	Sep 22	3:50-4:50pm	Th	\$99
RP3329.102	Deep Run ES	Sep 21	4-5pm	W	\$99
RP3329.103	Elkridge ES	Sep 20	4-5pm	Tu	\$99
RP3329.106	Jeffers Hill ES	Sep 21	3:35-4:35pm	W	\$99
RP3329.107	Rockburn ES	Nov 9	3:25-4:25pm	W	\$99
RP3329.108	St. John's Lane ES	Nov 1	3:20-4:20pm	Tu	\$99
RP3329.109	Swansfield ES	Nov 3	3:20-4:20pm	Th	\$99
RP3329.110	Thunder Hill ES	Sep 23	4-5pm	F	\$99
RP3329.111	Triadelphia Ridge ES	Nov 4	3:30-4:30pm	F	\$99
RP3329.112	Waterloo ES	Nov 4	4-5pm	F	\$99

### Bricks4Kidz LEGO® After School Laws of Motion

We doubt you'll "stay at rest" with these challenging projects designed to accelerate the learning with the force of fun! Test some of Newton's Laws Of Motion with models that illustrate the concepts of inertia, force, mass, acceleration and the observation that "every action has an equal and opposite reaction." Launch paper footballs at targets with the catapult model, give your mini-figures a ride on motorized see-saw and swing-carousel rides, and build a clock model. Bricks4Kidz is a STEM-based program using LEGO bricks. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.bricks4kidz.com/central-md](http://www.bricks4kidz.com/central-md) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

#### Grades K-5 Classes: 6

RP3379.101	Clarksville ES	Sep 26	4-5pm	M	\$99
RP3379.102	Dayton Oaks ES	Oct 6	3:35-4:35pm	Th	\$99
RP3379.103	Lisbon ES	Oct 4	3:15-4:15pm	Tu	\$99
RP3379.104	Pointers Run ES	Oct 5	4-5pm	W	\$99
RP3379.105	West Friendship ES	Oct 7	3:50-4:50pm	F	\$99

### Bricks4Kidz LEGO® After School Life Science

Explore the fascinating science of living things while building models of creatures from caterpillars to dinosaurs! Topics include: how the human body stays cool, the amazing life cycle of a butterfly, and the Venus Fly Trap- a plant that eats bugs! If you love creatures, this class is for you. Register for another session this fall of Bricks4Kidz LEGO® After School Exploring the Everglades for a discounted price of \$185 for both classes. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.bricks4kidz.com/ellcottcity-md](http://www.bricks4kidz.com/ellcottcity-md)

([www.bricks4kidz.com/central-md](http://www.bricks4kidz.com/central-md) for RP3379.111-114) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

#### Grades K-5 Classes: 5

RP3329.124	Guilford ES	Nov 14	4-5:15pm	M	\$99
RP3329.125	Hollifield Station ES	Sep 19	3:20-4:35pm	M	\$99

#### Grades K-5 Classes: 6

RP3379.111	Bollman Bridge ES	Sep 26	3:10-4:10pm	M	\$99
RP3379.112	Fulton ES	Oct 5	4-5pm	W	\$99
RP3379.113	Gorman Crossing ES	Oct 6	4-5pm	Th	\$99
RP3379.114	Hammond ES	Oct 7	3:35-4:35pm	F	\$99
RP3329.121	Clemens Crossing ES	Nov 3	3:50-4:50pm	Th	\$99
RP3329.122	Deep Run ES	Nov 9	4-5pm	W	\$99
RP3329.123	Elkridge ES	Nov 1	4-5pm	Tu	\$99
RP3329.126	Jeffers Hill ES	Nov 9	3:35-4:35pm	W	\$99
RP3329.127	Rockburn ES	Sep 21	3:25-4:25pm	W	\$99
RP3329.128	St. John's Lane ES	Sep 20	3:20-4:20pm	Tu	\$99
RP3329.129	Swansfield ES	Sep 22	3:20-4:20pm	Th	\$99
RP3329.130	Thunder Hill ES	Nov 4	4-5pm	F	\$99
RP3329.131	Triadelphia Ridge ES	Sep 23	3:30-4:30pm	F	\$99
RP3329.132	Waterloo ES	Sep 23	4-5pm	F	\$99

### Bricks4Kidz LEGO® After School Transportation Time

If you like planes, trains and automobiles, then this class is for you! Build motorized models of a dragster, a railroad crossing gate, an airplane and more! Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Take your mini-figure for a ride on these vehicles, and customize it to your own specifications! Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. Register for another session this Fall of Bricks4Kidz LEGO® After School Wheels in Motion for a total price of \$189 for both classes. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.bricks4kidz.com/ellcottcity-md](http://www.bricks4kidz.com/ellcottcity-md) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

#### Grades K-5 Classes: 5

RP3329.155	Manor Woods ES	Sep 19	3:20-4:35pm	M	\$99
RP3329.156	Northfield ES	Sep 19	3:30-4:45pm	M	\$99
RP3329.157	Running Brook ES	Nov 14	4-5:15pm	M	\$99

#### Grades K-5 Classes: 6

RP3329.151	Atholton ES	Sep 23	3:50-4:50pm	F	\$99
RP3329.152	Bellows Spring ES	Sep 22	4-5pm	Th	\$99
RP3329.153	Centennial Lane ES	Nov 9	3:30-4:30pm	W	\$99
RP3329.154	Ilchester ES	Nov 1	4-5pm	Tu	\$99



Work with friends to build and race the finished model at Bricks4Kidz LEGO® After School Wheels in Motion.

## NEW! Bricks4Kidz LEGO® After School Wheels In Motion

These wheels are ready to roll! Come use LEGO® bricks, axles, pulleys, gears, motors and more to build a variety of models on wheels. Models include fire engine, delivery truck, Rescue Robot and K-9-Bot. Do you have a need for speed? Race against your friends using remote controls while exploring concepts of speed and force. Bricks4Kidz is a STEM-based program using LEGO® bricks. Register for another session this Fall of Bricks4Kidz LEGO® After School Transportation Timeline for a discounted price of \$185 for both classes. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.brick4kidz.com/ellcottcity-md](http://www.brick4kidz.com/ellcottcity-md) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

### Grades K-5 Classes: 5

RP3329.165	Manor Woods ES	Nov 14	3:20-4:35pm	M	\$99
RP3329.166	Northfield ES	Nov 14	3:30-4:45pm	M	\$99
RP3329.167	Running Brook ES	Sep 19	4-5:15pm	M	\$99

### Grades K-5 Classes: 6

RP3329.161	Atholton ES	Nov 4	3:50-4:50pm	F	\$99
RP3329.162	Bellows Spring ES	Nov 3	4-5pm	Th	\$99
RP3329.163	Centennial Lane ES	Sep 21	3:30-4:30pm	W	\$99
RP3329.164	Ilchester ES	Sep 20	4-5pm	Tu	\$99

## Bricks4Kidz LEGO® School's Out Camps

School is out and we're open for play! Topics vary and include the popular LEGO themes of Minion Madness, Mining & Crafting, Super Heroes, Amusement Park and Brick Space Wars! Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

### 5-11 yrs Roger Carter Comm Ctr

RP3369.101	Mining & Crafting	Sep 12	8:30am-5pm	M	\$95
RP3369.111	Mining & Crafting	Sep 12	8:30am-12:30pm	M	\$49
RP3369.121	Mining & Crafting	Sep 12	1-5pm	M	\$49
RP3369.102	Minion Madness	Oct 3	8:30am-5pm	M	\$95
RP3369.112	Minion Madness	Oct 3	8:30am-12:30pm	M	\$49
RP3369.122	Minion Madness	Oct 3	1-5pm	M	\$49
RP3369.103	Super Heroes	Oct 12	8:30am-5pm	W	\$95
RP3369.113	Super Heroes	Oct 12	8:30am-12:30pm	W	\$49
RP3369.123	Super Heroes	Oct 12	1-5pm	W	\$49
RP3369.104	Brick-or-Treat Halloween	Oct 31	8:30am-5pm	M	\$95
RP3369.114	Brick-or-Treat Halloween	Oct 31	8:30am-12:30pm	M	\$49
RP3369.124	Brick-or-Treat Halloween	Oct 31	1-5pm	M	\$49
RP3369.105	Brick Space Wars	Nov 7	8:30am-5pm	M	\$95
RP3369.115	Brick Space Wars	Nov 7	8:30am-12:30pm	M	\$49
RP3369.125	Brick Space Wars	Nov 7	1-5pm	M	\$49

RP3369.106	Amusement Park	Nov 8	8:30am-5pm	Tu	\$95
RP3369.116	Amusement Park	Nov 8	8:30am-12:30pm	Tu	\$49
RP3369.126	Amusement Park	Nov 8	1-5pm	Tu	\$49
RP3369.107	Jurassic Bricks	Nov 23	8:30am-5pm	W	\$95
RP3369.117	Jurassic Bricks	Nov 23	8:30am-12:30pm	W	\$49
RP3369.127	Jurassic Bricks	Nov 23	1-5pm	W	\$49

## Bricks4Kidz LEGO® Winter Break Camp

School is out for winter break and we're open for play! Enjoy topics that include the popular LEGO themes of Mining & Crafting, Minion Madness, Clash of Bricks, Amusement Park and Jurassic Bricks!

Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

### 5-11 yrs Classes: 5

RP1715.201	Roger Carter Comm Ctr	Dec 26	8:30am-5pm	M-F	\$349
RP1715.211	Roger Carter Comm Ctr	Dec 26	8:30am-12:30pm	M-F	\$185
RP1715.212	Roger Carter Comm Ctr	Dec 26	1-5pm	M-F	\$185
RP1715.221	Mining & Crafting	Dec 26	8:30am-5pm	M	\$95
RP1715.222	Minion Madness	Dec 27	8:30am-5pm	Tu	\$95
RP1715.223	Brick Space Wars	Dec 28	8:30am-5pm	W	\$95
RP1715.224	Amusement Park	Dec 29	8:30am-5pm	Th	\$95
RP1715.225	Jurassic Bricks	Dec 30	8:30am-5pm	F	\$95

## Pre-Engineering with LEGO® After School with Play-Well Teknologies

Let your imagination run wild with more than 100,000 pieces of LEGO®! With the guidance of an experienced Play-Well instructor learn building techniques that help make ideas a reality. Instructors demonstrate new projects daily and provide inspiration for you to take your creations further. Each course is geared uniquely to the you, while including motorized, architectural and fanciful projects. (No class 10/3, 10/12, 10/31, 11/7-8.) Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

### Grades K-2 Classes: 8

RP3370.101	Atholton ES	Sep 21	3:50-5:20pm	W	\$159
RP3370.102	Bellows Spring ES	Sep 23	4-5:30pm	F	\$159
RP3370.103	Clarksville ES	Sep 22	4-5:30pm	Th	\$159
RP3370.104	Northfield ES	Sep 20	3:30-5pm	Tu	\$159
RP3370.105	Waverly ES	Sep 19	3:50-5:20pm	M	\$159

## Science Club After School with Club SciKidz

(No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info:

[www.clubscikidz.com](http://www.clubscikidz.com) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

### Grades K-2 Classes: 8 All Things Extinct and Animal Instincts

Explore the lives of animals past and present! Create, bury and unearth imitation dinosaur fossils and their footprints, and reconstruct a dinosaur skeleton. Learn the intricacies of animal behaviors, survival instincts and how animal anatomy supports their lifestyles.

RP3355.101	Bellows Spring ES	Sep 28	4-5:15pm	W	\$149
RP3355.102	Centennial Lane ES	Sep 26	3:30-4:45pm	M	\$149
RP3355.103	Clemens Crossing ES	Sep 28	3:50-5:05pm	W	\$149
RP3355.104	Dayton Oaks ES	Sep 27	3:35-4:50pm	Tu	\$149
RP3355.105	Elkridge ES	Sep 29	4-5:15pm	Th	\$149
RP3355.106	Fulton ES	Sep 30	4-5:15pm	F	\$149
RP3355.107	Gorman Crossing ES	Sep 30	4-5:15pm	F	\$149
RP3355.108	Hammond ES	Sep 28	3:35-4:50pm	W	\$149
RP3355.109	Hollifield Station ES	Sep 28	3:20-4:35pm	W	\$149
RP3355.110	Manor Woods ES	Sep 28	3:20-4:35pm	W	\$149
RP3355.111	Rockburn ES	Sep 29	3:25-4:40pm	Th	\$149
RP3355.112	St. John's Lane ES	Sep 29	3:20-4:35pm	Th	\$149
RP3355.113	Triadelphia Ridge ES	Sep 26	3:30-4:45pm	M	\$149
RP3355.114	Veterans ES	Sep 27	4:05-5:20pm	Tu	\$149
RP3355.115	West Friendship ES	Sep 27	3:50-5:05pm	Tu	\$149



**Grades 3-5 Classes: 8 3D Printing (Science Club After School cont.)**

Is it Art? Is it Engineering? Young engineers, come explore the world of 3D printing using a 3D pen! Using plastic strands, explore making and defining where the line between art and engineering blur. Engineer and create your own pieces of art!

RP3355.121	Bellows Spring ES	Oct 5	4-5:15pm	W	\$149
RP3355.122	Centennial Lane ES	Sep 26	3:30-4:45pm	M	\$149
RP3355.123	Clemens Crossing ES	Oct 5	3:50-5:05pm	W	\$149
RP3355.124	Dayton Oaks ES	Oct 4	3:35-4:50pm	Tu	\$149
RP3355.125	Gorman Crossing ES	Sep 30	4-5:15pm	F	\$149
RP3355.126	Hammond ES	Sep 28	3:35-4:50pm	W	\$149
RP3355.127	St. John's Lane ES	Sep 29	3:20-4:35pm	Th	\$149
RP3355.128	Triadelphia Ridge ES	Sep 26	3:30-4:45pm	M	\$149
RP3355.129	Veterans ES	Sep 27	4:05-5:20pm	Tu	\$149

**NEW! LEGO® WeDO Robotics After School with Club SciKidz**

Students, get a head start on simple robotics using LEGO® WeDO, covering topics within science, technology, math and language. Build models, attach sensors and motors that are plugged into a computer and configure behaviors using a simple programming tool. Activity pack is divided into four themes. Amazing Mechanisms, Wild Animals, Play Soccer and Adventure Stories. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.)

Info: [www.clubscikidz.com](http://www.clubscikidz.com) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

**Grades 1-3 Classes: 8**

RP3338.101	Forest Ridge ES	Sep 28	3:30-4:45pm	W	\$149
RP3338.102	Fulton ES	Sep 29	4-5:15pm	Th	\$149
RP3338.103	Gorman Crossing ES	Sep 26	4-5:15pm	M	\$149
RP3338.104	Hammond ES	Sep 26	3:35-4:50pm	M	\$149
RP3338.105	Manor Woods ES	Sep 30	3:20-4:35pm	F	\$149
RP3338.106	Pointers Run ES	Sep 30	4-5:15pm	F	\$149

**Minecraft Animation After School C3 Cyber Club**

Do you want to become an animator? Using Mine-imator software, enjoy being introduced to basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion in reality and how it influences motion in animation. Create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: Adam Wienckowski, 410-313-4714, or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

**Grades 1-3 Classes: 6**

RP3328.101	Centennial Lane ES	Sep 20	3:30-4:30pm	Tu	\$145
RP3328.102	Deep Run ES	Sep 22	4-5pm	Th	\$145
RP3328.103	Gorman Crossing ES	Sep 20	4-5pm	Tu	\$145
RP3328.104	Lisbon ES	Sep 21	3:15-4:15pm	W	\$145
RP3328.105	Rockburn ES	Sep 26	3:25-4:25pm	M	\$145
RP3328.106	St. John's Lane ES	Sep 21	3:20-4:20pm	W	\$145
RP3328.107	Veterans ES	Sep 23	4:05-5:05pm	F	\$145

**Grades 4-5 Classes: 6**

RP3328.111	Atholton ES	Nov 3	3:50-4:50pm	Th	\$145
RP3328.112	Dayton Oaks ES	Nov 4	3:35-4:35pm	F	\$145
RP3328.113	Elkridge ES	Nov 9	4-5pm	W	\$145
RP3328.114	Fulton ES	Nov 14	4-5pm	M	\$145
RP3328.115	Northfield ES	Nov 3	3:30-4:30pm	Th	\$145
RP3328.116	Triadelphia Ridge ES	Nov 9	3:30-4:30pm	W	\$145
RP3328.117	Waverly ES	Nov 4	3:50-4:50pm	F	\$145

**Minecraft Programming After School C3 Cyber Club**

Looking for a fun way to learn programming? How about using a game

you love. Using a custom mod called "ComputerCraft," learn how to program robots called "turtles" inside the world of Minecraft. Learn how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Be introduced to programming if-then-else statements, for while loops, and implement their own functions using LUA, a simple scripting language. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

**Grades 1-3 Classes: 6**

RP3326.101	Atholton ES	Sep 22	3:50-4:50pm	Th	\$145
RP3326.102	Dayton Oaks ES	Sep 23	3:35-4:35pm	F	\$145
RP3326.103	Elkridge ES	Sep 21	4-5pm	W	\$145
RP3326.104	Fulton ES	Sep 26	4-5pm	M	\$145
RP3326.105	Northfield ES	Sep 29	3:30-4:30pm	Th	\$145
RP3326.106	Triadelphia Ridge ES	Sep 28	3:30-4:30pm	W	\$145
RP3326.107	Waverly ES	Sep 23	3:50-4:50pm	F	\$145

**Grades 4-5 Classes: 6**

RP3326.111	Centennial Lane ES	Nov 1	3:30-4:30pm	Tu	\$145
RP3326.112	Deep Run ES	Nov 3	4-5pm	Th	\$145
RP3326.113	Lisbon ES	Nov 9	3:15-4:15pm	W	\$145
RP3326.114	Manor Woods ES	Nov 4	3:20-4:20pm	F	\$145
RP3326.115	Rockburn ES	Nov 4	3:25-4:25pm	F	\$145
RP3326.116	St. John's Lane ES	Nov 2	3:20-4:20pm	W	\$145
RP3326.117	Veterans ES	Nov 3	4:05-5:05pm	Th	\$145

**Creative Engineering Winter Break****Mini-Camp by Scienstational Workshops**

Design and build simple or complex models of a vehicle, robot or building. Work with an advanced 3D construction kit and 3-volt geared motor that is yours to keep. Learn the many ways you can make your motor run ? including for a moveable Radar Surveyor. This hands-on workshop relies on you to build from directions, or use your imagination to create something new!

**7-12 yrs Classes: 2**

RP3304.201	Roger Carter Comm Ctr	Dec 27	9am-4pm	Tu-W	\$185
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**Follow Me Robot Winter Break Mini-Camp by Scienstational Workshops**

Want to build a robot that has four built-in microphones to detect a sound, turn and move accordingly It's your robot to build and take home! Learn about gears and sensors as you build it. Send your robot through an obstacle course or make it go Sumo wrestling! Enjoy building bigger robots working in groups. Info: Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

**7-12 yrs Classes: 2**

RP3305.201	Roger Carter Comm Ctr	Dec 29	9am-4pm	Th-F	\$185
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**LEGO® NXT Mindstorms After School with Club SciKidz**

Learn to design, program and control fully-functional models using LEGO® MINDSTORMS® components. Use software to plan, test, and modify sequences of instructions for a variety of life-like robotic behaviors. Learn to collect and analyze data from sensors using data-logging functionalities embedded in the software. Curriculum lessons developed by Carnegie Mellon University's Robotics Academy and provide a series of real-life activities, covering topics within science, technology, engineering and mathematics. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-25.) Info: [www.clubscikidz.com](http://www.clubscikidz.com) or Adam Wienckowski, 410-313-4714 or [awienckowski@howardcountymd.gov](mailto:awienckowski@howardcountymd.gov).

**Grades 3-5 Classes: 8**

RP3356.101	Fulton ES	Sep 27	4-5:15pm	Tu	\$149
RP3356.102	Hollifield Station ES	Sep 28	3:20-4:35pm	W	\$149
RP3356.103	Lisbon ES	Sep 26	3:15-4:30pm	M	\$149
RP3356.104	Manor Woods ES	Sep 27	3:20-4:35pm	Tu	\$149
RP3356.105	Pointers Run ES	Sep 26	4-5:15pm	M	\$149



*Learn color mixing, brush work and more at Painting for Teens!*

# Tweens & Teens (11-18 yrs) Classes & Activities

- Programs listed by category, then alphabetical.
- Youth section has additional activities and classes.

**Adventure & Outdoors** *Page 18*

**Nature & Environment** *Page 22*

## Crafts & Fine Arts

### Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling, inking, and lettering. Explore a variety of genres of comics including superhero, Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 5

RP2854.101 N Laurel Comm Ctr Oct 6 6:30-8pm Th \$65

### Drawing Techniques

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending and wet-on-dry. Materials are provided but you are encouraged to bring a sketchbook. (No class 11/26.) Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 5

RP2851.101 Roger Carter Comm Ctr Nov 5 10:30am-noon Sa \$69

### Jewelry Design

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount).

\$10 materials fee is due at first class. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Roger Carter Comm Ctr

RP2852.101	Earrings	Oct 8	3:30-5:30pm	Sa	\$15
RP2852.102	Bracelets	Oct 22	3:30-5:30pm	Sa	\$15
RP2852.103	Necklaces	Nov 5	3:30-5:30pm	Sa	\$15

### Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 5

RP2853.101 Roger Carter Comm Ctr Oct 1 10:30am-noon Sa \$85

### NEW! Photography Workshop

Learn to take your best pictures. Explore composition, lighting and the elements that make memorable photographs. Learn about speed, exposure and effects. Bring your camera (cameras available for use during class). Register for all three classes and receive a 10% registration discount (must register by phone for discount). Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Roger Carter Comm Ctr

RP2856.101	Nature	Oct 15	3:30-5:30pm	Sa	\$19
RP2856.102	Action	Oct 29	3:30-5:30pm	Sa	\$19
RP2856.103	Portrait	Nov 12	3:30-5:30pm	Sa	\$19

### Signed, Sealed, Delivered - A Calligraphy Workshop *Page 54*

## Dance

### Hip Hop Dance with Nysia Carter

During this fast-paced, high-energy class, focus on choreography, perfect skills and learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 9

RP2857.101 Roger Carter Comm Ctr Sep 24 5-6pm Sa \$115

## Enrichment & Personal Development

### Beauty & Hairstyling

### NEW! Beauty Academy: Mani & Pedi Basics

Going to the salon for a manicure and pedicure is the ultimate treat. Gain the basics of completing them in your home. Receive a basic nail kit. Practice with your peers and receive a step-by-step guide. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 2

RP2860.111 Harper's Choice MS Oct 25 6-8pm Tu \$65



## Makeup 101

Learn to apply your make up perfectly and master the art of enhancing your natural beauty! Gain insight on makeup products and what colors and shades suit you best. Curriculum focuses on techniques for applying makeup including foundation application, eyebrow shaping, eye shadow placement and more! Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 2

RP2860.101 Ellicott Mills MS Oct 4 6-8pm Tu \$69

## Fitness

**Teen Yoga with Rachel Wolfe** *Page 66*

## Job Skills

### Babysitting Fundamentals

Course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes intro to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-14 yrs Classes: 2

RP2862.101 Clarksville MS Sep 28 5:30-7:30pm W \$69

RP2862.102 Wilde Lake MS Nov 30 5:30-7:30pm W \$69

## Leadership

### Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Christine Lyons, 410-313-4719 or [clyons@howardcountymd.gov](mailto:clyons@howardcountymd.gov).

11-16 yrs First Friday of the month

RP2880.101 Roger Carter Comm Ctr Sep 9 4-5:30pm F Free

11-16 yrs Second Friday of the month

RP2880.102 Gary J Arthur Comm Ctr Oct 14 3:30-5pm F Free

11-16 yrs Third Friday of the month

RP2880.103 N Laurel Comm Ctr Oct 21 4:30-6pm F Free

## Modeling

### Modeling School:

#### Commercial Acting and Modeling

This workshop teaches you the skills needed to enter the modeling industry. Join Sean Gibson, a former National Modeling Agency Director, National Modeling School instructor and current scout of Model Citizens Models, LLC. Gain skills needed to model in catalogues, cosmetics ads, TV commercials, and more. Class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques and more. Not planning to be a model? Come gain the confidence of one! Perform a monologue or commercial at the graduation event. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-17 yrs Classes: 8

RP2867.101 Roger Carter Comm Ctr Oct 1 Noon-1:30pm Sa \$119



Tweens & Teens (11-18 yrs)

*Practice your runway walk and gain skills needed to enter the modeling industry at Modeling School!*

## Personal Development

### Social Etiquette &

#### Communication Skills Express

Do you have a busy, full schedule? Than this was designed for you. Realize the importance of having decorum in all aspects of life. Topics include making a good first impression; listening and speaking; using proper etiquette in public, on the phone and with electronics; and dressing for success. Don't miss this opportunity to discover why research demonstrates that social skills are paramount for your future success! This is great as an intro or a refresher. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

12-16 yrs

RP2868.101 Centennial HS Oct 25 6-8pm Tu \$55

## Music & Theater Arts

### Music

#### NEW! Guitar and Bass Workshop

Ready to rock? Learn to play guitar and bass with professional recording artist and producer, Daniel Roberts. Focus on music theory and technique through solo and group performance of top hits from artists like Led Zepelin, Taylor Swift, Bruno Mars, Coldplay, etc. Classes tailored to your musical goals and taste. Must bring your own instrument and equipment (acoustic and electric). Workshop is for all levels. (No class 10/3, 10/31, 11/7, 11/21.) Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-17 yrs Classes: 8

RP2891.101 River Hill HS Sep 19 5:30-6:30pm M \$85



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APP



Ready to rock? Hone your guitar skills at Guitar Studio!

## Guitar Studio flickr

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Prior music knowledge is not necessary. You must bring your own guitar. Showcase your skills at a performance on the final week of class. A \$30 materials fee is due at registration. Info: William Banks, 410-313-4609 or [wbanks@howardcountymd.gov](mailto:wbanks@howardcountymd.gov).

11-14 yrs Classes: 8 Olenka School of Music - Columbia

RP2870.101 Aug 30 7:30-8:15pm Tu \$205

## Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. You should have access to a keyboard to practice on outside of class. Fee includes music book. Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-17 yrs Classes: 8

RP2872.101 River Hill HS Sep 24 Noon-1pm Sa \$115

## Rock School: Drums, Guitar, Keyboard, Vocals

Beginners and up, learn from professional rock musicians while enhancing memory, self-expression, creativity and self-confidence. Focus on instrument play, music theory and technique. Bring your guitar/bass. Drums are available for use during class. Vocal classes include warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Runs concurrently with youth class. (No class 11/26.) Schedule subject to change, visit [www.therockshopmd.com](http://www.therockshopmd.com). Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-17 yrs Classes: 5 The Rock Shop

RP2871.101	Drums	Oct 7	6:30-7:30pm	F	\$139
RP2871.111	Drums	Nov 5	12:30-1:30pm	Sa	\$139
RP2871.102	Guitar/Bass	Oct 7	6:30-7:30pm	F	\$139
RP2871.112	Guitar/Bass	Nov 5	12:30-1:30pm	Sa	\$139
RP2871.103	Keyboard	Oct 7	6:30-7:30pm	F	\$139
RP2871.104	Vocals	Oct 7	6:30-7:30pm	F	\$139
RP2871.113	Keyboard	Nov 5	12:30-1:30pm	Sa	\$139
RP2871.114	Vocals	Nov 5	12:30-1:30pm	Sa	\$139

## NEW! Voice

Want to sing like a star? This beginning, vocal course teaches you music theory, vocal techniques, and rhythmic and harmonic reading. Enjoy the spotlight as you perform for an audience, showcasing your new talents. No experience necessary! Everyone has a voice, what's yours? Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-18 yrs Classes: 8

RP2890.101 River Hill HS Sep 24 1-2pm Sa \$85

## Theater Arts

### Middle/High School Musical Theatre: Annie Jr.

Everyone's favorite plucky orphan gets an upgrade in this modernized staging of the classic story. Program meets weekly for 8 classes and concludes with one week of dress rehearsals (5-8:30pm) and two final performances. Please visit [www.howardcountymd.gov/drama](http://www.howardcountymd.gov/drama) for complete schedule of dress rehearsals and performances. Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

Grades 6-11 Classes: 8

RP2876.101 Drama Learning Ctr Sep 24 10:30am-1pm Sa \$345

Grades 6-8 Classes: 8

RP2876.103 Drama Learning Ctr Sep 7\* 5-7:30pm W \$345

RP2876.102 Drama Learning Ctr Sep 13\* 5-7:30pm Tu \$345

\*Tuesday and Wednesday sections have grade range of 3<sup>rd</sup>-8<sup>th</sup>.

## Intro to Acting: Dialogue and Monologue

Enjoy an intro to acting and theatrical text! Explore the stage through short scenes and monologues from well-known works. Learn how to use your voice and body on stage while developing trust and cooperation with fellow actors. Focus on text analysis, character development, observation, and world building. Last class features a performance. No previous experience necessary. Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-17 yrs Classes: 5

RP2875.101 Roger Carter Comm Ctr Oct 9 2-4pm Su \$65

## School's Out Programs

### Teens Day Out: School's Out

School is closed! Have fun and make new friends in this program created just for middle schoolers. Our engaged, energetic staff creates a welcoming environment. Enjoy activities that appeal to you - including cooking, science projects, team sports, recess games, swimming, video game tournaments and more! Registration closes a week before the program starts. Dress appropriately for the weather as some activities may be held outside. Info: Jennene Blakely, 410-313-1693 or [jblakely@howardcountymd.gov](mailto:jblakely@howardcountymd.gov).

Grades 6-8

RP2882.101 Roger Carter Comm Ctr Oct 12 8am-6pm W \$49

RP2882.102 Roger Carter Comm Ctr Nov 7 8am-6pm M \$49

## Special Events

### Monster Mash

Show your Halloween spirit in a night filled with fun and friends. DJ, glow light sports, costume contest, indoor trick-or-treat, Xbox tournament, and more. Info: Holly Harden, 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

11-16 yrs

RP2991.101 Roger Carter Comm Ctr Oct 28 7:30-9:30pm F \$5

## Teen Opportunities Fair Page 17



# Adults (18 yrs +) Classes & Activities

**Adventure & Outdoors** Page 18

**Nature & Environment** Page 22

## Cooking

• Programs listed in date order.

### Lebanese Essentials with Chef Mark Waitsman

Instead of going out, why not prepare your Middle Eastern favorites in your own kitchen? Restaurant quality meals are a snap to cook when Chef Mark teaches you. Delicious Hummus, Baba Ganoush and Koftas are on the menu. Served with Chef Mark's class-made Pita, it's a meal you won't want to miss. This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0503.101 Mt. Hebron HS Sep 14 6:30-9pm W \$24

### NEW! Knife Skills & the Fall Harvest with Chef Richard Douville

Learn about knives and sharpening. Practice safe and practical knife techniques on a wide variety of vegetables. Enjoy peeling, blanching, roasting, and sautéing while making the following dishes: Broccoli-Chick Pea Vinaigrette; Cauliflower, Brussels sprouts, and Broccoli, each two ways; Cabbage Deconstructed Rolls, Steamed, Sautéed, and Slaw; Green Tomatoes; Zucchini and Yellow Squash Casserole; Winter Squashes; Kale and Collards, Traditional and Contemporary; Potatoes and Yams, Latkes and Roasted. That's a lot of cooking, so bring your favorite knife and a cutting board and we'll get busy! \$30 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 2

RP0516.101 Glenelg HS Sep 19 6:30-9pm M \$50

### NEW! Indian Street Food with Chef Ravi Lahori

Avoid the food trucks—learn Indian street food with Samosa burger (open faced samosa). Chili pakoras (hot peppers stuffed and deep-fried) dunked in a sweet and sour tamarind sauce topped with cumin yoghurt. Aloo tikka chaat (a pan fried patty - heavenly blend of mashed potatoes, chat masala, fresh bread, garlic and cumin) topped with an assorted chutney blend (onion, tamarind and mint) topped with crispy poppadum strips. Finish off your meal with saffron pistachio ice-cream. \$17 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0524.101 Ellicott Mills MS Sep 21 6:30-9pm W \$29

### NEW! Sugar Blues: Kick Sugar before Sugar Season

Sugar is a hot topic today and can be a tricky food for some of us to break free from, especially during the holiday season. In this class, gain a broader understanding of how sugar affects our minds and bodies and how we can integrate certain foods and practices daily to limit or eliminate refined and added sugars from our diet in preparation for the onslaught of sugary foods October, November and December bring. In addition, sample and



*Chef Mark Waitsman sends you home with new cooking tricks, techniques and recipes to try out!*

learn how to make healthier versions of both traditional and newer holiday treats and leave with some practices and recipes to try out at home.

\$10 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0514.101 Roger Carter Comm Ctr Oct 4 7-8:30pm Tu \$20

### NEW! Big Cuts with Chef Richard Douville

The winter holiday and entertaining season is fast approaching; what will you serve? Learn about three major cuts of meat and subdivide them each for variety and economy: whole pork loin, New York Strip roast, and whole beef fillet. Come make three to four recipes with each big piece! \$40 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 2

RP0517.101 Glenelg HS Oct 10 6:30-9pm M \$50

### NEW! Roman Holiday with Chef Mark Waitsman

Dine at a cozy little Italian ristorante owned by Chef Mark. Enjoy his home-made Manicotti, Spaghetti ala Carbonara and Pasta alla Puttanesca. See how easy it is to make restaurant quality Italian meals in your own kitchen. Make your reservations now! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0501.101 Mt. Hebron HS Oct 19 6:30-9pm W \$24

### NEW! Harmonious Asian with Chef Mark Waitsman

This well-balanced class features all of our favorite flavors of the Asian continent. Sweet Chili Crab on Crispy Wonton, Chef Mark's Easy General Tso's Chicken and Asian Garlic Rice. No need to venture from the comforts of your home. Restaurant quality can come from your own kitchen! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0502.101 Mt. Hebron HS Oct 26 6:30-9pm W \$24

Tweens & Teens (11-18 yrs)

Adults (18 yrs +)



*Become more comfortable in the kitchen at one of our many cooking classes this fall!*

## NEW! Indian Foundation Sauces with Chef Ravi Lahori

This all-time favorite class is where you learn the three basic foundation sauces in Indian cuisine, Brown Indian masala, Korma sauce and Makhani sauce. This class enables you to create almost any Indian dish using one or all of them separately or in combination. \$17 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0525.101 Hammond HS Nov 2 6:30-9pm W \$29

## NEW! Soups, Stews and Broths for Winter Health

Learn what all the fuss is about bone broth! In this class, learn the health benefits of drinking and cooking with bone broth, as well as how seasonal soups and stews can bolster your immune system and enhance your overall health. Leave with some recipes to try at home and enjoy the opportunity to sample a broth and some soups. \$10 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0515.101 N Laurel Comm Ctr Nov 3 7-8:30pm Th \$20

## NEW! Phyllo & Puff Pastry with Chef Richard Douville

If you find the notion of working with phyllo dough intimidating, then let Chef Richard de-bunk that notion for you. Learn a couple of simple tricks to help you make Greek Baklava, Spanakopita Triangles, Classic Boreks, Tyro pita, Chicken-Cheese Triangles, Lamb-Feta Pies, Puff Pastry Turnovers, Strudels, and Chicken a la King. \$30 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 2

RP0518.101 Glenelg HS Nov 7 6:30-9pm M \$50

## NEW! Thai Green Curry Chicken with Chef Mark Waitsman

The wonderful curry that you get at the restaurant is a mystery no longer! Thai Green Curry Chicken, Seafood Salad with Fragrant Herbs and that "secret" Thai Sweet Chili Sauce is on the menu. Served with Jasmine Rice for your dining pleasure! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0504.101 Mt. Hebron HS Nov 9 6:30-9pm W \$24

## NEW! South Indian Cuisine with Chef Ravi Lahori

We go to the south of India as we prepare Medu vada with sambhar (a fluffy white lentil dumpling flavored with curry leaves, coconut served dunked in a sour lentil curry), Chicken and Green Bean Poriyal (stir fried chicken and green beans with white lentils, mustard seeds, red chilies, curry leaves), Lemon pulao (a lemon scented rice preparation with sliced coconut, red chilies and cilantro). \$17 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0527.101 Ellicott Mills MS Nov 16 6:30-9pm W \$29

## NEW! Simply Delicious Cookie Factory with Chef Richard Douville

Just in time for the winter holidays! Chef Douville can produce a double batch (6 to 12 dozen) of cookies, from set-up to cleanup, in about 1.5 hours. These cookies are not painstakingly decorated but they are simply delicious! Bring a container so you can take some home. Working in teams, come mass-produce Cappuccino Thins, Lemon Gems, Greek Butter Cookies, Chocolate Crackles, Lazy Almond Biscotti, Cardamom Stars, and White Chocolate Craisin Oatmeal Cookies. \$20 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 2

RP0519.101 Glenelg HS Nov 28 6:30-9pm M \$50

## NEW! Thai Cuisine with Chef Ravi Lahori

Join Chef Ravi to create some of the most popular dishes in Thai cuisine, Thai chicken satay with spiced peanut sauce, Thai cashew stir fry served with Thai sticky rice and Mango sticky rice pudding. \$17 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0526.101 Hammond HS Dec 7 6:30-9pm W \$29

## NEW! My Little French Bistro with Chef Mark Waitsman

Recreate one of my favorite meals from the City of Lights. Real French Onion Soup, Crispy Fresh Salmon Cakes, Side Salad with Bistro Salad Dressing, and Homemade French Baguette. This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs +

RP0505.101 Mt. Hebron HS Dec 14 6:30-9pm W \$24



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# Crafts & Fine Arts

• Programs listed in alphabetical order.

## Drawing & Painting

### Adult Lecture Series I: VIPS in the Art World

Who are the people in the art world who are not artists but who affect the business of art? Gertrude Stein introduced the Cone sisters and Picasso to Matisse. They all mutually benefitted each other. Peggy Guggenheim lent Jackson Pollock the down payment on his Long Island house where he discovered drip painting. Who has been influential as a buyer, a patron, a gallery owner? Which works have been forged or stolen? On August 21, 1911, the Mona Lisa was stolen from the Louvre by employee Vincenzo Peruggia, who was caught after two years. Currently some of New York's top art dealers are under investigation by federal authorities for allegedly selling dozens of forged works by Modernist masters like Robert Motherwell and Jackson Pollock. In this course we examine several famous art patrons and art thefts. We take a closer look at the "movers and shakers" who affect what sells and doesn't sell in the art market. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0210.101 N Laurel Comm Ctr Nov 3 10am-noon Th \$25

### NEW! Art Lecture Series II:

#### Famous Art Collaborations

Are two heads better than one when it comes to producing artwork? Or does one artist become overshadowed when another becomes famous? Lee Krasner was a successful artist in her own right but was eclipsed by Jackson Pollock and ended up promoting his fame. Alfred Stieglitz "discovered" Georgia O'Keeffe and helped launch her into the art world. Christo and Jeanne-Claude formed a formidable artistic duo and took artistic collaboration to a new level with their large-scale environmental sculptures. When have personal relationships helped an artistic career and when have they sunk it? In this course we will examine several famous artistic partnerships: romantic ones and working ones. We take a closer look at how interpersonal relationships effect artistic production and success. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0207.101 N Laurel Comm Ctr Dec 9 10am-noon F \$25

### Art Styles Refresher with Ann Wiker

This lecture series explores the art styles of the early 20th century. With the introduction of modern art, the whole purpose of art changed. Artists were no longer interested in using their canvases as a window to the world but were instead focused on the canvas as a surface for their thoughts and ideas and feelings. As a result there was an explosion of art styles: Impressionism, Fauvism, Expressionism, Surrealism, Dadaism, Minimalism, etc. Find out what influenced the creation of some of these styles, what the styles look like and the artists who practiced them. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0210.102 N Laurel Comm Ctr Nov 4 10am-noon F \$25

### Basic Zentangle with Mary-Anne Mulcahy

The Zentangle Method is a trending, easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured, repetitive patterns. Focus is on the process, not the outcome. The practice of Zentangle is an art form, a life skill and an approach to mindfulness and relaxed meditation. No prior knowledge or artistic skill is required. \$15 materials fee due at first class. Materials list: [www.howardcountymd.gov/crafts\\_finearts](http://www.howardcountymd.gov/crafts_finearts). Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.



Learn to paint on different mediums at one of our art classes.

18 yrs +

RP0221.101	Roger Carter Comm Ctr	Sep 13	6-9pm	Tu	\$35
RP0221.102	Gary J Arthur Comm Ctr	Oct 14	9:30am-12:30pm	F	\$35
RP0221.103	Belmont	Nov 7	6-9pm	M	\$35

### NEW! Beginner/Refresher Watercolor with Brenda Kidera

Always wanted to try watercolor painting but never picked up a brush? Need a refresher on basic techniques? This class walks you through the basics using step-by-step instructions and demonstrations. Class discussion includes materials, color mixing and more. \$5 materials fee due at first class. Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts). Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0202.101 Gary J Arthur Comm Ctr Oct 15 9:30am-2:30pm Sa \$169

### Beyond Basic Zentangle with Mary-Anne Mulcahy

The Zentangle Method is a trending, easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured, repetitive patterns. Focus is on the process, not the outcome. The practice of Zentangle is an art form, a life skill and an approach to mindfulness and relaxed meditation. Prerequisite is the Basic Zentangle class. Optional materials are provided. \$15 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 2

RP0222.101	Roger Carter Comm Ctr	Sep 30	9:30am-12:30pm	F	\$60
RP0222.102	Belmont	Oct 25	6-8pm	Tu	\$60
RP0222.103	Gary J Arthur Comm Ctr	Dec 6	6-8pm	Tu	\$60

### NEW! Explorations in Oil & Acrylic with Brenda Kidera

Learn a variety of techniques and learn how to build your painting while painting a variety of subject matter. Reference materials provided. Bring your own art supplies; enjoy step-by-step demonstrations. Elementary knowledge of your medium required. \$13 materials fee due at first class. Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts). (No class 10/7, 11/11) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 8

RP0205.101 Gary J Arthur Comm Ctr Sep 16 9:30am-12:30pm F \$215

Adults (18 yrs +)



*Experience the joy of knitting with Anna Tai.*

## NEW! How to Paint Trees in Watercolor with Brenda Kidera

Learn step-by-step with demonstrations how to paint a variety of trees in watercolor. Work on new, small paintings every week. Bring your own art supplies. Elementary knowledge of watercolor is necessary. \$13 materials fee due at first class.

Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 3

RP0204.101 Gary J Arthur Comm Ctr Nov 29 9:30am-12:30pm Tu \$84

## Oil Painting with Ann Wiker

All levels welcome! Beginners, learn the basics of oil painting (prepping the canvas, mixing colors, brush techniques, composition, and light and shadow). Intermediate painters, review color mixing, composition and choosing subject matter. Advanced painters, receive individualized instruction based on ability. Don't be intimidated; this is fun! (No class 10/27, 11/3, 11/17.) Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 6

RP0208.101 N Laurel Comm Ctr Oct 6 9:30-11:30am Th \$115

## Painting in Oils and Acrylics with Nancy Davis

Work in acrylics or oils to learn to create a successful painting through drawing, design, value, color and brush work. The instructor works with the group as a whole and with each individual. Instructional materials provided. You may choose to work from still life materials provided or your own photographs. Enjoy learning how to edit photographs to achieve a better painting. Supply list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts). (No class 10/12.)

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 6

RP0206.101 River Hill HS Sep 28 7-9pm W \$95

## Signed, Sealed, Delivered - A Calligraphy Workshop

Are you looking to add a beautiful, personal element to your letters, holiday cards and craft projects? Spend an afternoon learning the basics of the ancient art of calligraphy. Discover the history of this writing form, read

samples of old hand-written letters, and try writing. Calligraphy pens, ink, and an assortment of stationery are provided for you to practice writing. Leave with samples of your own design. Take home a calligraphy pen with interchangeable nibs and a collection of paper types. Info: Jaimie Wilder, 410-313-0419 or [jwilder@howardcountymd.gov](mailto:jwilder@howardcountymd.gov).

16 yrs + Ellicott City Colored School, Restored

RP9980.101 Oct 22 1-3:30pm Sa \$40

RP9980.102 Nov 12 1-3:30pm Sa \$40

## Watercolor Holiday Cards with Brenda Kidera

From new reference materials (that are provided), learn to build a painting through step-by-step instructions and demonstrations. Once complete, you can have the painting printed as cards in time to send out for the holidays. Elementary knowledge of watercolor necessary. \$5 reference material fee for due at first class.

Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 5

RP0201.101 Gary J Arthur Comm Ctr Sep 6 9:30am-12:30pm Tu \$135

## NEW! Watercolor: Pouring Paint! With Brenda Kidera

This challenging and fun course walks you through the entire process of pouring your painting. Begin with important value-sketches, followed by masking and pouring layers of paint. Bring your own art supplies. Some watercolor experience is necessary. \$20 material fee due at first class includes 300# Arches watercolor paper.

Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 7

RP0203.101 Gary J Arthur Comm Ctr Oct 11 9:30am-12:30pm Tu \$189

## Knitting & Crocheting

### Crochet 1 with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet - drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top. Info: Danielle Bassett, 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov). Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

18 yrs + Classes: 3

RP0802.101 Oakland Mills HS Sep 21 7-9pm W \$47

### Knit 1 with Anna Tai

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinet stitch patterns and make your first scarf.

Materials list: [www.howardcountymd.gov/craftsandfinearts](http://www.howardcountymd.gov/craftsandfinearts).

Info: Danielle Bassett 410-313- 4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

18 yrs + Classes: 3

RP0801.101 Oakland Mills MS Sep 20 7-9pm Tu \$47

## Paper Crafts & Card Making

### Card Making Class

Experienced crafters, this is for you. There are many techniques, skills, tools, and methods to card making. Deepen your knowledge and provide you with new methods for the craft. During class, apply new techniques and skills to make 2-3 beautiful card designs. Spend the class creating a variety of greeting cards, such as thank you, get well, birthday, graduation, miss you, and more, while continuing to expand your knowledge of paper crafting.



Each class date has a new set of card designs specific for the time of year. Attend all of the classes to have an assortment of fabulous greeting cards! \$15 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0810.101 Waterloo ES Oct 18 6:30-8:30pm Tu \$30

## Intro to Papercrafting

From scrapbooking and card-making to school projects, paper crafting is a fun hobby to explore! Rubber-stamping is a technique used most often in paper crafting. It is the process of transferring and replicating an image onto a surface. Learn techniques for rubber-stamping that improve the look and feel of your handmade creations. You also learn about tools and techniques behind paper crafting, plus the skills to add designs to your crafts. By the end of class, you will have created 1-2 greeting cards for different occasions. \$15 material fee due at class. Info: Danielle Bassett 410-313-4634 or dbassett@howardcountymd.gov

18 yrs +

RP0809.101 Roger Carter Comm Ctr Sep 20 7-9pm Tu \$30

## Photography, Film & Video

### Advanced Photoshop Elements

Take charge of your photos with advanced Adobe Photoshop Elements tools. Adjust the colors, including colorizing old photos. Learn how to apply adjustment layers to create our own montages. Fix what you want and get rid of what you don't need as we work on our new shots and on our old photos that we scan in. Bring your laptop or borrow one from the instructor for a \$10 lab fee. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0214.101 N Laurel Comm Ctr Nov 3 6:30-8:30pm Th \$54

### Beginners Digital Photography Basics for New Users

This class is designed for someone who is just getting started with their digital camera. As a one-size-fits-all class, it covers the basics (whether using a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera). Learn the basic features of the camera (e.g., resolution and how to change it, when such a change is appropriate), scene modes (e.g., portrait, landscape), settings such as ISO, etc. You must have your camera manual with you. The course also touches upon downloading photos to a computer and accessories you may want to consider such as protective filters for your lens. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs + Classes: 6

RP0209.101 Roger Carter Comm Ctr Sep 22 7-9pm Th \$100

### Beginning Photoshop Elements

Bring your own new and old photos to adjust your shots with Adobe Photoshop Elements. Learn the foundation fundamentals to crop and clone, select and build our expertise with layers to reveal our visions. Save money as we customize our scanned prints and digital images and fit our personal images into standard frames and mats. Bring your laptop or borrow one from the instructor for a \$10 lab fee. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0213.101 N Laurel Comm Ctr Oct 4 6:30-8:30pm Tu \$54

### NEW! Capture the Fall in a Photo Walk at Belmont

Color our fall with vision and imagination as we photograph Belmont Manor and the edges of Patapsco State Park. Learn and apply our tools for

using the sun to reveal color, shape and personality. Shoot close-ups and panoramas while learning to use exposure compensation for flexibility. We review our shots to discover more opportunities. Bring your digital camera and your enthusiasm. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 4

RP0212.101 Belmont Sep 19 6-8pm M \$70

### NEW! Capturing Faces

Get ready to capture great photos this holiday season of your family and friends. Practice photographing one of our favorite subjects: people. Shoot poses and candid, individuals and groups, to get the feel of how to handle our subjects as well as our cameras. Bring your digital camera and may even bring a subject. Learn why not to say "smile." Shoot, review shots, and try out various angles, zooms, and approaches to lighting. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0215.101 N Laurel Comm Ctr Dec 1 6:30-8:30pm Th \$54

## Dance

• Programs listed in alphabetical order.

### Ballroom

#### Ballroom Sampler

##### with Jim & Lucy: Polka & Jitterbug Swing

This beginner class introduces a sampling of the unique character and joys of classic Polka and lively Swing. The first four weeks focus on Polka (a classic folk/country dance) and the last four weeks on popular Triple Step Swing. Master the foundational steps of each of these dances, practice lead and follow, and become ready to take your dancing on to any dance floor. Each class reviews the basic techniques and foot patterns learned the week before; and then teaches one or two new steps. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1104.101 Atholton ES Sep 23 8:30-9:30pm F \$149

#### NEW! Ballroom Sampler

##### with Jim & Lucy: Swing & Foxtrot

This second "Dance Survival" class introduces you to two Swing styles and finishes with a two-week sampling of Foxtrot steps. Learn to move in sync with Big Band songs, as well as Oldies, Motown, and Rock-n-Roll. While you learn steps, strengthen leading and following techniques necessary for the all-important dance partner connection. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Singles and couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1107.101 Roger Carter Comm Ctr Sep 21 8:20-9:20pm W \$75

### Couples Dance

#### with Mo & Barb Dutterer flickr

Beginner to advanced dancers, learn to dance every dance at your next party, reunion, anniversary, or wedding. Cha cha, waltz, two-step (foxtrot), and slow dance will all be taught. Join the fun with Mo and Barb on their 27<sup>th</sup> year of teaching dance here in Howard County. Couples only. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1119.101 Roger Carter Comm Ctr Sep 13 8:30-9:30pm Tu \$125



*Feel the rhythm through your hands and feet at Bollywood Dance!*

## Hand Dancing and Bop with Shirley Duncan

Experience the traditional and exciting hand dance and Bop that make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count, weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required.

Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1125.101 Oakland Mills HS Sep 12 6:30-7:30pm M \$75

RP1125.102 Dunloggin MS Sep 15 6:30-7:30pm Th \$75

## Intro to Social Ballroom Dance with Jim & Lucy

This "Social Dance Survival" class equips you with simple dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of swing dance steps. We look forward to inspiring you and giving you confidence to get out of your seat to head to the dance floor at parties, weddings, or anywhere you hear music playing! Singles, as well as couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1106.101 Roger Carter Comm Ctr Sep 21 7:05-8:05pm W \$75

## Next Step with Jim & Lucy: Foxtrot and Cha Cha

This Next Step class is designed for those who have taken classes in the last five years in both Foxtrot and Cha Cha, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review foundational steps in Cha Cha, then build your repertoire of Cha Cha mini-routines in weeks two to four. On the fifth night, review basic Foxtrot steps, and then learn new Foxtrot routines during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1105.101 Atholton ES Sep 23 7:15-8:15pm F \$149

## Dance Movement

### Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training learn the basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1129.101 Misako Ballet Studio Sep 15 7:30-8:30pm Th \$78

### NEW! Ballet with Nysia Carter

This dance style will give you those long, lean, beautifully sculpted lines of a ballerina dancer, plus poise from newly found core strength and flexibility. (No clas 10/31.) Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1124.101 N Laurel Comm Ctr Sep 19 6-7pm M \$78

### Contemporary Modern Dance for Beginners

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps and learn different choreography each week. This class combines modern, ballet and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but you may wear ballet or jazz shoes. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1128.101 Misako Ballet Studio Sep 19 7:15-8:15pm M \$78

### Hip Hop Dance with Nysia Carter

Enjoy a fusion of styles including hip hop, funk, street and high-energy jazz. Warm up with the latest hip hop rhythms that transition into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobics and calorie burning effects as you dance to the popular hits of today and yesterday. Beginners are encouraged to sign up. Wear jazz or gym shoes, no street shoes allowed. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 6

RP1123.101 N Laurel Comm Ctr Sep 19 7:30-8:30pm M \$78

### Hip Hop with CJ Cunningham

Get ready to work your body in ways you never imagined! This class uses exciting hip hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy-to-follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 11

RP1112.101 Kinetics Dance Theatre Sep 16 8:30-9:30pm F \$196

## International

### NEW! Belly Dancing for Beginners

This is an introduction to classical Middle Eastern dance. Learn fundamental steps and technique including shimmies, hip articulation and isolations. Cultural relevance and elements of folklore and Near Eastern music are also studied.

18 yrs + Classes: 8

RP1130.101 Misako Beats Sep 4 7:30-8:30pm W \$78

RP1130.102 Misako Beats Sep 6 11:30am-12:30pm F \$78



## Bollywood Dance with Jaya Mathur **flickr**

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form! Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 6

RP1108.101 Harper's Choice MS Sep 27 7:30-8:30pm Tu \$65

## Line Dance

### Line Dance with Mo & Barb Dutterer

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class for all levels. New dances are taught each week and we review weekly every dance taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this six-week session, you have many fabulous, fun dances in your dance bag! Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1118.101 Roger Carter Comm Ctr Sep 13 7:15-8:15pm Tu \$75

### Urban Line Dancing with Shirley Duncan

Learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dance to the hottest R&B and oldies music around. Experience a fun-filled workout with high- and low-energy steps.

Info: Karen Bradley Ehler, 410-313-4635

or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP1126.101 Oakland Mills HS Sep 12 7:45-8:45pm M \$75

RP1126.102 Dunloggin MS Sep 15 7:45-8:45pm Th \$75

## Lifelong Learning

• Programs listed in alphabetical order.

## Do it Yourself

### Bike Maintenance with Larry Black

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some "practice" bikes are provided; bring your own bike to get hands-on experience. Optional manual is \$25 at class. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 4

RP3409.101 Gary J Arthur Comm Ctr Sep 14 7-9pm W \$99

RP3409.102 Gary J Arthur Comm Ctr Nov 2 7-9pm W \$99

## Communication

### Mingle, Mingle

#### with International School of Protocol

In two short hours, this program puts you at ease and helps you feel more confident and comfortable at social and work gatherings where you need to meet and have conversations with new people. Learn how to prepare for an event, enter and exit conversations, and learn what you can talk about and what you should not talk about. In this program, you learn to create a first and lasting impression through proper handshaking, eye contact, proper introductions and appropriate nonverbal conversation. This course is important for anyone who attends businesses gatherings, conferences, parties and

school or community events. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs +

RP3412.101 Centennial HS Oct 19 7-9pm W \$55

## Computer Technology

### Technology and You with David Bailey

Gain a basic understanding of technology and its impact on your daily life. Learn about various browser and email options, mobile smart phone apps, how to sync your devices, security tips, and more. Bring your smart phone, laptop or tablet to class. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 6

RP3415.101 N Laurel Comm Ctr Sep 28 7:30-8:30pm W \$75

## Continuing Education

### Intro to Ayurveda with Lenny Bernstein:

#### A Guide to Becoming Your True Self

As a guide to discovering your true self, Ayurveda is the Sanskrit word that means the Science of Life. Ayurveda was derived from the Vedic scriptures of India which seek to harmonize the body, mind, and spirit in order for the individual to more fully know their true nature. Through the study of the principles of Ayurveda we come to understand the cause and effect relationship of consciousness and matter. During this five week course the student will be challenged to uncover their unique physical and mental constitution and learn how to use the tools of this ancient wisdom. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 5

RP3402.101 N Laurel Comm Ctr Oct 5 7-8pm W \$75

## Finance

### Financial Fitness for Women with Fran Makino

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurance and what is needed. Work on investment strategies. Questions are welcome. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 3

RP3410.101 River Hill HS Sep 21 7-9pm W \$45

## Language

### Everyday Spanish I with Cecilia Redmond

This class gives you the basic initiation to the language. Learn grammar fundamentals and practice them in an enjoyable way. Build confidence as you learn vocabulary on familiar topics. Put it all together and you're ready for easy conversation starters. Native speaking instructor shares strategies and cultural insights. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 6

RP3404.101 Ellicott Mills MS Oct 6 7-8:30pm Th \$65

### Hablemos Español with Cecilia Redmond

Enjoy a different topic of conversation for each immersion class. A vocabulary list is provided. Have fun communicating with classmates only in Spanish. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 5

RP3403.101 Ellicott Mills MS Sep 26 7-8pm M \$55

## Parnormal Investigation

### Belmont Investigation & Ghost Tour

Join the Inspired Ghost Tracking team as they guide you on a tour of the Manor, grounds and cemetery (weather permitting). Participate in an actual paranormal investigation and visit areas where paranormal activity has been suspected. Investigators from IGT use EMFs, data recorders, and temperature sensors to search for paranormal activity. Bring your own flashlights and dress appropriately for the weather. Registration/Info: 410-313-0200.  
RP9901.101 18 yrs + Belmont Oct 28 7:30-10:30pm F \$25

### Double Murder Investigation

This program focuses on an investigation where the Inspired Ghost Tracking Team mediums and members used scientific instruments to help prove the identities of two ghosts who were victims of a double murder.  
RP9905.101 18 yrs + Belmont Sep 27 7:30-9pm Tu \$15

### NEW! Interactive After-Hours Tour of PFI

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### Introduction to Ghost Investigating

What is the difference between a ghost and a spirit? This lecture explores that complex question and tries to explain why some spirits stay behind and are unable to move on, and how ghosts can cross over into spirits. Discover how these entities are detected using both science and technology.  
Registration/Info: 410-313-0200.  
RP9902.101 18 yrs + Belmont Aug 9 7:30-9pm Tu \$15

### Pets and the Afterlife

Learn how some pets have the ability to send signals to the living, and may wait for us in the hereafter. Rob Gutro, Author of *Pets and the Afterlife*, shares scientific studies that prove our pets have emotions and personalities. He will identify the signs they give us and the science behind why living pets can sense entities. Registration/Info: 410-313-0200.  
RP9904.101 18 yrs + Belmont Sep 13 7:30-9:30pm Tu \$15

### A Paranormal Casebook of Maryland

The Inspired Ghost Tracking team discusses several of their most unusual Maryland investigations such as the Case of the Dismembered Ghost, the "Alleyway" ghost, and others. Learn why ghosts stay behind and how the IGT team works with them to bring them solutions and peace.  
RP9907.201 18 yrs + Belmont Dec 13 7:30-9pm Tu \$15

### Recognizing Signs from Loved Ones

If you have lost someone you loved, Rob Gutro, author/medium/scientist, explains how to look for signs from the other side to prove that our loved ones are still around us. Learn how the logical mind dismisses signs from spirits and how spirits use electronics, nature, look-a-likes, and scents to communicate with us. Registration/Info: 410-313-0200.  
RP9903.101 18 yrs + Belmont Nov 8 7:30-9pm Tu \$15

### Pet Instruction

#### Dog Obedience

Turn Rover into a well-behaved companion. Dog must be older than four months old with current shots. Instructor advises about leash and collar. Please bring dog on a 6-foot leash, no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

16 yrs + 6:30-7:30pm Classes: 6

RP3407.101	Darryll Ann Bushling	Dunloggin MS	Sep 14	W	\$69
RP3407.102	Mariann Hein	Schooley Mill Pk	Sep 19	M	\$69



Get your dog ready for the dog park with obedience & socialization.

### Dog Park Manners with Darryll Ann Buschling

Having trouble at the dog park? Is your dog nervous, aggressive, or does not listen when it's time to go? This is a great class for socializing and becoming acquainted with the dog park. We start with basic dog obedience and work up to socializing and experiencing the dog park. Please bring a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

16 yrs +

RP3408.101	Worthington Pk	Sep 17	11am-1pm	Sa	\$25
RP3408.102	Worthington Pk	Oct 15	11am-1pm	Sa	\$25

### Pet CPR & First Aid with PetStructor

Would you know what to do if you found your cat choking in the kitchen or your dog unresponsive in the backyard? This basic pet CPR & first aid class teaches participants how to manage pet CPR, rescue breathing, choking, heat & cold injuries, seizures, bleeding & shock, insect bites & stings and more! A 40-page handbook, emergency muzzle & certificate of training are included. Please leave pets at home. Materials fee is to be paid directly to instructor. No lunch, bring snacks if desired. PetStructor is located at 10015 Old Columbia Road in Columbia. Use Entrance A. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

RP3406.101 16 yrs + PetStructor Oct 15 11am-4pm Sa \$70

### Writing

#### NEW! Becoming an Author with Amy Brooks

Have you ever felt called to write a book? Now is your chance to go from idea to manuscript in less than 90 days. Author and Writing Coach, Amy Brooks, guides you through an easy process that will transform your book dreams into a reality. With her expertise as writer and coach, Amy helps you navigate the challenges that stop most first-time authors before they even get started. Don't wait for the "perfect" time; start your book now and step into your new role as an author. It's time to share your story with the world! Required materials: notebook, pen, laptop computer (optional). (No class 11/1.) Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 6

RP3422.101 N Laurel Comm Ctr Oct 4 7-8pm Tu \$125

## Creative Writing Workshop with Mark Stubenberg

Do you enjoy creative fiction writing and want to expand your talent and skill? Evaluate your strengths and weaknesses through instructor and peer review of your own original work. Receive instruction on effective techniques for improving your prose and/or poetry. From short stories, to essays, blogs, and poetry, show off your skills and learn about the procedures and opportunities to publish your work. Get your own work submitted for publication by the end of class. All levels welcome. Bring samples of your work if you have any and a 3-ring binder. \$10 materials fee due at first class. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP3417.101 Hammond HS Oct 3 7-9pm M \$85

## Music & Theater Arts

- Materials fee due at the beginning of class.
- Classes listed in alphabetical order.

### Music

#### The Art of Hand Drumming with Orlando Cotto

Both drumming beginners and serious enthusiasts are welcome! Led by professional percussionist Orlando Cotto, (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. Learn techniques and skills such as drum tuning and developing sounds. You're encouraged to bring your own drums, though conga drums can be rented from the instructor for a one-time fee of \$45. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 4

RP3435.101 Wilde Lake HS Oct 6 7-8pm Th \$80

#### Beginning Guitar with Art Spilkia

Learn chords and strums to accompany classic rock and folk-rock songs. Start learning how to play rock and roll instrumentals. Bring a six-string acoustic or electric guitar. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 5

RP0225.101 Oakland Mills HS Oct 4 7-8pm Tu \$65

#### Intermediate Guitar with Art Spilkia

Now that you have a basic knowledge of chords, rhythms, and fret board notes, learn more advanced chords, rhythms, and guitar instrumentals. Bring a six-string acoustic or electric guitar. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 5

RP0226.101 Oakland Mills HS Oct 4 8-9pm Tu \$65

#### Intro to the Ukulele with Thomas Davey

Have you ever wanted to play an instrument but was afraid it was too hard? It's never too late and the ukulele is one of easiest instruments to learn! Learn the basic techniques and some easy songs from Hawaiian tunes to folk and rock songs. It is also one of the most affordable instruments, so bring your own Ukulele to class and a 3-ring binder. Instruments on sale: [www.musicarts.com](http://www.musicarts.com). Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP0228.101 N Laurel Comm Ctr Sep 28 7-8pm W \$95

## NEW! Keyboarding with Olenka School of Music (OSM)

You're never too old to bring music into your life! This class is designed as a rich exploration of the essentials of music theory and keyboarding. Students will enjoy learning to read and write music as well as keyboarding technique. Classes focus on the fundamentals of the universal language of music. This class is intended for beginners. No previous experience necessary.

18 yrs + Olenka School of Music Columbia Classes: 10

RP3427.101 Aug 29 5:30-6:30pm M \$298

#### Musical Muses: Choir with Keith Tittermary

Do you like to sing but don't like classical music or religious hymns? Don't have time for a full theatre production, but enjoy performing in a group, learning to sing and harmonizing while having fun in a creative environment? Beginners and experienced singers welcome. Led by a professional choir director, learn entertaining secular music pieces including but not limited to Broadway show tunes, pop/rock hits, or old classics updated for a contemporary audience. No auditions are necessary. All rehearsals meet on Monday except November 7. (Additional rehearsal: Wednesday, November 30.) Season ends with a public performance on Saturday, 12/3. Bring a 3-ring binder with pockets. \$10 materials fee due to instructor at first class. Sign up with a friend for more fun! Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP3424.101 Baldwin Hall Oct 10 7-8:30pm M \$35

### Piano I

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. (Must have access to a keyboard to practice on outside class.) Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 8

RP0230.101 River Hill HS Sep 24 11am-noon Sa \$115

### Rock Drum Class

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham to Dave Grohl, from beginner to advanced, we can help you achieve this dream. Come and rock out! Please call 410-988-2062 or visit [www.therockshopmd.com](http://www.therockshopmd.com) for more information. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

18 yrs + Classes: 5

RP3431.101 The Rock Shop Oct 7 7:30-8:30pm F \$139

## NEW! Singer/Songwriter Clinic

Have you ever wanted to write your own song but never knew where or how to start? Are you the next Joni Mitchell, Stevie Nicks or Taylor Swift? We can help you achieve this dream. Please call 410-988-2062 or visit [www.therockshopmd.com](http://www.therockshopmd.com) for more information. Info: Karen Bradley Ehler, 410-313-4635 or [kehl@howardcountymd.gov](mailto:kehl@howardcountymd.gov).

21 yrs + Classes: 5

RP3428.101 The Rock Shop Oct 7 8:30-9:30pm F \$139

### Theater

#### NEW! Musical Theatre

Learn acting, singing, and dancing skills as you work group songs and scenes in a low-pressure learning environment, all while having a great time with your classmates. A final showcase for family and friends will conclude the session! Taught by accomplished actress, singer, and educator Janine Sunday, this class accommodates a variety of skill sets from beginner to intermediate.

18 yrs + Classes: 8

RP3425.101 Drama Learning Center Oct 1 3:30-5pm Sa \$185





Enjoy low-impact exercise in the warm water of a therapeutic pool at an aquatics class!

# Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.

**Adventure & Outdoors** *Page 18*

**Nature & Environment** *Page 22*

## Aquatics

- Listed in alphabetical order, then start date.

### Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 8

RP3518.101 Cedar Lane School Oct 1 10:30am-12:30pm Sa \$56

### Therapeutic Aqua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dance-based movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction. (No class 11/8.) Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 8

RP3520.101 Cedar Lane School Sep 20 6-7pm Tu \$72

### Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 10/3, 10/12 & 10/31.) Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 8

RP3519.101 Cedar Lane School Sep 19 6:15-7:15pm M \$72

RP3519.102 Cedar Lane School Sep 21 6-7pm W \$72

## Crafts & Fine Arts

### Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 12

RP0305.101 Bain Ctr Sep 1 9:30am-noon Th \$15

### Creative Expressions

Learn, practice and improve your artistic skills in this creative and fun class. From beginners to advanced painters, all are welcome to explore drawing and painting with instructor Barbara Floyd. Instruction will be provided in drawing and painting. Discuss materials (purchased separately) at first class. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 8

RP0306.101 Bain Ctr Sep 15 1:15-3:45pm Th \$70

### Drawing & Painting with Zina flickr

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. Advanced painters, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. Materials list \$50 (purchased separately) discussed at the first class. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 14

RP0302.101 Gary J Arthur Comm Ctr Sep 12 10am-noon M \$110

RP0302.102 Gary J Arthur Comm Ctr Sep 12 1:15-3:15pm M \$110

### NEW! Watercolor Basics Very Beginner with Carol Zika

This mini-course is a prerequisite for *Watercolors with Carol Zika*. Learn basic techniques of painting with transparent watercolors, about paper, brushes and paint, brush calisthenics, washes, glazing and color mixing. Appropriate for self-taught or complete beginners as well as students looking for an introduction sampler. Recommended supplies discussed at first class and are available through the instructor. Materials fee of \$5 collected at first meeting. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 3

RP0307.101 E. Columba Lib Sep 9 1-3:30pm F \$30

### Watercolors with Carol Zika

A painting class for students who have completed *Watercolor Basics Very Beginner* and those with previous watercolor experience. Instructor will provide guided lessons, building technique and confidence. Bring materials to the first class. (No class 10/21, 11/25.) Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 10

RP0303.101 E. Columba Lib Sep 30 1-3:30pm F \$100

You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/ instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. (No class 10/21, 11/25.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 12  
RP0304.101 E. Columba Lib Sep 9 9:15-11:45am F \$120

Knitting & Crocheting

Community Knitting & Crocheting Group

Explore your creative side! Knit or crochet cozy scarves, snuggly blankets and warm hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. "Acrylic yarn" donations gladly accepted. Please, no wool or cotton. Preregistration required. Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov.

55 yrs + / 2nd and 4th Wed of the month  
RP3070.601 Kiwanis-Wallas Hall 1-3 pm W Free

Drop-In

Bridge Classes

For a complete listing of Bridge classes, please contact Cathy Vigus, 410-313-7311.

BUNCO

It's a "roll of the dice" game. BUNCO is gaining in popularity and now you can get in on the fun! Join us for an hour of this exciting dice game. No experience necessary. No preregistration required.

Bain Ctr 55 yrs + 10:30-11:30am Last Fri of the month Free

Drop-In Social Bridge

Stop by for some social Bridge. Beginners welcome! Coffee, tea and light refreshments available. We gladly accept donations to the snack fund.

Kiwanis-Wallas Hall 55 yrs + 9am-noon W Free

Duplicate Bridge

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall 55 yrs + Noon-3:30pm W Free  
Kiwanis-Wallas Hall 55 yrs + 9:15am-12:45pm F Free

Mahjong

Kiwanis-Wallas Hall 55 yrs + 1-3:30pm W Free

Marathon Bridge

Kiwanis-Wallas Hall 55 yrs + Noon-4pm First Wed of the month Free

Pinochle

Kiwanis-Wallas Hall 55 yrs + 9:30am-3:30pm F Free

Toss Across

Who says "close only counts in horseshoes?" In Toss Across, it definitely counts! Try the latest backyard and tailgating craze. Have fun and get a little exercise too. Meet in the Bain Center lobby. No preregistration required.

Bain Ctr 55 yrs + 10:30-11:30am F Free



Practice Drawing & Painting with Zina through projects and demonstrations that help your creativity soar.

Trivia Time

Come show us what you know during this entertaining hour of group trivia! Fire up those brain cells while you help your team compete. Meet in the lobby. No preregistration required.

Bain Ctr 55 yrs + 9:30-10:20am Last Fri of the month Free

Wii Bowling Club

55 yrs + / Ongoing / Free

Why let the kids have all the fun? Bowl in a virtual alley without leaving the building. You improve hand-eye coordination and get some exercise while competing against your peers. Two sessions offered each week.

Bain Ctr 55 yrs + 9:30-10:30am Tu Free  
Bain Ctr 55 yrs + 10:30-11:30am Tu Free

Noontime Flicks

Join us for a noontime movie. Light refreshments served. Purchase your "Movie Ticket" at the front desk of Roger Carter Community Center the day of the movie. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs +					
RP3504.101	Roger Carter Comm Ctr	Sep 12	Noon-2pm	M	\$2
RP3504.102	Roger Carter Comm Ctr	Oct 10	Noon-2pm	M	\$2
RP3504.103	Roger Carter Comm Ctr	Nov 14	Noon-2pm	M	\$2

Lifelong Learning

Bridge for Beginners

Learn the basics of this popular game. Class covers what you need to get started: bidding, play of the hand, defense and more. Class textbook / \$20 material fee due at the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 8  
RP3515.101 Kiwanis-Wallas Hall Sep 30 12:30-2:30pm F \$72

Supervised Bridge Play

Practice your bridge bidding and play with hands-on supervisor instruction. Mini lesson then shuffle, deal and play. Come as a single, with a partner or as a table of four. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs +	Classes: 4				
RP3514.101	Kiwanis-Wallas Hall	Sep 30	10am-noon	F	\$36
RP3514.102	Kiwanis-Wallas Hall	Oct 28	10am-noon	F	\$36



Get fit and stay fit with our classes for any skill level and interest.

## Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at our Community Centers.

## Cardio and Strength

### AM Fitness Workout with Vickie Jacobs, AFAA, AAI

Warm up with fun and easy moves; then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve overall flexibility and balance. This is perfect for all fitness levels! Fitness waiver must be completed prior to exercising. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 21

RP8669.101 Roger Carter Comm Ctr Sep 13 8-9am Tu,Th \$116

### Aqua Zumba

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering – experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! FREE classes on September 20 and October 20; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Roger Carter Comm Ctr Classes: 8

RP8612.101	Michelle Taylor	Sep 20	9:45-10:30am	Tu,Th	\$80
RP8612.102	Meridith Hurd	Sep 20	6:30-7:15pm	Tu,Th	\$80
RP8612.111	Michelle Taylor	Oct 25	9:45-10:30am	Tu,Th	\$80
RP8612.112	Meridith Hurd	Oct 25	6:30-7:15pm	Tu,Th	\$80
RP8612.121	Michelle Taylor	Nov 29	9:45-10:30am	Tu,Th	\$80
RP8612.122	Meridith Hurd	Nov 29	6:30-7:15pm	Tu,Th	\$80

### Barre Burn with Becca Sigmund

Ballet movements combine with floor work and fitness exercises for a full workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Finish with a cool down and stretch. Bring 4-to-5-lb. weights. Mats provided, but you're encouraged to bring your own. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8282.101 Kinetics Dance Theatre Sep 14 8-9pm W \$110

### Barre None with Jordan Miller, SCW

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! (No class 11/22.) FREE class on September 13, visit [www.freedomfitness.info/events](http://www.freedomfitness.info/events) to register. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8130.101 Gary J Arthur Comm Ctr Sep 20 6:30-7:25pm Tu \$75

### Body Conditioning

#### with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights. (No class 11/8, 11/22, 11/24.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or

18 yrs + Classes: 24

RP8220.101 Rockburn ES Sep 13 7:05-8pm Tu,Th \$71

### “Build Your Engine” Strength Training with Cristy Edwards, ACE

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. (No class 10/3, 10/12, 10/31, 11/7.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 14

RP8506.101 Thunder Hill ES Sep 14 7-8pm M,W \$52



## Cardio Blast Interval with Beth Harbinson, AFAA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs recommended) and a mat. (No class 9/12, 10/3, 10/12, 10/31, 11/7, 11/21, 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 24

RP8422.101 Veterans ES Sep 7 7-8pm M,W \$84

## Cardio Crunch Challenge with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. (No class 10/3, 10/12, 10/31, 11/7, 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Cedar Lane Rec Ctr

RP8481.101 Classes: 11 Sep 19 9:30-10:45am M or W \$66  
RP8481.102 Classes: 22 Sep 19 9:30-10:45am M,W \$132

## Cardio Fusion with Marianne Larkin, AAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 10/3, 10/12.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Gary J Arthur Comm Ctr

RP8482.101 Classes: 12 Sep 12 9:35-10:50am M or W \$60  
RP8482.102 Classes: 24 Sep 12 9:35-10:50am M,W \$105

## Circuit Weight Training with Lisa Noorani, AFAA

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, you get a thorough, total-body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience! FREE class on September 14; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). (No class 10/10, 11/21, 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 24

RP8660.101 Roger Carter Comm Ctr Sep 19 9:15-10:15am M,W \$129

## Fit Jam: Cardio Party with Liz Rolland

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8350.101 Gary J Arthur Comm Ctr Sep 12 5:45-6:45pm M \$120  
RP8350.102 Gary J Arthur Comm Ctr Sep 15 5:45-6:45pm Th \$120



*Tone and tighten your core at a challenging cardio class!*

## Fit Jam: Fire and Spice! With Liz Rolland

Think workouts are boring? Think again! Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff! Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8351.101 Gary J Arthur Comm Ctr Sep 16 9:30-10:45am F \$144

## NEW! HIIT Workout Party with Royale Fit with Emmanuel Olujimi, AAI/ISMA

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a High Intensity Interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consist of 15 mins. Jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confident, strong and fit. All fitness levels are welcome. Bring along a jump rope, a mat and 5 or 10 lbs. pair of dumb bell. (Jump rope will be available for sale.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8550.101 N Laurel Comm Ctr Sep 13 6:30-7:30pm Tu \$114  
RP8550.102 N Laurel Comm Ctr Sep 17 11am-noon Sa \$114

## La Canne (French Cane Fighting) with Steve Savoie, Moniteur in Canne De Combat

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. A unique class. Once you try it, you'll love it! No experience required. Practice canes provided. Shin guards recommended. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 8

RP8505.101 Cedar Lane Rec Ctr Sep 15 8:15-9:15pm Th \$46



*Get your heart rate pumping with muscle-toning, fat-burning workouts!*

### Piloxing with Laura Barrett-Nutting, AFAA

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered! (No class 11/22.) FREE class on September 13; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8135.101 Gary J Arthur Comm Ctr Sep 20 7:30-8:30pm Tu \$75

### Step & Sculpt! With Marianne Larkin, AAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. (No class 9/22, 11/8, 11/24.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Mt. View MS

RP8300.111 Classes: 11 Sep 13 7-8pm Tu or Th \$46

RP8300.112 Classes: 23 Sep 13 7-8pm Tu,Th \$95

### Step & Sculpt Plus!

#### With Marianne Larkin, AAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. (No class 9/24, 10/22.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8300.101 Gary J Arthur Comm Ctr Sep 10 8:30-9:45am Sa \$63

### Tabata Boot Camp with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workout can be modified. (No class 11/25.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8485.101 Roger Carter Comm Ctr Sep 23 9:15-9:55am F \$60

### Trim & Tighten

Enjoy a total body workout moved to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while improving your strength, balance and flexibility. Bring a mat and 2 to 5lb weights. (No class 9/22, 10/12, 11/8, 11/23-24.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Kim Davis, NASM Classes: 12

RP8210.101 Burleigh Manor MS Sep 14 6:30-7:25pm W \$37

18 yrs + Marianne Larkin, AAI Classes: 23

RP8210.102 Mt. View MS Sep 13 6-6:55pm Tu,Th \$72

### WERQ® Dance Fitness by Tracy Cox, AFAA

WERQ® is the fiercely fun dance fitness class based on pop, rock and hip hop music taught by licensed and certified fitness professionals. For information on this fiercely funky program, visit [werqfitness.com](http://werqfitness.com). FREE class on September 14; register at: [www.freedomfitness.info/events](http://www.freedomfitness.info/events). (No class 11/12, 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8430.111 Mt. View MS Sep 21 9:15-10:15am W \$99

### Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check and check. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Instructor TBD (No class 10/3, 10/31, 11/7, 11/21) Classes: 8

RP8430.101 Mt. View MS Sep 19 9:15-10:15am M \$54

18 yrs + Brandi Harrington, Zumba, AFAA Classes: 10

RP8360.101 Misako Beats Sep 15 7:30-8:30pm Th \$120

RP8360.102 N Laurel Comm Ctr Sep 17 9:30-10:30am Sa \$120

18 yrs + Stephanie Scott, Zumba Classes: 12

\*\*Join us for a FREE class on Sep 14, 5:30-6:30pm. Call 410-313-2764 to sign up.\*\*

RP8330.101 Roger Carter Comm Ctr Sep 19 5:30-6:30pm M \$78

RP8330.102 Roger Carter Comm Ctr Sep 21 5:30-6:30pm W \$78

18 yrs + Temera Royston, Zumba, AFAA (No class 10/3, 10/12, 10/31, 11/21,

11/23) Classes: 20

\*\*Join us for a FREE class on Sep 19. Register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events).

RP8430.102 N Laurel Comm Ctr Sep 19 6:30-7:20pm M,W \$149

18 yrs + Cheryl Osborne, Zumba, AFAA (No class 10/3, 10/12, 10/31, 11/21, 11/23)

Classes: 20

\*\*Join us for a FREE class on Sep 14. Register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events).

RP8430.103 Mt. View MS Sep 21 6:30-7:20pm M,W \$149



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# Health & Relaxation

## Gentle Yoga with Tracy Cox, Yogafit, AFAA

This relaxed, fun, but purposeful version of yoga emphasizes yoga movements and poses to build strength, grace and mindfulness. Bring a yoga mat. FREE class on September 14; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). (No class 10/12, 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8420.103 Mt. View MS Sep 21 10:15-11:15am W \$99

## NEW! Hatha Yoga at Misako Beats

This is an introductory class to Hatha Yoga. Learn the fundamentals of safe yoga practices including stretching, strengthening and breathing. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 8

RP8155.111 Misako Beats Sep 13 7-8pm Tu \$99

## Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Kinetics Dance Theatre Classes: 11

RP8240.101 Kris Copeman Sep 15 9:45-10:45am Th \$110

RP8240.102 Rachel Wolfe Sep 16 7:15-8:15pm F \$110

## Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns will lengthen and strengthen your muscles with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 8

RP8155.101 Misako Ballet Studio Sep 17 8:30-9:30am Sa \$99

## Pilates with Marc Scimonelli, AFAA, NETA, Pilates

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. You work everything from your neck to your knees to your entire core. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it! Bring a mat. FREE class on September 13; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). (No class 11/22, 11/24.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 23

RP8420.101 Cedar Lane Rec Ctr Sep 15 7:30-8:30pm Tu,Th \$129

## NEW! Level II Pilates

### with Marc Scimonelli, AFAA, NETA, Pilates

Pilates, Level II is limited to only 12 people, giving the experienced Pilates enthusiast more individualized instruction. This whole-body program emphasizes core strengthening for abdominal and lower back muscles. You work everything from your neck to your knees to your entire core. Have fun toning and lengthening your muscles, increasing your strength, and improving your posture and flexibility! Bring a mat.

FREE class on September 13; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events).



Practice body and mind awareness at a health and relaxation class.

(No class 11/22, 11/24.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 23

RP8420.111 Cedar Lane Rec Ctr Sep 15 6:30-7:30pm Tu,Th \$199

## Pilates Plus with Liz Rolland

This matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights will be added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8384.101 Roger Carter Comm Ctr Sep 13 9:15-10:15am Tu \$144

## PiYo® with Lisa Noorani, AFAA

Ready to find your flex appeal? Experience an intense but low-impact workout that burns crazy calories for a long, lean, beautiful physique. PiYo® combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. Use your body weight to perform a series of continuous targeted moves to define every single muscle, big and small. You sweat, stretch and strengthen all in one PiYo® workout! No weights, no jumps, no bulk, just hardcore results. FREE class on September 14; register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). (No class 10/10, 11/21, or 11/23.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Roger Carter Comm Ctr Classes: 24

RP8435.101 Sep 19 10:30-11:20am M,W \$179

## Power Yoga Intermediate with Kris Copeman

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 11

RP8241.101 Kinetics Dance Theatre Sep 15 11am-noon Th \$110





*Improve your mental focus and release stress at a yoga class.*

## NEW! Qigong with Chris Judge

Qigong is a moving meditation practice that brings balance to the body and mind by connecting thoughtful movement with deep breathing. Learn a series of gently flowing movements that strengthen muscles and tendons, stabilize joints and quiet the mind. All levels of practitioner are welcome. Please wear comfortable clothing, no mat required. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 8

RP8155.121 Misako Beats Sep 14 7-8pm W \$99

## Revive, Relax & Renew

### with Mary Garrett, NETA, E-RYT 500

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8252.101 Gary J Arthur Comm Ctr Sep 12 7-8pm M \$114

RP8252.102 Gary J Arthur Comm Ctr Sep 14 5:45-6:45pm W \$114

## Scoop Pilates with Lori Nowicki, AAI, AFPA

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core; increase your flexibility; and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 24

RP8154.101 Cedar Lane Rec Ctr Sep 20 9-10am Tu,Th \$168

## Sunday Afternoon Yoga

### with Mary Garrett, NETA, E-RYT 500

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing,

meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week! Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8252.112 Gary J Arthur Comm Ctr Sep 18 2-3pm Su \$114

## Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. (No class 10/12, 11/23, 11/24.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

18 yrs + Classes: 12

RP8850.101 Dunloggin MS Sep 14 7-8pm W \$93

RP8850.102 Dunloggin MS Sep 14 8:05-9:05pm W \$93

18 yrs + Classes: 13

RP8850.103 Murray Hill MS Sep 15 7-8pm Th \$99

RP8850.104 Murray Hill MS Sep 15 8:05-9:05pm Th \$99

## Teen Yoga with Rachel Wolfe

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

13-17 yrs Classes: 11

RP8245.101 Kinetics Dance Theatre Sep 16 4:30-5:30pm F \$110

## Therapeutic Massage

Skilled, gentle, massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

18 yrs + ½ hr - \$35, 1 hr - \$60, 1 ½ hr - \$85, Reflexology - \$45

Gary J. Arthur Comm Ctr 10am-9pm Tu

## Yoga for a Stressful World with Liz Rolland

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Roger Carter Comm Ctr Classes: 12

RP8284.101 Sep 12 9:15-10:15am M \$144

## Yoga Nidra: A Guided Practice for Deep Relaxation with Liz Rolland

Yoga Nidra is an ancient method of releasing tension from both the body and the mind. This gentle, easy practice has been proven to help relieve stress, insomnia, and has even been shown to help with Post Traumatic Stress Disorder. But you don't need to suffer from any of these to benefit from the thirty minutes of simple warm-up stretches and thirty minutes of complete relaxation this class provides. Have you been burning the candle at both ends? Join us to bring some peace and tranquility into your life. Bring a thick yoga mat, a large beach towel or blanket, and get ready to relax! Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8284.102 Gary J Arthur Comm Ctr Sep 16 11am-noon F \$144



*It's never too late to start aerobic training at Fitness for Life.*

## Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov).

18 yrs + Classes: 12

RP8244.101 Kinetics Dance Theatre Sep 13 8:30-9:30pm Tu \$120

## Adults (55 yrs +)

### Exercise with Ease

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves. (No class 11/24.) Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 24

RP8060.101 E. Columbia 50+ Ctr Sep 13 9-10am Tu,Th \$72

### Fitness for Life

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising. Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs + Classes: 12

RP8666.112 Roger Carter Comm Ctr Sep 23 10-11:15am F \$72

55 yrs + Classes: 21

RP8666.101 N Laurel Comm Ctr Sep 19 1-2:15pm M,W \$126

55 yrs + Classes: 24

RP8666.102 Roger Carter Comm Ctr Sep 20 12:15-1:30pm Tu,Th \$144

RP8666.103 Gary J Arthur Comm Ctr Sep 20 10:30-11:45am Tu,Th \$144



*Personal trainers tailor your workout to fit your individual needs.*

## Personal Training

### Personal Training

Each session lasts 30 minutes and is customized to fit individual needs and abilities. Training sessions include one participant to one trainer; semi-private sessions include up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served. All sessions must be scheduled at the time of registration in person or over the phone. Registration: 410-313-2764. Info: Alecia Harvey, 410-313-2763 or [aharvey@howardcountymd.gov](mailto:aharvey@howardcountymd.gov).

13 yrs + Classes: 4 \$160 or Classes: 8 \$299

RP4090.101 Roger Carter Comm Ctr Sep 12 9am-8:30pm M-Th,Sa

### Semi-Private Personal Training

Each session lasts 30 minutes and is customized to fit individual needs and abilities. Training sessions include one participant to one trainer; semi-private sessions include up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served. All sessions must be scheduled at the time of registration in person or over the phone. Registration: 410-313-2764. Info: Alecia Harvey, 410-313-2763 or [aharvey@howardcountymd.gov](mailto:aharvey@howardcountymd.gov).

13 yrs + Classes: 4 \$240 or Classes: 8 \$459

RP4090.102 Roger Carter Comm Ctr Sep 12 9am-8:30pm M-Th,Sa

# Concussion Information

[www.howardcountymd.gov/concussion](http://www.howardcountymd.gov/concussion)

## What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

## What are some warning signs of a concussion? — For Immediate Attention Call 911

### Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

### Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

## What should you do if you think a concussion has occurred?

### 1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

### 2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

### 3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

### 4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

- Take rest breaks as needed
- Spend fewer hours at activities
- If in doubt, sit it out!

## Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or [www.myheadfirst.com](http://www.myheadfirst.com).  
6334 Cedar Lane, Columbia, MD 21044  
18045 Georgia Avenue, Olney, MD 20832  
2401 Brandermill Boulevard, Gambrills, MD 21054



# Sudden Cardiac Arrest

[www.howardcountymd.gov/suddencardiaccrrest](http://www.howardcountymd.gov/suddencardiaccrrest)

## What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

### Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

### Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

## Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider.

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

## How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

1. There is a "Pre-Participation Physical Evaluation Form" available at <http://www.mpssaa.org/healthandsafety/forms.asp>.
2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
  - a. had sudden unexplained and unexpected death before the age of 50.
  - b. was diagnosed with any of the heart conditions listed above.
  - c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association ([www.heart.org](http://www.heart.org)), Parent Heart Watch ([www.parentheartwatch.org](http://www.parentheartwatch.org)) and the Sudden Cardiac Arrest Foundation ([www.sca-aware.org](http://www.sca-aware.org)).



Try out something new or perfect existing skills at one of our many sports programs.

## Sports

- Superintendent: Allan Harden, 410-313-4652.

### Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

### League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion.

## Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist

child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.

- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 68-69. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

## Group Exercises (0-18 yrs)

### Baby Water Play: Parent/Child

Parents, learn how to work safely with your child in the water, including how to appropriately support and hold your child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers and rubber shorts must be worn. Registration/Info: 410-313-2764.

6 mos-3 yrs    Classes: 8

RP4007.101	Roger Carter Comm Ctr	Sep 20	11-11:20am	Tu,Th	\$70
RP4007.102	Roger Carter Comm Ctr	Sep 20	5-5:20pm	Tu,Th	\$70
RP4007.103	Roger Carter Comm Ctr	Sep 20	5:30-5:50pm	Tu,Th	\$70
RP4007.104	Roger Carter Comm Ctr	Sep 21	11-11:20am	W,F	\$70
RP4007.105	Roger Carter Comm Ctr	Oct 25	11-11:20am	Tu,Th	\$70
RP4007.106	Roger Carter Comm Ctr	Oct 25	5-5:20pm	Tu,Th	\$70
RP4007.107	Roger Carter Comm Ctr	Oct 25	5:30-5:50pm	Tu,Th	\$70
RP4007.108	Roger Carter Comm Ctr	Oct 26	11-11:20am	W,F	\$70
RP4007.109	Roger Carter Comm Ctr	Nov 29	11-11:20am	Tu,Th	\$70
RP4007.110	Roger Carter Comm Ctr	Nov 29	5-5:20pm	Tu,Th	\$70
RP4007.111	Roger Carter Comm Ctr	Nov 29	5:30-5:50pm	Tu,Th	\$70
RP4007.112	Roger Carter Comm Ctr	Nov 30	11-11:20am	W,F	\$70

## Preschool Swimming

### Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

### Level 2 (must have passed Level 1)

Children become more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

### Level 3 (must have passed Level 2)

Children practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions. Registration/Info: 410-313-2764.

#### 4-5 yrs Level 1 Classes: 8

RP4009.101	Roger Carter Comm Ctr	Sep 20	11:30-11:50am	Tu,Th	\$70
RP4009.102	Roger Carter Comm Ctr	Sep 20	5-5:20pm	Tu,Th	\$70
RP4009.103	Roger Carter Comm Ctr	Sep 20	6-6:20pm	Tu,Th	\$70
RP4009.104	Roger Carter Comm Ctr	Oct 25	5-5:20pm	Tu,Th	\$70
RP4009.105	Roger Carter Comm Ctr	Nov 30	11:30-11:50am	W,F	\$70
RP4009.106	Roger Carter Comm Ctr	Nov 29	5-5:20pm	Tu,Th	\$70

#### 4-5 yrs Level 2 Classes: 8

RP4010.101	Roger Carter Comm Ctr	Sep 21	11:30-11:50am	W,F	\$70
RP4010.102	Roger Carter Comm Ctr	Sep 20	5:30-5:50pm	Tu,Th	\$70
RP4010.103	Roger Carter Comm Ctr	Oct 25	11:30-11:50am	Tu,Th	\$70
RP4010.104	Roger Carter Comm Ctr	Oct 25	5:30-5:50pm	Tu,Th	\$70
RP4010.105	Roger Carter Comm Ctr	Oct 25	6-6:20pm	Tu,Th	\$70
RP4010.106	Roger Carter Comm Ctr	Nov 29	5:30-5:50pm	Tu,Th	\$70

#### 4-5 yrs Level 3 Classes: 8

RP4011.101	Roger Carter Comm Ctr	Sep 20	6-6:20pm	Tu,Th	\$70
RP4011.102	Roger Carter Comm Ctr	Oct 26	11:30-11:50am	W,F	\$70
RP4011.103	Roger Carter Comm Ctr	Oct 25	6-6:20pm	Tu,Th	\$70
RP4011.104	Roger Carter Comm Ctr	Nov 29	11:30-11:50am	Tu,Th	\$70
RP4011.105	Roger Carter Comm Ctr	Nov 29	6-6:20pm	Tu,Th	\$70
RP4011.106	Roger Carter Comm Ctr	Nov 29	6-6:20pm	Tu,Th	\$70

## Aqua Kids

### Level 1

In this introduction to swimming, learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

### Level 2 (must have passed Level 1)

Learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Enjoy learning how to float without support and recover to a standing position. Deep-water safety is introduced.

### Level 3 (must have passed Level 2)

Build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Begin learning head-first entries.

Registration/Info: 410-313-2764.

#### 6-10 yrs Level 1 Classes: 8

RP4012.101	Roger Carter Comm Ctr	Sep 21	5-5:30pm	W,F	\$80
RP4012.102	Roger Carter Comm Ctr	Sep 21	6:15-6:45pm	W,F	\$80
RP4012.103	Roger Carter Comm Ctr	Oct 26	5-5:30pm	W,F	\$80
RP4012.104	Roger Carter Comm Ctr	Oct 26	6:15-6:45pm	W,F	\$80
RP4012.105	Roger Carter Comm Ctr	Oct 26	6:50-7:20pm	W,F	\$80
RP4012.106	Roger Carter Comm Ctr	Nov 30	5-5:30pm	W,F	\$80
RP4012.107	Roger Carter Comm Ctr	Nov 30	6:50-7:20pm	W,F	\$80

#### 6-10 yrs Level 2 Classes: 8

RP4013.101	Roger Carter Comm Ctr	Sep 21	5:40-6:10pm	W,F	\$80
RP4013.102	Roger Carter Comm Ctr	Sep 21	6:15-6:45pm	W,F	\$80
RP4013.103	Roger Carter Comm Ctr	Sep 21	6:50-7:20pm	W,F	\$80
RP4013.104	Roger Carter Comm Ctr	Oct 26	5:40-6:10pm	W,F	\$80
RP4013.105	Roger Carter Comm Ctr	Oct 26	6:50-7:20pm	W,F	\$80
RP4013.106	Roger Carter Comm Ctr	Nov 30	5:40-6:10pm	W,F	\$80
RP4013.107	Roger Carter Comm Ctr	Nov 30	6:15-6:45pm	W,F	\$80

#### 6-10 yrs Level 3 Classes: 8

RP4014.101	Roger Carter Comm Ctr	Sep 21	6:50-7:20pm	W,F	\$80
RP4014.102	Roger Carter Comm Ctr	Sep 21	7:30-8pm	W,F	\$80
RP4014.103	Roger Carter Comm Ctr	Sep 21	7:30-8pm	W,F	\$80



*Help your baby learn to swim and become comfortable in water!*

RP4014.104	Roger Carter Comm Ctr	Oct 26	6:15-6:45pm	W,F	\$80
RP4014.105	Roger Carter Comm Ctr	Oct 26	7:30-8pm	W,F	\$80
RP4014.106	Roger Carter Comm Ctr	Oct 26	7:30-8pm	W,F	\$80
RP4014.107	Roger Carter Comm Ctr	Nov 30	6:15-6:45pm	W,F	\$80
RP4014.108	Roger Carter Comm Ctr	Nov 30	6:50-7:20pm	W,F	\$80
RP4014.109	Roger Carter Comm Ctr	Nov 30	7:30-8pm	W,F	\$80
RP4014.110	Roger Carter Comm Ctr	Nov 30	7:30-8pm	W,F	\$80

## Learn to Swim

### Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

### Intermediate

Build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries.

Registration/Info: 410-313-2764.

#### 11-15 yrs Beginner Classes: 8

RP4015.101	Roger Carter Comm Ctr	Sep 21	5-5:30pm	W,F	\$80
RP4015.102	Roger Carter Comm Ctr	Oct 26	5-5:30pm	W,F	\$80
RP4015.103	Roger Carter Comm Ctr	Nov 30	5-5:30pm	W,F	\$80

#### 11-15 yrs Intermediate Classes: 8

RP4016.101	Roger Carter Comm Ctr	Sep 21	5:40-6:10pm	W,F	\$80
RP4016.102	Roger Carter Comm Ctr	Oct 26	5:40-6:10pm	W,F	\$80
RP4016.103	Roger Carter Comm Ctr	Nov 30	5:40-6:10pm	W,F	\$80

## Private Lessons (3 yrs +)

### Private/Semi Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lessons participants must be of similar age and ability. Lessons are not transferrable. Registration is first-come, first-served. All lessons must be scheduled at the time of registration in person or over the phone. Registration: 410-313-2764. Info: Stacy Tozaki, 410-313-2752 or [stozaki@howardcountymd.gov](mailto:stozaki@howardcountymd.gov).

#### 3 yrs + Ongoing Roger Carter Comm Ctr

RP4020.101	Private	Sep 19	7am-8:30pm	Free
RP4020.102	Semi-private	Sep 19	7am-8:30pm	Free

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.





The fast and head-turning sport of Badminton comes to the MAC.

## Swim Team (6-18 yrs)

### Swim Team Training

#### Pre-Swim Team Skills (PS)

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team!

Prerequisite: 25-yard freestyle and 25-yard backstroke.

#### Rec Swim League (RS)

Thinking about swim team? This recreational league teaches you the basics of competing. Practices are one hour, twice a week, for four weeks with meets on the last four Saturday mornings. Evaluation/age on first day determines practice time. Prerequisite: 25-yard freestyle, 25-yard backstroke and 25-yard breaststroke.

#### Stroke and Turn Clinic (ST)

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and triathlons.

Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke.

Registration/Info: 410-313-2764.

#### 6-18 yrs Pre-Swim Team Skills Classes: 8

RP4018.101	Roger Carter Comm Ctr	Sep 20	7-7:30pm	Tu,Th	\$80
RP4018.102	Roger Carter Comm Ctr	Sep 20	7-7:30pm	Tu,Th	\$80
RP4018.103	Roger Carter Comm Ctr	Oct 25	7-7:30pm	Tu,Th	\$80
RP4018.104	Roger Carter Comm Ctr	Oct 25	7-7:30pm	Tu,Th	\$80
RP4018.105	Roger Carter Comm Ctr	Nov 29	7-7:30pm	Tu,Th	\$80
RP4018.106	Roger Carter Comm Ctr	Nov 29	7-7:30pm	Tu,Th	\$80

#### 6-18 yrs Rec Swim League Classes: 8

RP4022.101	Roger Carter Comm Ctr	Sep 19	5-7pm	M & Sa	\$114
RP4022.102	Roger Carter Comm Ctr	Oct 24	5-7pm	M & Sa	\$114

#### 10 yrs + Stroke and Turn Clinic Classes: 8

RP4024.101	Roger Carter Comm Ctr	Sep 25	6:30-7:30pm	Su	\$100
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## Lessons & Drop-In (18 yrs +)

### Adult Swim Lessons

#### Beginner

This course is intended for adults who never learned how to swim or want to build on basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

#### Intermediate

Looking to refine and hone your stroke and turn skills? This course is intended for adults with intermediate swimming skills who would like to refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized.

Registration/Info: 410-313-2764.

#### 16 yrs + Beginner Classes: 8

RP4019.101	Roger Carter Comm Ctr	Sep 20	8:10-8:40pm	Tu,Th	\$80
RP4019.102	Roger Carter Comm Ctr	Oct 25	8:10-8:40pm	Tu,Th	\$80
RP4019.103	Roger Carter Comm Ctr	Nov 29	8:10-8:40pm	Tu,Th	\$80

#### 16 yrs + Intermediate Classes: 8

RP4023.101	Roger Carter Comm Ctr	Sep 21	8:10-8:40pm	W,F	\$80
RP4023.102	Roger Carter Comm Ctr	Oct 26	8:10-8:40pm	W,F	\$80
RP4023.103	Roger Carter Comm Ctr	Nov 30	8:10-8:40pm	W,F	\$80

## Guarding & Certification (15 yrs +)

### Lifeguard Review

Recertify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard. Registration/Info: 410-313-2764.

#### 15 yrs + Classes: 2

RP4003.101	Roger Carter Comm Ctr	Aug 11	Noon-5pm	Th-F	\$125
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### Lifeguard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific, pre-course swimming requirements available when registering. Lifeguard participant manuals are provided upon successful complete of the recourse. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certifications for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Registration/Info: 410-313-2764.

#### 15 yrs + Classes: 3

RP4002.101	Roger Carter Comm Ctr	Aug 8	9am-5pm	M-W	\$205
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## Badminton

### Youth Badminton

Boys and girls learn the fun, fast-paced game of badminton. Each week, you learn skills and game concepts through games and activities and compete in matches. Racquets and shuttlecocks are provided. Info: Will Dunmore, 410-313-1697.

#### 9-14 yrs Classes: 8

RP6830.101	Meadowbrook Ath Comp	Sep 12	6:30-8pm	M	\$70
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### Adult Badminton flickr

Play during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The courts are set up during the designated times. A leader is on site to help assign players to matches. Bring

#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.

your own racquets and shuttlecocks. (No class 11/26.) Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov (morning session) or Will Dunmore, 410-313-1697 (evening session).

18 yrs +    Classes: 14

RP6830.111	Meadowbrook Ath Comp	Sep 12	8-11pm	M	\$60
RP6830.121	Meadowbrook Ath Comp	Sep 15	10am-noon	Th	\$60

# Baseball & Tee Ball

## Pre-K & Youth Instruction (3-12 yrs)

### Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-26.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs    Classes: 6

RP6053.101	Meadowbrook Ath Comp	Sep 19	1:30-2:15pm	M	\$75
RP6053.102	Gorman Crossing ES	Sep 19	5:30-6:15pm	M	\$75
RP6053.103	Cedar Lane Pk-East	Sep 13	1:30-2:15pm	Tu	\$75
RP6053.104	Cedar Lane Pk-West	Sep 14	10:30-11:15am	W	\$75
RP6053.105	Veterans ES	Sep 14	6:30-7:15pm	W	\$75
RP6053.106	Cedar Lane Pk-West	Sep 15	1:30-2:15pm	Th	\$75
RP6053.107	Dayton Oaks ES	Sep 15	5:30-6:15pm	Th	\$75
RP6053.108	N Laurel Comm Ctr	Sep 16	10:30-11:15am	F	\$75
RP6053.109	Dayton Oaks ES	Sep 17	1:30-2:15pm	Sa	\$75
RP6053.110	Meadowbrook Ath Comp	Nov 1	12:30-1:15pm	Tu	\$75
RP6053.111	Veterans ES	Nov 2	5:30-6:15pm	W	\$75
RP6053.112	Meadowbrook Ath Comp	Nov 3	1:30-2:15pm	Th	\$75
RP6053.113	Atholton ES	Nov 3	6:30-7:15pm	Th	\$75
RP6053.114	Meadowbrook Ath Comp	Nov 4	9:30-10:15am	F	\$75
RP6053.115	Guilfrd ES	Nov 5	9:30-10:15am	Sa	\$75

### Kiddie Tee Ball

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive training and focus on developing the necessary skills. Players learn to catch, throw, field ground balls, hit, and run the bases in a variety of drills and mini-games. Bring a glove; other equipment is provided. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-6 yrs    Classes: 5

RP6054.101	Centennial Lane ES	Sep 19	4:25-5:25pm	M	\$40
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5-6 yrs    Classes: 6

RP6054.102	Bellows Spring ES	Sep 13	5:05-6:05pm	Tu	\$47
RP6054.103	St. John's Lane ES	Sep 14	4:25-5:25pm	W	\$47
RP6054.104	Hammond ES	Sep 15	4:40-5:40pm	Th	\$47

### After-School Baseball

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive baseball training and focus on developing the necessary skills. Players learn to catch, throw, field ground balls, hit, and run the bases through a variety of drills and mini-games. Bring your glove, all other equipment is provided. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6-8 yrs    Classes: 5

RP6057.101	Centennial Lane ES	Sep 19	3:20-4:20pm	M	\$40
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6-8 yrs    Classes: 6

RP6057.102	Bellows Spring ES	Sep 13	4-5pm	Tu	\$47
RP6057.103	St. John's Lane ES	Sep 14	3:20-4:20pm	W	\$47
RP6057.104	Hammond ES	Sep 15	3:35-4:35pm	Th	\$47



Your little one has introductory fun at Tiny Tykes Tee Ball!

## Pre-K & Youth Leagues (4-18 yrs)

• League Refund Policy    Page 70

### Columbia Baseball League - Fall flickr

Come join the CBL this fall for some exciting, fast-paced baseball. The league features a weeknight practice and a weekend game. You can specify practice nights when you register. Baseball games are on Saturdays, between 9am and 4pm. Tee ball games are on Sundays, between 9am and 1pm. Fee includes shirt and hat. Practices and games are held at schools & parks in Columbia. Volunteer coaches needed. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

4 yrs    Tee Ball    Weeks: 8

RP5990.101	Sep 11	9am-1pm	Su	\$125
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5-6 yrs    Tee Ball    Weeks: 8

RP5990.102	Sep 11	9am-1pm	Su	\$125
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6-8 yrs    Baseball    Weeks: 8

RP5990.111	Sep 10	9am-4pm	Sa	\$135
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9-10 yrs    Baseball    Weeks: 8

RP5990.121	Sep 10	9am-4pm	Sa	\$135
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11-12 yrs    Baseball    Weeks: 8

RP5990.131	Sep 10	9am-4pm	Sa	\$135
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13-14 yrs    Baseball    Weeks: 8

RP5990.141	Sep 10	9am-4pm	Sa	\$135
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## Western Howard County Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Registration deadline is September 2. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov or www.whcsports.com. Continue to fine tune your baseball skills with WHC Fall Baseball! The fall schedule consists of one practice per week (specific night depends on coach/ team placement) and games to be held on Sunday. All players receive a team jersey, hat and socks. Baseball players are required to provide/wear gray baseball pants, cleats and a glove. Opening Day is September 11; the season ends on October 30. Game locations are primarily at Western Regional Park, but are also held at other Howard County locations.

6-18 yrs    Dates & prices at [www.whcsports.com](http://www.whcsports.com)

RP5981	6-18 yrs	Tee Ball or Baseball
RP5982	6-18 yrs	Softball

# Basketball

## Pre-K & Youth Instruction (3-18 yrs)

### Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-26.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

#### 3-4 yrs Classes: 6

RP6086.101	Gary J Arthur Comm Ctr	Sep 19	12:30-1:15pm	M	\$75
RP6086.102	Meadowbrook Ath Comp	Sep 13	10:30-11:15am	Tu	\$75
RP6086.103	Cedar Lane Pk-East	Sep 13	5-5:45pm	Tu	\$75
RP6086.104	Veterans ES	Sep 14	5:30-6:15pm	W	\$75
RP6086.105	Cedar Lane Pk-East	Sep 15	9:30-10:15am	Th	\$75
RP6086.106	Cedar Lane Pk-West	Sep 15	12:30-1:15pm	Th	\$75
RP6086.107	N Laurel Comm Ctr	Sep 16	12:30-1:15pm	F	\$75
RP6086.108	Guilford ES	Sep 17	9:30-10:15am	Sa	\$75
RP6086.109	Meadowbrook Ath Comp	Nov 1	9:30-10:15am	Tu	\$75
RP6086.110	N Laurel Comm Ctr	Nov 2	1:30-2:15pm	W	\$75
RP6086.111	Meadowbrook Ath Comp	Nov 3	12:30-1:15pm	Th	\$75
RP6086.112	Atholton ES	Nov 3	5:30-6:15pm	Th	\$75
RP6086.113	Meadowbrook Ath Comp	Nov 4	10:30-11:15am	F	\$75
RP6086.114	Dayton Oaks ES	Nov 5	1:30-2:15pm	Sa	\$75

### Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 5-7 yrs Classes: 5

RP6080.101	Meadowbrook Ath Comp	Sep 19	5:05-6pm	M	\$38
RP6080.102	Cradlerock ES	Sep 19	3:55-4:55pm	M	\$40
RP6080.103	Waterloo ES	Sep 19	5-6pm	M	\$40
RP6080.121	Northfield ES	Nov 14	4:20-5:20pm	M	\$40
RP6080.122	Stevens Forest ES	Nov 14	4:40-5:40pm	M	\$40
RP6080.123	Running Brook ES	Nov 14	5-6pm	M	\$40

#### 5-7 yrs Classes: 6

RP6080.104	Meadowbrook Ath Comp	Sep 13	5:05-6pm	Tu	\$43
RP6080.105	Clemens Crossing ES	Sep 13	4:55-5:55pm	Tu	\$47
RP6080.106	Running Brook ES	Sep 13	5-6pm	Tu	\$47
RP6080.107	Northfield ES	Sep 14	4:20-5:20pm	W	\$47
RP6080.108	Stevens Forest ES	Sep 14	4:40-5:40pm	W	\$47
RP6080.109	Clarksville ES	Sep 15	5-6pm	Th	\$47
RP6080.110	Bushy Park ES	Sep 15	4:55-5:55pm	Th	\$47
RP6080.124	Cradlerock ES	Nov 1	3:55-4:55pm	Tu	\$47
RP6080.125	Clemens Crossing ES	Nov 1	4:55-5:55pm	Tu	\$47
RP6080.126	Bushy Park ES	Nov 1	4:55-5:55pm	Tu	\$47
RP6080.127	Clarksville ES	Nov 9	5-6pm	W	\$47
RP6080.128	Hammond ES	Nov 9	4:40-5:40pm	W	\$47
RP6080.129	Longfellow ES	Nov 3	4:35-5:35pm	Th	\$47
RP6080.130	Atholton ES	Nov 3	4:50-5:50pm	Th	\$47

### YBL HoopFest! flickr

Enjoy a morning or afternoon of basketball! This fun kickoff to the Winter Youth Basketball League (YBL) is the perfect opportunity to experience the game and develop some fundamental basketball skills. The co-ed clinic is

for players of all skill levels. Families are encouraged to attend. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

#### 5-8 yrs

RP5600.150 Meadowbrook Ath Comp Nov 13 10am-noon Su \$5

#### 9-14 yrs

RP6184.150 Meadowbrook Ath Comp Nov 13 1-3pm Su \$5

### Instructional Basketball League

New & returning players, come improve basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 6-7 yrs Beg. Sep 10 9-10am Sa \$76 Weeks: 8

RP6082.101	Dayton Oaks ES		RP6082.104	Hollifield Station ES
RP6082.102	Ducketts Lane ES		RP6082.105	Manor Woods ES
RP6082.103	Forest Ridge ES		RP6082.106	Running Brook ES

#### 7 yrs Adv. - 9½ yrs Beg. Sep 10 10:15-11:15am Sa \$76 Weeks: 8

RP6083.101	Dayton Oaks ES		RP6083.104	Hollifield Station ES
RP6083.102	Ducketts Lane ES		RP6083.105	Manor Woods ES
RP6083.103	Forest Ridge ES		RP6083.106	Running Brook ES

#### 8½ yrs Adv. - 10 yrs Sep 10 11:30am-12:30pm Sa \$76 Weeks: 8

RP6084.101	Dayton Oaks ES		RP6084.104	Hollifield Station ES
RP6084.102	Ducketts Lane ES		RP6084.105	Manor Woods ES
RP6084.103	Forest Ridge ES		RP6084.106	Running Brook ES

### After-School Basketball

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 8-10 yrs Classes: 5

RP6081.101	Meadowbrook Ath Comp	Sep 19	4:10-5:05pm	M	\$38
RP6081.102	Cradlerock ES	Sep 19	2:50-3:50pm	M	\$40
RP6081.111	Northfield ES	Nov 14	3:15-4:15pm	M	\$40
RP6081.112	Stevens Forest ES	Nov 14	3:35-4:35pm	M	\$40

#### 8-10 yrs Classes: 6

RP6081.103	Clemens Crossing ES	Sep 13	3:50-4:50pm	Tu	\$47
RP6081.104	Running Brook ES	Sep 13	4-5pm	Tu	\$47
RP6081.105	Stevens Forest ES	Sep 14	3:35-4:35pm	W	\$47
RP6081.106	Clarksville ES	Sep 15	4-5pm	Th	\$47
RP6081.113	Cradlerock ES	Nov 1	2:50-3:50pm	Tu	\$47
RP6081.114	Bushy Park ES	Nov 1	3:50-4:50pm	Tu	\$47
RP6081.115	Hammond ES	Nov 9	3:35-4:35pm	W	\$47
RP6081.116	Longfellow ES	Nov 3	4:35-5:35pm	Th	\$47
RP6081.117	Atholton ES	Nov 3	3:45-4:45pm	Th	\$47

### Super Hoops Basketball Clinic

Girls and boys, hoops anyone? Coaches help you advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred. Fee includes t-shirt. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 8-10 yrs Classes: 6

RP6085.101 Hammond HS Oct 9 1:30-3pm Su \$80

#### 11-13 yrs Classes: 6

RP6085.111 Hammond HS Oct 9 3:15-4:45pm Su \$80



## Dribble, Pass, Shoot!

Jump start your basketball season with this three-day clinic focusing on the fundamental skills of basketball! This clinic helps you get ready for the start of the basketball season by concentrating on ball handling, passing, shooting, footwork, and court awareness. Players receive instruction on basketball rules and player development. The clinic is for players of all skill levels. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-14 yrs Meadowbrook Ath Comp Classes: 3

RP6184.130 Boys Nov 15 6-8pm Tu-Th \$30

RP6184.131 Girls Nov 15 6-8pm Tu-Th \$30

## Girls Basketball Skills Training

Girls, grow your basketball skills in this 4 session clinic focusing on the fundamental skills of basketball! This clinic helps you get ready for the start of the Winter season of the Youth Basketball League by concentrating on ball handling, passing, shooting, footwork, and court awareness. The clinic is for all skill levels. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-11 yrs Classes: 4

RP6410.111 N Laurel Comm Ctr Sep 22 6-7:30pm Th \$36

RP6410.112 N Laurel Comm Ctr Oct 20 6-7:30pm Th \$36

12-14 yrs Classes: 4

RP6410.121 N Laurel Comm Ctr Sep 20 6-7pm Tu \$24

RP6410.122 N Laurel Comm Ctr Oct 18 6-7pm Tu \$24

## Meadowbrook School's Out Basketball Camp

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, you improve your skills and make new friends while enjoying a high-energy basketball experience. Throughout the day, our skilled coaches take you through creative drills, challenging exercises, and exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov

9-14 yrs

RP7020.101 Meadowbrook Ath Comp Sep 12 8:30am-5pm M \$57

RP7020.102 Meadowbrook Ath Comp Oct 3 8:30am-5pm M \$57

RP7020.103 Meadowbrook Ath Comp Oct 12 8:30am-5pm W \$57

RP7020.104 Meadowbrook Ath Comp Oct 31 8:30am-5pm M \$57

RP7020.105 Meadowbrook Ath Comp Nov 7 8:30am-5pm M \$57

RP7020.106 Meadowbrook Ath Comp Nov 8 8:30am-5pm Tu \$57

RP7020.107 Meadowbrook Ath Comp Nov 23 8:30am-5pm W \$57

## Ultimate Basketball Winter Camp

In this full-day basketball experience, certified HCRP basketball coaches provide you with all the Youth Basketball League (YBL) has to offer in a four-day camp. Throughout the camp, experienced coaches use a variety of creative drills, challenging exercises, exciting games, scrimmages and many other activities to help you elevate your game. Emphasis is placed on sportsmanship and teamwork. Learn, develop, and implement offensive and defensive skills; participate in competitions, games, and film sessions; and break into teams to play a mini-league schedule and end-of-camp tournament. Each day after fundamentals sessions, teams play league games. There is down time during lunch and video sessions. Bring a nonperishable lunch (no nut products) and a filled, reusable water bottle. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-14 yrs Classes: 4

RP7085.201 Meadowbrook Ath Comp Dec 27 8am-5:30pm Tu-F \$199

## Basketball Skills Training

Enhance your basketball skills in this co-ed clinic! Join certified coaches as they instruct you on proper mechanics, footwork, and conditioning. This clinic focuses on skill development and helping you advance your game to the next level. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

14-18 yrs Meadowbrook Ath Comp Classes: 6

RP6410.101 Girls Sep 25 1-2:30pm Su \$70

RP6410.102 Boys Sep 25 2:30-4pm Su \$70

## Youth Leagues (5-18 yrs)

• League Refund Policy Page 70

## Youth Basketball League (YBL) flickr

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools.

Info: www.howardcountymd.gov/basketball.

### Fall Season — 5-8 yrs

The season consists of a weekly, evening practice in addition to seven league games. One-hour games are scheduled on Saturdays between 8am-noon, beginning September 17. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline is August 28. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5600.101 5 yrs & beg. 6 yrs Sep 10 \$82

RP5600.111 5 yrs & beg. 6 yrs (head coach's child) Sep 10 \$52

RP5600.102 Int. 6 yrs & 7 yrs Sep 10 \$82

RP5600.112 Int. 6 yrs & 7 yrs (head coach's child) Sep 10 \$52

RP5600.103 Adv. 7 yrs & 8 yrs Sep 10 \$82

RP5600.113 Adv. 7 yrs & 8 yrs (head coach's child) Sep 10 \$52

### Fall Season — 9-14 yrs

The fall season consists of one weekly evening practice beginning the week of September 12 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on August 30, 31, or September 1. Deadline to register: August 26. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

RP6184.101 9-10 yrs Co-ed \$130

RP6184.102 9-10 yrs Girls \$130

RP6184.103 9-10 yrs Head coach's child \$65

RP6184.111 11-12 yrs Co-ed \$130

RP6184.112 11-12 yrs Girls \$130

RP6184.113 11-12 yrs Head coach's child \$65

RP6184.121 13-14 yrs Co-ed \$130

RP6184.122 13-14 yrs Girls \$130

RP6184.123 13-14 yrs Head coach's child \$65

*Winter Season listed on next page...*

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



*Become the reigning champs at an adult basketball league!*

### Winter Season – 5-8 yrs

The season consists of a weekly, evening practice in addition to eight league games. One-hour games are scheduled on Saturdays between 8 am-noon, starting January 14. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline: December 28. Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

RP5600.201	5 yrs & beg. 6 yrs	Jan 7	\$82
RP5600.211	5 yrs & beg. 6 yrs (head coach's child)	Jan 7	\$52
RP5600.202	Int. 6 yrs & 7 yrs	Jan 7	\$82
RP5600.212	Int. 6 yrs & 7 yrs (head coach's child)	Jan 7	\$52
RP5600.203	Adv. 7 yrs & 8 yrs	Jan 7	\$82
RP5600.213	Adv. 7 yrs & 8 yrs (head coach's child)	Jan 7	\$52

### Winter Season – 9-14 yrs

The season consists of one weekly evening practice beginning the week of December 12 in addition to seven league games that end with a single-elimination tournament. One-hour, full-court, officiated games are held on Saturdays. Specific details on practice and game times/locations will be communicated after the preseason skills assessment on November 29, 30 or December 1. Registration deadline is November 25. Teams from established organizations may be eligible to participate in the Alliance Division of the YBL. Info/Volunteer to Coach: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

#### 9-10 yrs

RP6184.201	Co-ed	\$150
RP6184.202	Girls	\$150
RP6184.203	Head coach's child	\$75

#### 11-12 yrs

RP6184.211	Co-ed	\$150
RP6184.212	Girls	\$150
RP6184.213	Head coach's child	\$75

#### 13-14 yrs

RP6184.221	Co-ed	\$150
RP6184.222	Girls	\$150
RP6184.223	Head coach's child	\$75

## Fall High School Basketball League

Fine tune your skills before try-outs and the season! Coaches and players are encouraged to register as a school team. The department forms teams from individual registrants. Six league games played on Saturdays at the Meadowbrook Athletic Complex with start times between 9am-3pm. For individual registrants, the pre-season skills assessment is on September 17. Registration deadline is September 12. Info/Volunteer to Coach: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov)

### Grades 9-12 Meadowbrook Ath Comp

RP6403.101	Boys Varsity Team	Sep 24	\$450
RP6403.102	Boys JV Team	Sep 24	\$450
RP6403.103	Boys Individual	Sep 24	\$70
RP6403.104	Girls Varsity Team	Sep 24	\$450
RP6403.105	Girls JV Team	Sep 24	\$450
RP6403.106	Girls Individual	Sep 24	\$70

## Winter High School Basketball League

Bring your basketball skills on Saturdays to the Meadowbrook Athletic Complex for this exciting league! Players that did not have the opportunity or the time to commit to their high school teams can play in competitive league games throughout the winter season. Players register as individuals and the league staff form teams and assign coaches. The league consists of six regular season games and ends with a single-elimination tournament. Specific details on team assignments and game times will be communicated after the preseason skills assessment on January 7. Registration deadline is January 2. Info/Volunteer to coach: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov)

### Grades 9-12 Meadowbrook Ath Comp

RP6403.201	Boys Individual	Jan 14	\$80
RP6403.202	Girls Individual	Jan 14	\$80

## Adults (18 yrs +)

### Drop-In Co-Rec Basketball

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the "Get Active Package" (page 9) to save money and participate in additional athletic opportunities. Some gyms may be canceled due to insufficient registration or attendance. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

#### 18 yrs + Weeks: 10

RP6900.101	Rockburn ES	Sep 12	8-10pm	M	\$44
RP6900.102	Meadowbrook Ath Comp	Sep 14	9-11pm	W	\$44

#### 30 yrs + Weeks: 10

RP6900.111	Bonnie Branch MS	Sep 12	8-10pm	M	\$44
RP6900.112	Bonnie Branch MS	Sep 15	8-10pm	Th	\$44
RP6900.113	Reservoir HS	Sep 13	8-10pm	Tu	\$44
RP6900.114	Reservoir HS	Sep 15	8-10pm	Th	\$44
RP6900.115	Lisbon ES	Sep 13	8-10pm	Tu	\$44

## Men's Fall & Winter League Basketball flickr

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Athletic Complex, North Laurel Community Center and Roger Carter Community Center. Fall leagues: Register by September 2. Register by August 26 to receive a 5% discount. League refund policy is on page 70. Info: Mark Pendleton, 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

## Fall League

Register by September 2. Register by August 26 to receive a 5% discount.

### 18 yrs + Men's Weeks: 8

RP5080.101	Sep 20	8:15-10:30pm	Tu	\$600
RP5080.103	Sep 21	8:15-10:30pm	W	\$600
RP5080.104	Sep 22	8:15-10:30pm	Th	\$600

### 30 yrs + Men's Weeks: 8

RP5080.102	Sep 20	8:15-10:30pm	Tu	\$600
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### 18 yrs + Women's Weeks: 8

RP5080.105	Sep 22	8:15-10:30pm	Th	\$600
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### 18 yrs + Co-rec Weeks: 8

RP5080.106	Sep 21	8:15-10:30pm	W	\$600
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## Winter League

Register by December 16. Register by December 9 to receive a 5% discount.

### 18 yrs + Men's Weeks: 8

RP5080.201	Jan 10	8:15-10:30pm	Tu	\$600
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RP5080.203	Jan 11	8:15-10:30pm	W	\$600
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RP5080.204	Jan 12	8:15-10:30pm	Th	\$600
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### 30 yrs + Men's Weeks: 8

RP5080.202	Jan 10	8:15-10:30pm	Tu	\$600
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### 18 yrs + Women's Weeks: 8

RP5080.205	Jan 12	8:15-10:30pm	Th	\$600
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### 18 yrs + Co-rec Weeks: 8

RP5080.206	Jan 11	8:15-10:30pm	W	\$600
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## Winter Classic 3-on-3 Basketball Tournament

Get in on the excitement of winter basketball. This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds are on December 10. Teams provide uniforms. Fee includes 3-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

RP5605.201	18 yrs +	Roger Carter Comm Ctr	Dec 10	9am-4:30pm	\$105
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## Cricket

### Wicket Fun! Youth Cricket

Get a taste of what makes cricket the second-most popular sport worldwide! Receive specialized instruction on batting, bowling, fielding, and following the rules. No matter your level of experience, whether you have never played or have played for years, this instructional league ensures you leave a better cricket player! The program's focus is on skill development through drills, game rules and scrimmages. Program location to be determined. Info: Patrick McGinnis, 410-313-4716 or [pmcginnis@howardcountymd.gov](mailto:pmcginnis@howardcountymd.gov).

#### 5-10 yrs Classes: 6

RP5976.101	TBD	Sep 10	9-11am	Sa	\$85
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### Adult Cricket League Fall Season flickr

Howard County area, look no further! Recreation & Parks is excited to offer our area's most competitive Adult Cricket League! Separate spring and fall seasons are offered. Matches are played at Schooley Mill Park (turf pitch) and Murray Hill Middle School (clay pitch) on Saturdays and Sundays (balanced, rotating schedule, starting between 8am-3pm). Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use - any manufacture is eligible. Fee includes game schedule, play-offs, awards, field rental and administration. Register now, the league has a maximum number of teams and will fill. League refund policy is on page 70. Info: Patrick McGinnis, 410-313-4716 or [pmcginnis@howardcountymd.gov](mailto:pmcginnis@howardcountymd.gov).

#### 18 yrs +

RP5975.101	Murray Hill MS	Aug 13	8am-3pm	Su & Sa	\$300
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Get opposing teammates out at After-School Dodgeball!

## Dodgeball

### After-School Dodgeball flickr

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

#### 7-10 yrs Classes: 5

RP6200.101	Waterloo ES	Sep 19	4-5pm	M	\$40
RP6200.111	Running Brook ES	Nov 14	4-5pm	M	\$40

#### 7-10 yrs Classes: 6

RP6200.102	Meadowbrook Ath Comp	Sep 13	3:35-4:30pm	Tu	\$43
RP6200.103	Northfield ES	Sep 14	3:15-4:15pm	W	\$47
RP6200.104	Bushy Park ES	Sep 15	3:50-4:50pm	Th	\$47
RP6200.112	Clemens Crossing ES	Nov 1	3:50-4:50pm	Tu	\$47
RP6200.113	Clarksville ES	Nov 9	4-5pm	W	\$47

## Fencing

### Fencing with the Baltimore Fencing Center

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help students learn basic footwork, blade work and bouting skills. Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

#### 8-12 yrs Classes: 8

RP8840.101	Baltimore Fencing Ctr Columbia	Sep 13	6-7pm	Tu	\$110
RP8840.102	Baltimore Fencing Ctr Columbia	Sep 15	6-7pm	Th	\$110

#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.





When the bell rings, practice your puck control and passing at After-School Floor Hockey!

## NEW! Learn to Fence - Adult

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the sport for all ages? It's never too late to start fencing. Work with the highly experienced, professional coaches at Baltimore Fencing Center as they instruct you in this exciting modern sport based on the serious swordplay of the past. Instructors use traditional drilling techniques and games to help students learn basic footwork, blade work and bout skills. Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

14 yrs + Classes: 8

RP8840.111 Baltimore Fencing Ctr Columbia Sep 12 6-7pm M \$110

## Field Hockey

### Introduction to Field Hockey

Tired of the same traditional sports? Want to experience a new challenge? Field hockey is the hottest craze and keeps growing in popularity! This introductory program provides youth with a strong foundation of skills that may lead into a lifetime of field hockey. The program focuses on a fun method of teaching skills through small games. The goal is to start young, have fun and love the game! Mouth guard, outdoor field hockey stick and shin guards are required. Field hockey sticks are provided on a limited basis (if needed). Please bring a reusable water bottle. Fee includes t-shirt, supplies and administration. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

6-10 yrs Classes: 6

RP5266.101 Atholton HS Sep 11 3:30-5pm Su \$89

### Middle School Instructional Field Hockey Clinic

Novice and experienced players, come compete in this instructional recreational clinic. Program consists of fundamental instruction through drills and skill work. First hour of session is instruction, followed by scrimmages. Instructors are varsity field hockey coaches and players. Please bring a reusable water bottle. Mouth guard, stick, and shin guards are required. Fee includes t-shirt, supplies, and administration. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

10-14 yrs Classes: 6

RP5260.101 Atholton HS Sep 11 1-3pm Su \$89

## Winter Indoor Field Hockey League

Join this fast-paced league! Play on regulation-size courts with an optimal, indoor playing surface. Compete in two 25-minute, 6 vs. 6 games per night. Indoor stick, mouth guard, and shin guards required. Outdoor sticks not permitted. Teams must have a goalie; goalies must provide own equipment. Registration includes team shirt, facilities and paid officials. Games are on Sunday afternoons/evenings. Only team registrations accepted. Individuals interested in playing may contact the league coordinator. Teams must have a manager or coach in our Coaches Registry. League Director approves team registrations from community sports organizations and independent clubs upon application to ensure a competitive balance of play. Indoor stick, mouth guard, and shin guards required. League refund policy is on page 70. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

10½-14 yrs Classes: 8

RP5268.201 Meadowbrook Ath Comp Dec 11 4-7pm Su \$880

14-17 yrs Classes: 8

RP5269.201 Meadowbrook Ath Comp Dec 11 6-10pm Su \$880

## Floor Hockey

### Kiddie Floor Hockey

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. Meet in the gym. Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

5-7 yrs Classes: 5

RP6265.101 Stevens Forest ES Sep 19 4:40-5:40pm M \$40

RP6265.111 Clarksville ES Nov 14 5-6pm M \$40

5-7 yrs Classes: 6

RP6265.102 Waterloo ES Sep 13 5-6pm Tu \$47

RP6265.103 Hammond ES Sep 14 4:40-5:40pm W \$47

RP6265.104 Northfield ES Sep 15 4:20-5:20pm Th \$47

RP6265.112 Atholton ES Nov 1 4:55-5:55pm Tu \$47

RP6265.113 Jeffers Hill ES Nov 9 4:40-5:40pm W \$47

RP6265.114 Bryant Woods ES Nov 3 4:25-5:25pm Th \$47

### After-School Floor Hockey flickr

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

8-10 yrs Classes: 5

RP6263.101 Stevens Forest ES Sep 19 3:35-4:35pm M \$40

RP6263.111 Clarksville ES Nov 14 4-5pm M \$40

8-10 yrs Classes: 6

RP6263.102 Waterloo ES Sep 13 4-5pm Tu \$47

RP6263.103 Hammond ES Sep 14 3:15-4:15pm W \$47

RP6263.104 Northfield ES Sep 15 3:15-4:15pm Th \$47

RP6263.112 Atholton ES Nov 1 3:50-4:50pm Tu \$47

RP6263.113 Jeffers Hill ES Nov 9 3:35-4:35pm W \$47

RP6263.114 Bryant Woods ES Nov 3 3:20-4:20pm Th \$47

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



flickr



HoCoParks  
APP

# Football

## Youth Instruction (5-10 yrs)

### Kiddie Flag Football

Fall means football! Boys and girls wanting to learn or improve skills focus on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet on the field. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

5-7 yrs Classes: 5

RP6030.101	Jeffers Hill ES	Sep 19	4:40-5:40pm	M	\$40
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5-7 yrs Classes: 6

RP6030.102	Elkridge ES	Sep 13	5-6pm	Tu	\$47
RP6030.103	Thunder Hill ES	Sep 14	5-6pm	W	\$47
RP6030.104	Lisbon ES	Sep 15	4:20-5:20pm	Th	\$47

### After-School Flag Football

Fall means football! Boys and girls learn and improve skills by focusing on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet outside school office; coaches escort players to field. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

8-10 yrs Classes: 5

RP6031.101	Jeffers Hill ES	Sep 19	3:35-4:35pm	M	\$40
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8-10 yrs Classes: 6

RP6031.102	Elkridge ES	Sep 13	4-5pm	Tu	\$47
RP6031.103	Thunder Hill ES	Sep 14	4-5pm	W	\$47
RP6031.104	Lisbon ES	Sep 15	3:15-4:15pm	Th	\$47

## Youth Leagues (5-15 yrs)

### Fall NFL Flag Football flickr

Boys and girls, come play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games played on Saturdays, at Hollifield Elementary School beginning September 17. Games are one hour, between 8:30am-5pm. The Department forms teams; special requests not guaranteed. Fee includes team shirt and participation award. Coaches contact participants regarding practice day/time one week before practice begins. Indicate when registering if you cannot practice on a particular day. Volunteer head coaches are needed and their childn receive a discount and a guaranteed spot on parent's team. Age determination date is September 1, 2016.

#### 5-6 yrs

This is a Saturday morning program only. No weeknight practices.

<u>Hollifield Station ES</u>	<u>\$100</u>	<u>Head coach's child*</u>	<u>\$75</u>
RP6300.101		RP6300.102*	

#### 5-15 yrs

Practices are one hour, once a week on a weeknight, starting at least one week before games begins. Register by practice location.

<u>Columbia</u>	<u>\$100</u>	<u>Head coach's child*</u>	<u>\$75</u>
RP6300.103	5-6 yrs	RP6300.104*	
RP6300.111	7-9 yrs	RP6300.112*	
RP6300.121	10-12 yrs	RP6300.122*	
RP6300.131	13-15 yrs	RP6300.132*	
<u>Dayton Oaks</u>	<u>\$100</u>	<u>Head coach's child*</u>	<u>\$75</u>
RP6300.117	7-9 yrs	RP6300.118*	
RP6300.125	10-12 yrs	RP6300.126*	
RP6300.135	13-15 yrs	RP6300.136*	
<u>Elkridge</u>	<u>\$100</u>	<u>Head coach's child*</u>	<u>\$75</u>
RP6300.115	7-9 yrs	RP6300.116*	



*Grab a friend and join an adult flag football league!*

<u>Ellicott City</u>	<u>\$100</u>	<u>Head coach's child*</u>	<u>\$75</u>
RP6300.113	7-9 yrs	RP6300.114*	
RP6300.123	10-12 yrs	RP6300.124*	
RP6300.133	13-15 yrs	RP6300.134*	

### Flag Football Winter on the Turf

Boys and girls, play 50-minute games on the new turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and/or game are up to one hour, once a week, beginning December 10. The first three weeks are clinic/practice. Games begin in January. (No practices 12/29-31.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes t-shirt and medal. Register by January 4. Age determination date is September 1, 2016. Info: Sandra Lambert, 410-313-4715 or [slambert@howardcountymd.gov](mailto:slambert@howardcountymd.gov).

5-6 yrs Weeks: 9 Volleyball House

RP6305.201	5-6 yrs	Individual	Dec 10	8:30-10am	Sa	\$110
RP6305.202	5-6 yrs	Head coach's child	Dec 10	8:30-10am	Sa	\$85
RP6305.211	7-9 yrs	Individual	Dec 10	10am-1pm	Sa	\$120
RP6305.212	7-9 yrs	Head coach's child	Dec 10	10am-1pm	Sa	\$95
RP6305.221	9-12 yrs	Individual	Dec 10	Noon-4pm	Sa	\$120
RP6305.222	9-12 yrs	Head coach's child	Dec 10	Noon-4pm	Sa	\$95
RP6305.231	13-15 yrs	Individual	Dec 10	4-6pm	Sa	\$120
RP6305.232	13-15 yrs	Head coach's child	Dec 10	4-6pm	Sa	\$95

## Adult Leagues (18 yrs +)

### Fall Co-Rec Football League

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. All teams qualify for playoffs. Fee includes eight-game schedule, playoffs, awards, field rental, and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). No forfeit bond is collected. If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. Team managers are updated with a league packet one week prior to start of games. Register by August 22. League refund policy is on page 70. Info: Will Dunmore, 410-313-1697 or [wdunmore@howardcountymd.gov](mailto:wdunmore@howardcountymd.gov).

RP5301.101	18 yrs+	Sep 6	6-10:30pm	Tu	\$300
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Grab your clubs and tee up at Junior Golf class.

## Winter Co-Rec Football League

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. For complete rules, visit: [www.howardcountymd.gov/football](http://www.howardcountymd.gov/football). Team managers are updated with a league packet one week prior to start of games. Register by December 9. League refund policy is on page 70. Info: Will Dunmore, 410-313-1697.

18 yrs + Weeks: 6

RP5301.201 Rockburn Branch Pk Jan 7 9am-2pm Sa \$230

## Winter Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. Register by December 9. League refund policy is on page 70. Info: Will Dunmore, 410-313-1697.

18 yrs + Weeks: 6

RP5300.201 County parks Jan 8 8am-2pm Su \$230

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.

# Golf

## Celebration of Sports Golf Tournament

Celebrate community sports and enjoy a day on the links. Fee includes lunch, green fees, cart, use of driving range, awards and hole prizes. Format is best ball scramble. Registration: 410-313-7275 or on-site by 8am, shotgun starts at 9am. Info: Mike Blevins, 410-313-1691.

18 yrs + Classes: 1

RP6601.101	Fairway Hills	Foursome	Oct 7	9am-3:30pm	F	\$340
RP6601.102	Fairway Hills	Individual	Oct 7	9am-3:30pm	F	\$85

## Youth (7-17 yrs)

### Junior Golf

Beginners welcome! This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Ball fee: \$15 at first class for Timbers and Fairway Hills; \$7 per week for Waverly Woods; \$7 per week for Rocky Gorge. (No class 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

7-17 yrs Timbers at Troy Golf Course Classes: 5

RP6320.101	Sep 12	4:30-5:15pm	M	\$82 + ball fee
RP6320.102	Sep 14	4:30-5:15pm	W	\$82 + ball fee
RP6320.103	Sep 16	4:30-5:15pm	F	\$82 + ball fee
RP6320.104	Sep 17	9-9:45am	Sa	\$82 + ball fee
RP6320.105	Sep 17	Noon-12:45pm	Sa	\$82 + ball fee

7-17 yrs Waverly Woods Golf Course Classes: 5

RP6320.106	Sep 14	4-4:45pm	W	\$82 + ball fee
RP6320.107	Sep 16	4-4:45pm	F	\$82 + ball fee

7-17 yrs Rocky Gorge Golf Fairway Classes: 4

RP6320.108	Sep 17	10-11am	Sa	\$82 + ball fee
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7-17 yrs Fairway Hills Golf Course Classes: 4

RP6320.109	Sep 17	1-2pm	Sa	\$82 + ball fee
RP6320.110	Sep 18	1-2pm	Su	\$82 + ball fee

## Adults (18 yrs +)

### Fairway Hills Golf Lessons

These small-group, beginner lessons include putting, chipping and full swing with both irons and woods. \$15 ball fee due at first lesson; no clubs required. (No class 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Fairway Hills Golf Course Beginner Classes: 4

RP6321.102	Sep 13	11am-noon	Tu	\$82 + ball fee
RP6321.103	Sep 14	4-5pm	W	\$82 + ball fee
RP6321.104	Sep 15	11am-noon	Th	\$82 + ball fee
RP6321.105	Sep 18	10-11am	Su	\$82 + ball fee

18 yrs + Fairway Hills Golf Course Advanced Beginner Classes: 4

RP6321.101	Sep 12	4-5pm	M	\$82 + ball fee
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### Rocky Gorge Golf Lessons

Beginners and advanced beginners develop fundamentals of a sound swing. Learn personal skill analysis and self-improvement of distance and approach in small group lessons. \$7 ball fee due weekly; no clubs required. (No class 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Rocky Gorge Golf Fairway Classes: 5

RP6323.101	Sep 13	6-6:45pm	Tu	\$82 + ball fee
RP6323.102	Sep 14	6-6:45pm	W	\$82 + ball fee
RP6323.103	Sep 17	11-11:45am	Sa	\$82 + ball fee



## Timbers at Troy Golf Lessons

Enjoy small group lessons for beginners and advanced beginners that include iron play, driving, putting and more. \$15 ball fee due at first lesson; no clubs required. (No class 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs +	Timbers at Troy Golf Course	Beginner	Classes: 5
RP6324.101	Sep 12	5:30-6:15pm	M \$82 + ball fee
RP6324.102	Sep 14	5:30-6:15pm	W \$82 + ball fee
RP6324.103	Sep 16	5:30-6:15pm	F \$82 + ball fee
RP6324.104	Sep 17	10-10:45am	Sa \$82 + ball fee
18 yrs +	Timbers at Troy Golf Course	Advanced Beginner	Classes: 5
RP6324.111	Sep 12	6:30-7:15pm	M \$82 + ball fee
RP6324.112	Sep 14	6:30-7:15pm	W \$82 + ball fee
RP6324.113	Sep 16	6:30-7:15pm	F \$82 + ball fee
RP6324.114	Sep 17	11-11:45am	Sa \$82 + ball fee

## Waverly Woods Golf Lessons

Beginners and advanced beginners, learn in a small group iron play, driving, putting and more. \$7 ball fee due weekly; no clubs required. (No class 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs +	Waverly Woods Golf Course	Beginner	Classes: 5
RP6325.101	Sep 14	5-5:45pm	W \$82 + ball fee
RP6325.102	Sep 16	5-5:45pm	F \$82 + ball fee
18 yrs +	Waverly Woods Golf Course	Advanced Beginner	Classes: 5
RP6325.111	Sep 14	6-6:45pm	W \$82 + ball fee
RP6325.112	Sep 16	6-6:45pm	F \$82 + ball fee

# Gymnastics

## Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. (No class 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

1½-3½ yrs	Classes: 6
RP6351.101	Columbia Gymnastics Sep 8 10-10:45am Th \$99
RP6351.102	Columbia Gymnastics Sep 9 10-10:45am F \$99
RP6351.103	Columbia Gymnastics Oct 27 10-10:45am Th \$99
RP6351.104	Columbia Gymnastics Oct 28 10-10:45am F \$99

## Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and locomotor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. (No class 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

3-5 yrs	Classes: 6
RP6352.101	Columbia Gymnastics Sep 12 5-5:45pm M \$99
RP6352.102	Columbia Gymnastics Sep 6 1:45-2:30pm Tu \$99
RP6352.103	Columbia Gymnastics Sep 6 2:30-3:15pm Tu \$99
RP6352.104	Columbia Gymnastics Sep 6 4:30-5:15pm Tu \$99
RP6352.105	Columbia Gymnastics Sep 7 9:15-10am W \$99
RP6352.106	Columbia Gymnastics Sep 7 1-1:45pm W \$99
RP6352.107	Columbia Gymnastics Sep 7 1:45-2:30pm W \$99
RP6352.108	Columbia Gymnastics Sep 7 2:30-3:15pm W \$99
RP6352.109	Columbia Gymnastics Sep 7 4:30-5:15pm W \$99
RP6352.110	Columbia Gymnastics Sep 8 9:15-10am Th \$99



Practice your balance and flexibility at Beginning Gymnastics.

RP6352.111	Columbia Gymnastics	Sep 8	10:45-11:30am	Th	\$99
RP6352.112	Columbia Gymnastics	Sep 8	2-2:45pm	Th	\$99
RP6352.113	Columbia Gymnastics	Sep 8	2:45-3:30pm	Th	\$99
RP6352.114	Columbia Gymnastics	Sep 9	9:15-10am	F	\$99
RP6352.115	Columbia Gymnastics	Sep 9	10:45-11:30am	F	\$99
RP6352.116	Columbia Gymnastics	Sep 10	Noon-12:45pm	Sa	\$99
RP6352.117	Columbia Gymnastics	Nov 7	5:45-6:30pm	M	\$99
RP6352.118	Columbia Gymnastics	Oct 25	1:45-2:30pm	Tu	\$99
RP6352.119	Columbia Gymnastics	Oct 25	2:30-3:15pm	Tu	\$99
RP6352.120	Columbia Gymnastics	Oct 25	4:30-5:15pm	Tu	\$99
RP6352.121	Columbia Gymnastics	Oct 26	9:15-10am	W	\$99
RP6352.122	Columbia Gymnastics	Oct 26	1-1:45pm	W	\$99
RP6352.123	Columbia Gymnastics	Oct 26	1:45-2:30pm	W	\$99
RP6352.124	Columbia Gymnastics	Oct 26	2:30-3:15pm	W	\$99
RP6352.125	Columbia Gymnastics	Oct 26	4:30-5:15pm	W	\$99
RP6352.126	Columbia Gymnastics	Oct 27	9:15-10am	Th	\$99
RP6352.127	Columbia Gymnastics	Oct 27	10:45-11:30am	Th	\$99
RP6352.128	Columbia Gymnastics	Oct 27	2-2:45pm	Th	\$99
RP6352.129	Columbia Gymnastics	Oct 27	2:45-3:30pm	Th	\$99
RP6352.130	Columbia Gymnastics	Oct 28	9:15-10am	F	\$99
RP6352.131	Columbia Gymnastics	Oct 28	10:45-11:30am	F	\$99
RP6352.132	Columbia Gymnastics	Oct 29	Noon-12:45pm	Sa	\$99

## Beginning Gymnastics

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Participants begin to develop confidence, fitness, strength and flexibility in a fun, supportive environment. (No class 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

6-12 yrs	Columbia Gymnastics	Classes: 6
RP6353.101	Boys	Sep 8 6:30-7:30pm Th \$99
RP6353.102	Boys	Oct 27 6:30-7:30pm Th \$99
RP6353.111	Girls	Sep 6 4:30-5:30pm Tu \$99
RP6353.112	Girls	Sep 8 6:30-7:30pm Th \$99
RP6353.113	Girls	Sep 9 6:30-7:30pm F \$99
RP6353.114	Girls	Sep 10 11:45am-12:45pm Sa \$99
RP6353.115	Girls	Oct 25 4:30-5:30pm Tu \$99
RP6353.116	Girls	Oct 27 6:30-7:30pm Th \$99
RP6353.117	Girls	Oct 28 6:30-7:30pm F \$99
RP6353.118	Girls	Oct 29 11:45am-12:45pm Sa \$99



Build upon single and double rope skills with friends!

## Jump Rope

### Junior Jumpers flickr

This beginning jump rope class is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills. Jump rope fee: \$7 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. (No class 10/25, 11/23.) Info: Will Dunmore, 410-313-1697 or [wdunmore@howardcountymd.gov](mailto:wdunmore@howardcountymd.gov).

6-14 yrs Classes: 12

RP6361.101	Meadowbrook Ath Comp	Sep 13	4:25-5:25pm	Tu	\$172
RP6361.102	Meadowbrook Ath Comp	Sep 13	5:30-6:30pm	Tu	\$172
RP6361.103	Meadowbrook Ath Comp	Sep 14	4:25-5:25pm	W	\$172
RP6361.104	Meadowbrook Ath Comp	Sep 14	5:30-6:30pm	W	\$172

### Intermediate Jumpers flickr

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum two sessions of Junior Jumpers and/or coach's approval. (No class 10/25, 11/23.)

Info: Will Dunmore, 410-313-1697 or [wdunmore@howardcountymd.gov](mailto:wdunmore@howardcountymd.gov).

6-16 yrs Classes: 12

RP6363.101	Meadowbrook Ath Comp	Sep 13	4:25-5:25pm	Tu	\$172
RP6363.102	Meadowbrook Ath Comp	Sep 13	5:30-6:30pm	Tu	\$172
RP6363.103	Meadowbrook Ath Comp	Sep 14	4:25-5:25pm	W	\$172

### Preparation to Perform

Jumpers with a desire to ultimately perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval. (No class 10/25, 11/23.) Info: Will Dunmore, 410-313-1697 or [wdunmore@howardcountymd.gov](mailto:wdunmore@howardcountymd.gov).

8-16 yrs Classes: 12

RP6364.101	Meadowbrook Ath Comp	Sep 13	4:25-5:25pm	Tu	\$172
RP6364.102	Meadowbrook Ath Comp	Sep 14	5:30-6:30pm	W	\$172

#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



Grab a stick and practice cradling, ground balls, and other basics.

## Kickball

### Fall Co-Rec Kickball League

Here's your chance to leave the office and return to the playground! Take part in the kickball craze! Anyone can play, no particular skill-set required besides enthusiasm and teamwork. Games are played as doubleheaders for a minimum of 16 games. Every team is eligible for a postseason tournament. Teams can have up to 16 players per roster. League fee includes umpires, 3 balls, league administration and field and light use. Games are played at county parks. For league rules/info visit [www.howardcountymd.gov/kickball](http://www.howardcountymd.gov/kickball). Registration is on a first-come, first-served basis; don't be left out of the fun. League refund policy is on page 70. Info: Patrick McGinnis, 410-313-4716, or [pmcginnis@howardcountymd.gov](mailto:pmcginnis@howardcountymd.gov).

RP5830.101 18 yrs + County parks Aug 17 6-10pm W \$455

## Lacrosse

### Youth Instruction (3-18 yrs)

#### Mighty LAXers Lacrosse

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

3-4 yrs Classes: 6

RP6972.101	Cedar Lane Pk-West	Sep 19	9:30-10:15am	M	\$75
RP6972.102	Gorman Crossing ES	Sep 19	6:30-7:15pm	M	\$75
RP6972.103	Cedar Lane Pk-East	Sep 13	12:30-1:15pm	Tu	\$75
RP6972.104	Waterloo ES	Sep 13	5:30-6:15pm	Tu	\$75
RP6972.105	N Laurel Comm Ctr	Sep 14	1:30-2:15pm	W	\$75
RP6972.106	Meadowbrook Ath Comp	Sep 15	9:30-10:15am	Th	\$75
RP6972.107	Hollifield Station ES	Sep 17	9:30-10:15am	Sa	\$75
RP6972.108	Waterloo ES	Sep 17	2:30-3:15pm	Sa	\$75
RP6972.109	Gary J Arthur Comm Ctr	Nov 1	12:30-1:15pm	Tu	\$75
RP6972.110	Thunder Hill ES	Nov 1	5:30-6:15pm	Tu	\$75
RP6972.111	Meadowbrook Ath Comp	Nov 3	10:30-11:15am	Th	\$75
RP6972.112	Northfield ES	Nov 3	6:30-7:15pm	Th	\$75
RP6972.113	Guilford ES	Nov 5	10:30-11:15am	Sa	\$75
RP6972.114	Forest Ridge ES	Nov 5	2:30-3:15pm	Sa	\$75



## Kiddie Lacrosse

Come learn and develop the fundamental skills of passing, catching, cradling, defense and overall team play in a fun and encouraging environment. Meet on the field. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 5

RP6715.101	Veterans ES	Sep 19	5-6pm	M	\$40
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5-7 yrs Classes: 6

RP6715.102	Dayton Oaks ES	Sep 13	4:40-5:40pm	Tu	\$47
RP6715.103	Bushy Park ES	Sep 14	4:55-5:55pm	W	\$47
RP6715.104	Fulton ES	Sep 15	5-6pm	Th	\$47

## Lacrosse Introduction

First-time players or those wanting to improve skills focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk-West Classes: 6

RP6505.101	Boys	5-6 yrs	Sep 11	9-10am	Su	\$85
RP6505.102	Boys	7-8 yrs	Sep 11	10:15-11:15am	Su	\$85
RP6505.103	Boys	9-10 yrs	Sep 11	11:30am-12:30pm	Su	\$85
RP6506.101	Girls	5-6 yrs	Sep 11	9-10am	Su	\$85
RP6506.102	Girls	7-8 yrs	Sep 11	10:15-11:15am	Su	\$85
RP6506.103	Girls	9-10 yrs	Sep 11	11:30am-12:30pm	Su	\$85

Meadowbrook Ath Comp Classes: 6

RP6505.201	Boys	5-6 yrs	Jan 15	9-10am	Su	\$85
RP6505.202	Boys	7-8 yrs	Jan 15	10-11am	Su	\$85
RP6505.203	Boys	9-10 yrs	Jan 15	11am-noon	Su	\$85
RP6506.201	Girls	5-6 yrs	Jan 15	9-10am	Su	\$85
RP6506.202	Girls	7-8 yrs	Jan 15	10-11am	Su	\$85
RP6506.203	Girls	9-10 yrs	Jan 15	11am-noon	Su	\$85

## After-School Lacrosse

The school day is over and it's time to LAX it up! First-time players or those wanting to improve skills focus on passing, catching, cradling, defense and overall team play in a fun and exciting environment. Meet outside school office; coach escorts players to the field. (No class 10/3, 10/12, 10/31.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 5

RP6720.101	Veterans ES	Sep 19	4-5pm	M	\$40
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8-10 yrs Classes: 6

RP6720.102	Dayton Oaks ES	Sep 13	3:35-4:35pm	Tu	\$47
RP6720.103	Bushy Park ES	Sep 14	3:55-4:55pm	W	\$47
RP6720.104	Fulton ES	Sep 15	4-5pm	Th	\$47

## Fall Pick-Up Lacrosse

Keep your lacrosse skills sharp in this pick-up style lacrosse program. There is instruction, scrimmages, game play and more. Games are played Wednesday evenings, beginning September 7. Full equipment required for play. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk-West Classes: 6

RP5502.101	Boys	7-10 yrs	Sep 7	6-7pm	W	\$85
RP5502.102	Boys	11-13 yrs	Sep 7	7:15-8:15pm	W	\$85
RP5505.101	Girls	10-13 yrs	Sep 7	6-7pm	W	\$85
RP5505.102	Girls	14-18 yrs	Sep 7	7:15-8:15pm	W	\$85

## Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills and conditioning. Have fun while working on all aspects of your game. Players must provide own equipment. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 6

RP6503.201	Boys	7-10 yrs	Jan 15	9-10am	Su	\$85
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RP6503.202	Boys	11-14 yrs	Jan 15	10-11am	Su	\$85
RP6504.201	Girls	10-13 yrs	Jan 15	9-10am	Su	\$85
RP6504.202	Girls	14-18 yrs	Jan 15	10-11am	Su	\$85

## Martial Arts

### Youth (5 yrs +)

#### After-School Karate Program

This after-school karate program allows you to exercise while working on following directions, listening, patience and building confidence. Learn basic motion, forms, jujitsu, one-step and sparring. All levels are welcome. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-11 yrs Classes: 5

RP8700.101	Clemens Crossing ES	Oct 6	3:50-4:35pm	Th	\$31
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#### TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 10/3, 10/12, 11/8, 11/21-11/24.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-12 yrs Classes: 12

RP8730.101	Gary J Arthur Comm Ctr	Sep 12	6:30-7:30pm	M	\$66
RP8730.102	Oakland Mills MS	Sep 12	7-8pm	M	\$66
RP8730.103	Worthington ES	Sep 13	7-8pm	Tu	\$66
RP8730.105	Longfellow ES	Sep 13	7-8pm	Tu	\$66
RP8730.106	Fulton ES	Sep 14	6-7pm	W	\$66
RP8730.116	Fulton ES	Sep 14	7-8pm	W	\$66
RP8730.107	Northfield ES	Sep 14	7-8pm	W	\$66
RP8730.108	Rockburn ES	Sep 14	6-7pm	W	\$66
RP8730.109	Rockburn ES	Sep 14	7-8pm	W	\$66

5-12 yrs Classes: 13

RP8730.110	Gorman Crossing ES	Sep 15	7-8pm	Th	\$72
RP8730.111	Manor Woods ES	Sep 15	7-8pm	Th	\$72
RP8730.112	Pointers Run ES	Sep 15	7-8pm	Th	\$72

#### D & S Karate with Seth Ismart

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 10/3, 10/12, 10/31, 11/21-11/24.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-13 yrs

RP8710.101	Classes: 11	N Laurel Comm Ctr	Sep 12	7-8pm	M	\$60
RP8710.102	Classes: 12	Hammond ES	Sep 14	7-8pm	W	\$66
RP8710.103	Classes: 13	Centennial Lane ES	Sep 15	7-8pm	Th	\$72

#### Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques - which consist of kicking, punching, martial acrobatics and self-defense techniques - into a beautiful and dynamic hard/soft style focusing on discipline and respect. (No class 11/8, 11/22, 11/24.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6 yrs + Classes: 26

RP8760.101	N Laurel Comm Ctr	Sep 13	6:30-7:30pm	Tu,Th	\$163
RP8760.102	N Laurel Comm Ctr	Sep 13	7:30-8:30pm	Tu,Th	\$163





*Practice low-impact physical conditioning and personal safety.*

## Adults (13 yrs +)

### Shotokan Karate with Steve Morris

Learn a repertoire of techniques and optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and takedowns. Special attention is given to low impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. (No class 11/24, 11/26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

13 yrs + Classes: 14

RP8791.101	Roger Carter Comm Ctr	Sep 8	7-8pm	Th	\$92
RP8791.102	Roger Carter Comm Ctr	Sep 8	8:05-9:05pm	Th	\$92
RP8791.103	Roger Carter Comm Ctr	Sep 10	10-11am	Sa	\$92
RP8791.104	Roger Carter Comm Ctr	Sep 10	11:05am-12:05pm	Sa	\$92

### TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 10/3, 10/12, 11/8, 11/21-11/24.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

13 yrs + Classes: 12

RP8731.101	Gary J Arthur Comm Ctr	Sep 12	7:30-9pm	M	\$82
RP8731.102	Oakland Mills MS	Sep 12	8-9:30pm	M	\$82
RP8731.103	Worthington ES	Sep 13	8-9:30pm	Tu	\$82
RP8731.105	Longfellow ES	Sep 13	8-9:30pm	Tu	\$82
RP8731.106	Fulton ES	Sep 14	8-9:30pm	W	\$82
RP8731.107	Northfield ES	Sep 14	8-9:30pm	W	\$82
RP8731.108	Rockburn ES	Sep 14	8-9:30pm	W	\$82

13 yrs + Classes: 13

RP8731.109	Gorman Crossing ES	Sep 15	8-9:30pm	Th	\$89
RP8731.110	Manor Woods ES	Sep 15	8-9:30pm	Th	\$89
RP8731.111	Pointers Run ES	Sep 15	8-9:30pm	Th	\$89

### Aikido with Ki by Russ Dauber

Martial Art and Ki training, as taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. Classes develop the benefits of "keeping one point" and "extending ki". Emphasis is on safety, knowledge and enjoyment. (No class 11/8, 11/22, 11/24.) Info: Amanda Bartell, 410-313-1694 or [bartell@howardcountymd.gov](mailto:bartell@howardcountymd.gov).

18 yrs + Classes: 26

RP8880.101	Waverly ES	Sep 13	7-9pm	Tu,Th	\$75
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### Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. (No class 10/12, 11/23, 11/24.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

18 yrs + Classes: 12

RP8850.101	Dunloggin MS	Sep 14	7-8pm	W	\$93
RP8850.102	Dunloggin MS	Sep 14	8:05-9:05pm	W	\$93
<u>18 yrs +</u> <u>Classes: 13</u>					
RP8850.103	Murray Hill MS	Sep 15	7-8pm	Th	\$99
RP8850.104	Murray Hill MS	Sep 15	8:05-9:05pm	Th	\$99

## Multi-Sport

### Awesome Athletes, Amazing Artists *Page 34*

### Jump Bunch Kids by JumpBunch Kids, Inc.

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children enjoy using and exploring the child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. (No class 11/26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

2-3 yrs Tim Kwei Classes: 6

RP6313.101	St. John's Lane ES	Sep 10	10-10:45am	Sa	\$75
RP6313.103	St. John's Lane ES	Oct 29	10-10:45am	Sa	\$75

3-5 yrs Scott Vandame Classes: 6

RP6313.102	St. John's Lane ES	Sep 10	11-11:45am	Sa	\$75
RP6313.104	St. John's Lane ES	Oct 29	11-11:45am	Sa	\$75

### Learn-n-Play Sports

Children play a variety of age-appropriate sports that help them develop their large motor skills and socialization skills in a fun atmosphere! Each week we focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 11/26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

3-5 yrs Classes: 6

RP6970.101	Pointers Run ES	Sep 17	9:30-10:15am	Sa	\$75
RP6970.102	Pointers Run ES	Sep 17	10:30-11:15am	Sa	\$75
RP6970.103	Pointers Run ES	Nov 5	9:30-10:15am	Sa	\$75
RP6970.104	Pointers Run ES	Nov 5	10:30-11:15am	Sa	\$75

## Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer. We introduce kids to these thrilling sports through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

3-4 yrs Classes: 6

RP6314.101	Meadowbrook Ath Comp	Sep 19	12:30-1:15pm	M	\$75
RP6314.102	Meadowbrook Ath Comp	Sep 13	9:30-10:15am	Tu	\$75
RP6314.103	Cedar Lane Pk-East	Sep 13	6-6:45pm	Tu	\$75
RP6314.104	N Laurel Comm Ctr	Sep 14	12:30-1:15pm	W	\$75
RP6314.105	Cedar Lane Pk-East	Sep 15	10:30-11:15am	Th	\$75
RP6314.106	Meadowbrook Ath Comp	Sep 15	10:30-11:15am	Th	\$75
RP6314.107	N Laurel Comm Ctr	Sep 16	9:30-10:15am	F	\$75
RP6314.108	Guilford ES	Sep 17	10:30-11:15am	Sa	\$75
RP6314.109	Meadowbrook Ath Comp	Nov 1	10:30-11:15am	Tu	\$75
RP6314.110	Gary J Arthur Comm Ctr	Nov 1	1:30-2:15pm	Tu	\$75
RP6314.111	N Laurel Comm Ctr	Nov 2	12:30-1:15pm	W	\$75
RP6314.112	Veterans ES	Nov 2	6:30-7:15pm	W	\$75
RP6314.113	Meadowbrook Ath Comp	Nov 4	1:30-2:15pm	F	\$75
RP6314.114	Hollifield Station ES	Nov 5	9:30-10:15am	Sa	\$75
RP6314.115	Dayton Oaks ES	Nov 5	2:30-3:15pm	Sa	\$75

## Little Big Wheelers

Parents, bring your children indoors to experience the most fun possible on three wheels! They have a blast on their Big Wheels trike as they ride around the courts in a fun-filled safe environment. Staff provide Big Wheels trikes, instruction and leadership as your little Speed Racers enjoy obstacle courses, individual and team races, and other fun activities while they exercise on their trikes. Helmets are mandatory. (No class 11/22, 11/24.) Info: Greg Meyd, 410-313-1162 or [gmeyd@howardcountymd.gov](mailto:gmeyd@howardcountymd.gov).

3-5 yrs Classes: 6

RP6402.101	Meadowbrook Ath Comp	Sep 13	10-10:50am	Tu	\$65
RP6402.102	Meadowbrook Ath Comp	Sep 13	11-11:50am	Tu	\$65
RP6402.103	Meadowbrook Ath Comp	Sep 15	10-10:50am	Th	\$65
RP6402.104	Meadowbrook Ath Comp	Sep 15	11-11:50am	Th	\$65
RP6402.105	Meadowbrook Ath Comp	Oct 25	10-10:50am	Tu	\$65
RP6402.106	Meadowbrook Ath Comp	Oct 25	11-11:50am	Tu	\$65
RP6402.107	Meadowbrook Ath Comp	Oct 27	10-10:50am	Th	\$65
RP6402.108	Meadowbrook Ath Comp	Oct 27	11-11:50am	Th	\$65

## School's Out Junior Sports Camp

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

5-7 yrs

RP7008.101	Roger Carter Comm Ctr	Sep 12	8:30am-12:30pm	M	\$38
RP7008.102	Roger Carter Comm Ctr	Oct 3	8:30am-12:30pm	M	\$38
RP7008.103	Roger Carter Comm Ctr	Oct 12	8:30am-12:30pm	W	\$38
RP7008.104	Roger Carter Comm Ctr	Oct 31	8:30am-12:30pm	M	\$38
RP7008.105	Roger Carter Comm Ctr	Nov 7	8:30am-12:30pm	M	\$38
RP7008.106	Roger Carter Comm Ctr	Nov 8	8:30am-12:30pm	Tu	\$38

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



*Cheer on your little one as they're introduced to various sports.*

## Winter Mix Camp

One, two, three, or four days of fun! Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow them to select activities of their choice to build their own program. Rotate in age- and skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Bring a non-perishable lunch (no nut products) and a refillable water bottle. Register for one, two, three, or four days. Info: Greg Meyd, 410-313-1162 or [gmeyd@howardcountymd.gov](mailto:gmeyd@howardcountymd.gov).

5-13 yrs

RP6404.201	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	Tu	\$59
RP6404.202	Meadowbrook Ath Comp	Dec 28	8am-5:30pm	W	\$59
RP6404.203	Meadowbrook Ath Comp	Dec 29	8am-5:30pm	Th	\$59
RP6404.204	Meadowbrook Ath Comp	Dec 30	8am-5:30pm	F	\$59

5-13 yrs Classes: 4

RP6404.205	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	Tu-F	\$199
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## Home School Gym Class

This is an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton, and other sport requests the staff can provide. Have fun, stay fit, build character, and boost self-esteem. Activity groups are separated by age and ability. (No class 11/23.) Info: Greg Meyd, 410-313-1162 or [gmeyd@howardcountymd.gov](mailto:gmeyd@howardcountymd.gov).

5-10 yrs Classes: 8

RP6405.101	Meadowbrook Ath Comp	Aug 31	11am-noon	W	\$64
RP6405.103	Meadowbrook Ath Comp	Oct 26	11am-noon	W	\$64

11-14 yrs Classes: 8

RP6405.102	Meadowbrook Ath Comp	Aug 31	11am-noon	W	\$64
RP6405.104	Meadowbrook Ath Comp	Oct 26	11am-noon	W	\$64



Learn the exciting game of pickleball, a sport combining aspects of ping-pong, tennis and badminton.

## School's Out Sports and Swim Camp

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

8-13 yrs

RP7007.101	Roger Carter Comm Ctr	Sep 12	8:30am-6pm	M	\$63
RP7007.102	Roger Carter Comm Ctr	Oct 3	8:30am-6pm	M	\$63
RP7007.103	Roger Carter Comm Ctr	Oct 12	8:30am-6pm	W	\$63
RP7007.104	Roger Carter Comm Ctr	Oct 31	8:30am-6pm	M	\$63
RP7007.105	Roger Carter Comm Ctr	Nov 7	8:30am-6pm	M	\$63
RP7007.106	Roger Carter Comm Ctr	Nov 8	8:30am-6pm	Tu	\$63

## Pickleball

### Pickleball for All flickr

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Learn to play this fun and exciting game for the first week and then put your skills to the test in games for the remaining classes. All necessary equipment is provided. Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

18 yrs + Classes: 14

RP6835.101	Meadowbrook Ath Comp	Sep 12	1-3pm	M	\$70
RP6835.102	Meadowbrook Ath Comp	Sep 14	1-3pm	W	\$70
RP6835.103	Meadowbrook Ath Comp	Sep 16	1-3pm	F	\$70
RP6835.104	N Laurel Comm Ctr	Sep 6	Noon-2pm	Tu	\$70
RP6835.105	N Laurel Comm Ctr	Sep 8	Noon-2pm	Th	\$70

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



Little ones learn the world's most popular sport at Kiddie Soccer.

## Running

### Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this new indoor training program offering runner specific training and conditioning. Add this program to your already existing running schedule and transform yourself into the complete balanced runner and athlete. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or [wdunmore@howardcountymd.gov](mailto:wdunmore@howardcountymd.gov).

7-18 yrs Classes: 8

RP6953.201	Meadowbrook Ath Comp	Jan 14	6:30-8pm	Sa	\$75
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## Soccer

### Youth (2-14 yrs)

#### U.K. Elite Petite Soccer flickr

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

2-3 yrs \$90 Classes: 5

RP6710.133	Meadowbrook Ath Comp	Nov 8	9:30-10:30am	Tu
RP6710.136	Meadowbrook Ath Comp	Nov 9	9:30-10:30am	W

2-3 yrs \$105 Classes: 6

RP6710.101	Cedar Lane Pk-West	Sep 20	9:30-10:30am	Tu
RP6710.103	Cedar Lane Pk-West	Sep 20	10:30-11:30am	Tu
RP6710.106	Cedar Lane Pk-West	Sep 21	9:30-10:30am	W
RP6710.108	Cedar Lane Pk-West	Sep 21	10:30-11:30am	W
RP6710.116	Cedar Lane Pk-East	Sep 17	9-10am	Sa
RP6710.118	Centennial Pk	Sep 13	5-6pm	Tu
RP6710.120	Centennial Pk	Sep 13	6-7pm	Tu
RP6710.122	Centennial Pk	Sep 14	5-6pm	W
RP6710.124	Centennial Pk	Sep 14	6-7pm	W
RP6710.128	Centennial Pk	Sep 16	3:45-4:45pm	F

3-5 yrs \$90 Classes: 5

RP6710.134	Meadowbrook Ath Comp	Nov 8	10:30-11:30am	Tu
RP6710.135	Meadowbrook Ath Comp	Nov 8	1-2pm	Tu
RP6710.137	Meadowbrook Ath Comp	Nov 9	10:30-11:30am	W
RP6710.138	Meadowbrook Ath Comp	Nov 9	1-2pm	W

3-5 yrs \$105 Classes: 6

RP6710.102	Cedar Lane Pk-West	Sep 20	9:30-10:30am	Tu
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RP6710.104	Cedar Lane Pk-West	Sep 20	10:30-11:30am	Tu
RP6710.105	Cedar Lane Pk-West	Sep 20	1:30-2:30pm	Tu
RP6710.107	Cedar Lane Pk-West	Sep 21	9:30-10:30am	W
RP6710.109	Cedar Lane Pk-West	Sep 21	10:30-11:30am	W
RP6710.110	Cedar Lane Pk-West	Sep 22	9:30-10:30am	Th
RP6710.111	Cedar Lane Pk-West	Sep 22	10:30-11:30am	Th
RP6710.112	Cedar Lane Pk-West	Sep 22	1:30-2:30pm	Th
RP6710.113	Cedar Lane Pk-West	Sep 23	9:30-10:30am	F
RP6710.114	Cedar Lane Pk-West	Sep 23	10:30-11:30am	F
RP6710.115	Cedar Lane Pk-West	Sep 23	1:30-2:30pm	F
RP6710.117	Cedar Lane Pk-East	Sep 17	10-11am	Sa
RP6710.119	Centennial Pk	Sep 13	5-6pm	Tu
RP6710.121	Centennial Pk	Sep 13	6-7pm	Tu
RP6710.123	Centennial Pk	Sep 14	5-6pm	W
RP6710.125	Centennial Pk	Sep 14	6-7pm	W
RP6710.126	Centennial Pk	Sep 15	3:45-4:45pm	Th
RP6710.127	Centennial Pk	Sep 15	4:45-5:45pm	Th
RP6710.129	Centennial Pk	Sep 16	3:45-4:45pm	F
RP6710.130	Centennial Pk	Sep 16	4:45-5:45pm	F
RP6710.131	Western Regional Pk	Sep 21	11:30am-12:30pm	W
RP6710.132	Western Regional Pk	Sep 21	1:30-2:30pm	W

## Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-26.) Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

### 3-4 yrs Classes: 6

RP6705.101	Cedar Lane Pk-West	Sep 19	10:30-11:30am	M	\$75
RP6705.102	Gary J Arthur Comm Ctr	Sep 19	1:30-2:15pm	M	\$75
RP6705.103	Waterloo ES	Sep 13	6:30-7:15pm	Tu	\$75
RP6705.104	Cedar Lane Pk-West	Sep 14	9:30-10:15am	W	\$75
RP6705.105	Dayton Oaks ES	Sep 15	6:30-7:15pm	Th	\$75
RP6705.106	N Laurel Comm Ctr	Sep 16	1:30-2:15pm	F	\$75
RP6705.107	Hollifield Station ES	Sep 17	10:30-11:15am	Sa	\$75
RP6705.108	Waterloo ES	Sep 17	1:30-2:15pm	Sa	\$75
RP6705.109	Dayton Oaks ES	Sep 17	2:30-3:15pm	Sa	\$75
RP6705.110	Meadowbrook Ath Comp	Nov 1	1:30-2:15pm	Tu	\$75
RP6705.111	Thunder Hill ES	Nov 1	6:30-7:15pm	Tu	\$75
RP6705.112	Meadowbrook Ath Comp	Nov 3	9:30-10:15am	Th	\$75
RP6705.113	Northfield ES	Nov 3	5:30-6:15pm	Th	\$75
RP6705.114	Meadowbrook Ath Comp	Nov 4	12:30-1:15pm	F	\$75
RP6705.115	Hollifield Station ES	Nov 5	10:30-11:15am	Sa	\$75
RP6705.116	Forest Ridge ES	Nov 5	1:30-2:15pm	Sa	\$75

## Kiddie Soccer flickr

Are you ready to play the world's most popular game? Boys and girls learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field, or in the gym for session 2. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-24.) Info: Brian Wyman, 410-313-4705 or [bwyma@howardcountymd.gov](mailto:bwyma@howardcountymd.gov).

### 5-7 yrs Classes: 5

RP6700.101	Bushy Park ES	Sep 19	4:55-5:55pm	M	\$40
RP6700.102	Clemens Crossing ES	Sep 19	4:55-5:55pm	M	\$40
RP6700.111	Meadowbrook Ath Comp	Nov 14	5:05-6pm	M	\$38

### 5-7 yrs Classes: 6

RP6700.103	Hammond ES	Sep 13	4:40-5:40pm	Tu	\$47
RP6700.104	Guilford ES	Sep 13	5-6pm	Tu	\$47
RP6700.105	Gorman Crossing ES	Sep 14	5-6pm	W	\$47
RP6700.106	Waterloo ES	Sep 15	5-6pm	Th	\$47
RP6700.112	Atholton ES	Nov 1	4:55-5:55pm	Tu	\$47



Practice dribbling and scoring with teamwork and fun games.

RP6700.113	Bellows Spring ES	Nov 9	5-6pm	W	\$47
RP6700.114	Bushy Park ES	Nov 3	4:55-5:55pm	Th	\$47

## U.K. Elite Soccer: Technical Programs

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Boys and girls, learn from one of the best professional youth soccer coaching companies in the country. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis is on sound fundamental techniques and skills, along with a firm understanding of the game. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

### 5-6 yrs Classes: 6

RP6706.101	Centennial Pk	Sep 15	5:45-6:45pm	Th	\$105
RP6706.104	Centennial Pk	Sep 16	5:45-6:45pm	F	\$105
RP6706.107	Cedar Lane Pk-East	Sep 17	11am-noon	Sa	\$105

### 7-10 yrs Classes: 6

RP6706.102	Centennial Pk	Sep 15	5:45-6:45pm	Th	\$105
RP6706.105	Centennial Pk	Sep 16	5:45-6:45pm	F	\$105
RP6706.108	Cedar Lane Pk-East	Sep 17	11am-noon	Sa	\$105

### 11-14 yrs Classes: 6

RP6706.103	Centennial Pk	Sep 15	5:45-6:45pm	Th	\$105
RP6706.106	Centennial Pk	Sep 16	5:45-6:45pm	F	\$105

## After-School Soccer flickr

The world's most popular game awaits you. Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to field. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-24.) Info: Brian Wyman, 410-313-4705 or [bwyma@howardcountymd.gov](mailto:bwyma@howardcountymd.gov).

### 8-10 yrs Classes: 5

RP6701.101	Bushy Park ES	Sep 19	3:50-4:50pm	M	\$40
RP6701.102	Clemens Crossing ES	Sep 19	3:50-4:50pm	M	\$40
RP6701.111	Meadowbrook Ath Comp	Nov 14	4:10-5:05pm	M	\$38

### 8-10 yrs Classes: 6

RP6701.103	Hammond ES	Sep 13	3:50-4:50pm	Tu	\$47
RP6701.104	Guilford ES	Sep 13	4-5pm	Tu	\$47
RP6701.105	Gorman Crossing ES	Sep 14	4-5pm	W	\$47
RP6701.106	Waterloo ES	Sep 15	4-5pm	Th	\$47
RP6701.112	Atholton ES	Nov 1	3:50-4:50pm	Tu	\$47
RP6701.113	Bellows Spring ES	Nov 9	4-5pm	W	\$47
RP6701.114	Bushy Park ES	Nov 3	3:50-4:50pm	Th	\$47



*Batter up! Bring your friends and join a fall softball league.*

## Youth Leagues (4-10 yrs)

• League Refund Policy *Page 70*

### Fall Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once per week on a weeknight, beginning the week of August 29. One-hour games on Saturdays, starting September 17, between 9:30am-6pm. Shin guards are required. Fee includes participation award, soccer jersey, socks and soccer ball from Play It Again Sports in Ellicott City. Coaches contact participants regarding practice days/times one week prior to the start of the program. Volunteer head coaches are needed and their children receive a discount. Individual registrations only, no team entries. Registration deadline is August 12. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Classes: 9 Meadowbrook Pk

RP5701.101	4 yrs	Individual	Sep 17	9:30am-6pm	Sa	\$82
RP5701.102	4 yrs	Head coach's child	Sep 17	9:30am-6pm	Sa	\$52
RP5701.111	5-6 yrs	Individual	Sep 17	9:30am-6pm	Sa	\$82
RP5701.112	5-6 yrs	Head coach's child	Sep 17	9:30am-6pm	Sa	\$52

Classes: 9 Howard County Center for the Arts

RP5701.121	7-8 yrs	Individual	Sep 17	9:30am-6pm	Sa	\$82
RP5701.122	7-8 yrs	Head coach's child	Sep 17	9:30am-6pm	Sa	\$52

### Winter Indoor Soccer League

Boys and girls, play soccer indoors while learning the basic skills of the sport. The Department forms the teams. Fee includes soccer jersey, socks and participation trophy. Sneakers and shin guards required. Individual registrations only, no team entries. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's children receive a discount. Registration deadline is December 9. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Classes: 8 Harper's Choice MS

RP5702.201	4 yrs	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.202	4 yrs	Head coach's child	Jan 8	Noon-7pm	Su	\$47
RP5702.211	5-6 yrs	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.212	5-6 yrs	Head coach's child	Jan 8	Noon-7pm	Su	\$47
RP5702.221	7-8 yrs	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.222	7-8 yrs	Head coach's child	Jan 8	Noon-7pm	Su	\$47

## Instructional Soccer League

First-time & returning players, come improve your fundamentals with small-sided games. Enjoy drills and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-Beg. 6 yrs. Sep 10 1:15-2:15pm Sa \$76 Classes: 8

RP6702.101	Dayton Oaks ES	RP6702.103	Hollifield Station ES
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RP6702.102	Forest Ridge ES	RP6702.104	Running Brook ES
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Adv. 6½ yrs-Beg. 8½ yrs. Sep 10 2:30-3:30pm Sa \$76 Classes: 8

RP6703.101	Dayton Oaks ES	RP6703.103	Hollifield Station ES
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RP6703.102	Forest Ridge ES	RP6703.104	Running Brook ES
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Adv. 8 yrs-10 yrs Sep 10 3:45-4:45pm Sa \$76 Classes: 8

RP6704.101	Dayton Oaks ES	RP6704.103	Hollifield Station ES
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RP6704.102	Forest Ridge ES	RP6704.104	Running Brook ES
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## Adult Leagues (18 yrs +)

• League Refund Policy *Page 70*

### Fall Adult Soccer Leagues

H.C. Adult Soccer starts in late August and offers a 10 game fall season schedule. Registration is first come, first served with league/division size based on available field space. Available field space for each day of league play determines the number of registration openings. A 'custom question' of preferred division play should be answered (honestly evaluating your team's competitive level) by all managers; however, the league reserves the right to and will create equal divisions at the conclusion of registration. Your preferred division is not guaranteed. All players must be 18 yrs or older to participate. Shin guards are required. For complete rules visit [www.howardcountymd.gov/soccer](http://www.howardcountymd.gov/soccer). All teams are required to pay cash to officials on-site prior to each game. Referee fees and league info are available at [www.howardcountymd.gov/soccer](http://www.howardcountymd.gov/soccer). League fee includes league administration, referee assignment and field use. Games played at county parks and/or county high schools; all fields are synthetic turf. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + Classes: 10

RP5700.101	Co-rec	Aug 23	6:30-11pm	Tu	\$300
RP5700.102	Co-rec	Aug 25	6:30-11pm	Th	\$300
RP5700.103	Men's	Aug 26	6:30-11pm	F	\$300
RP5700.104	Men's	Aug 21	6:30-11pm	Su	\$300
RP5700.105	Women's	Aug 21	4-10pm	Su	\$300

## Softball

• League Refund Policy *Page 70*

## Youth Leagues (8-12 yrs)

### NEW! Columbia Softball League

#### Instructional League

Welcome to the new Columbia Softball Instructional League! This exciting league features 4 weeks of practice and 4 weeks of instructional games. The focus is on developing softball-specific skills and preparing players to compete in their spring seasons. This is a perfect place for beginners and players to improve their skills. Just bring your glove; all other equipment is provided. Coaches have softball-specific training and are ASEP certified. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 8

RP5995.111	Sep 10	9am-4pm	Sa	\$80
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11-12 yrs Classes: 8

RP5995.121	Sep 10	9am-4pm	Sa	\$80
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## Adult Leagues (18 yrs +)

### Fall Softball Leagues

Games are played as doubleheaders for a 14-game season. Fee includes umpires, game balls, awards, league administration, field reservation fee, sanction fees and lights. Games begin the week of August 10 and are played at Cedar Lane, Centennial, and Rockburn Branch Parks. Complete copy of rules: [www.hcrpsports.com](http://www.hcrpsports.com). Register by July 15. Info: Mark Pendleton, 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

#### 18 yrs + Classes: 7

RP5730.101	D1 Men's	Aug 14	6-11pm	Su	\$710
RP5730.102	D1 Men's	Aug 15	6-11pm	M	\$710
RP5730.103	D1 Men's	Aug 16	6-11pm	Tu	\$710
RP5730.104	D1 Men's (USSSA D3)	Aug 16	6-11pm	Tu	\$710
RP5730.105	D1 Men's	Aug 17	6-11pm	W	\$710
RP5730.106	D1 Men's	Aug 18	6-11pm	Th	\$710
RP5730.107	D1 Men's	Aug 19	6-11pm	F	\$710
RP5730.108	D1 Men's 50+	Aug 15	6-11pm	M	\$710
RP5730.109	Women's	Aug 16	6-11pm	Tu	\$710
RP5730.111	D1 Co-rec	Aug 15	6-11pm	M	\$710
RP5730.112	D1 Co-rec	Aug 17	6-11pm	W	\$710
RP5730.113	D1 Co-rec	Aug 18	6-11pm	Th	\$710
RP5730.114	D1 Co-rec	Aug 19	6-11pm	F	\$710
RP5730.115	Rec Co-rec	Aug 15	6-11pm	M	\$710
RP5730.116	Rec Co-rec	Aug 17	6-11pm	W	\$710
RP5730.117	Rec Co-rec	Aug 18	6-11pm	Th	\$710
RP5730.118	Rec Co-rec	Aug 19	6-11pm	F	\$710

## Tennis

### Youth (3-18 yrs)

#### Play Time Tennis with Shantha Chandra

Learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racket (size 19", 21" or 23"). Weekday classes have rain makeup on Fridays. Saturday classes have rain makeup on Sunday afternoons. (No class 9/5, 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

#### 3-6 yrs Classes: 6

RP6847.101	Cedar Lane Pk-East	Sep 10	8:15am-9am	Sa	\$62
RP6847.102	Cedar Lane Pk-East	Sep 7	10:15-11am	M,W	\$62
RP6847.103	Cedar Lane Pk-East	Sep 6	1-1:45pm	Tu,Th	\$62
RP6847.104	Cedar Lane Pk-East	Sep 9	4:45-5:30pm	F	\$62
RP6847.105	Cedar Lane Pk-East	Oct 5	10:15-11am	M,W	\$62
RP6847.106	Cedar Lane Pk-East	Oct 4	1-1:45pm	Tu,Th	\$62

#### Parent/Child Tennis with Shantha Chandra

Parents and children, learn how to work together to develop and improve tennis skills. Same parent should attend each week for consistency in learning. Saturday class rain makeup on Sunday afternoons. (No class 9/5, 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

#### 3-6 yrs Cedar Lane Pk-East Classes: 6

RP6842.102	Sep 7	9:30-10:15am	M,W	\$85 per pair
RP6842.103	Oct 5	9:30-10:15am	M,W	\$85 per pair

#### 7-12 yrs Cedar Lane Pk-East Classes: 6

RP6842.101	Sep 10	12:15-1:15pm	Sa	\$85 per pair
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#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



*Learn the fundamentals of tennis through games and drills!*

### NEW! Billie Jean King's Eye Coach Training & POC Strike

Grand Slam tennis legend Billie Jean King says "The Eye Coach is the most exciting idea in tennis coaching I've ever seen... it will change your game forever!" Learn how to use the revolutionary Eye Coach to lock in your ideal point of contact and strike zone. Parent and child learn and play together. Loaner rackets & BJK Eye Coaches provided during class. Adult and child must register together. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

#### 5-8 yrs Beginner Parent & Child Classes: 5

RP6852.101	Schooley Mill Pk	Sep 17	10:30am-noon	Sa	\$96
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### Kiddie Tennis

Time for tennis! Players learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-24.) Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

#### 5-7 yrs Classes: 5

RP6870.101	Atholton ES	Sep 19	5-6pm	M	\$40
RP6870.111	Jeffers Hill ES	Nov 14	4:40-5:40pm	M	\$40

#### 5-7 yrs Classes: 6

RP6870.102	Thunder Hill ES	Sep 13	5:10-6:10pm	Tu	\$47
RP6870.103	Deep Run ES	Sep 14	5:10-6:10pm	W	\$47
RP6870.104	Dayton Oaks ES	Sep 15	4:45-5:45pm	Th	\$47
RP6870.112	Meadowbrook Ath Comp	Nov 1	5:05-6pm	Tu	\$43
RP6870.113	Waterloo ES	Nov 9	5-6pm	W	\$47

### Cardio Tennis for Kids

Professionally trained instructors from Baltimore Tennis Patrons introduce you to Cardio Tennis for Kids, two blockbuster new ways to introduce your child to tennis! Each practice features an action-based group warm up, cardio and cool down, followed by the QuickStart (QS) tennis play format. Let the games begin! Cardio and QS Tennis is a new format to help kids learn and play the game effortlessly with user-friendly and reduced-size equipment. This is a great new way for your child to get a great workout and burn calories! Loaner racquets available. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

#### 5-8 yrs Beginner Classes: 5

RP6851.101	Centennial Pk	Sep 16	6-7pm	F	\$89
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#### 9-14 yrs Advanced Beginner Classes: 5

RP6851.102	Centennial Pk West	Sep 16	7-8pm	F	\$89
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#### 10-14 yrs Advanced Beginner Classes: 5

RP6851.103	Schooley Mill Pk	Sep 17	9-10:30am	Sa	\$96
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## Junior GRIPS Challenge

This is a progressive 11-level tennis program that incentivizes and rewards kids for proving competency. Like karate, ability levels are rated and distinguished by colors - white grips are for beginners and black grips are for masters. Players receive a colored over-grip for their racket that matches their current skill level. Games and drills conducted on court correspond with players' grip color/skill set. This is a certified GRIPS program with officially certified GRIPS instructors. Players also receive a password for access to their personal GRIPS web page where they are able to view tips, videos, drills and insights to further their tennis knowledge and gauge their progress relative to other players. Gold Grips players (advanced beginners) are required to participate in the free GRIPS skills assessment on September 10 from 6-8pm (pre-registration required at <http://f8s.co/1qlc>). Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

5-14 yrs Schooley Mill Pk Classes: 5

RP6854.103	Jr. White Beginner	Sep 17	Noon-1pm	Sa	\$103
RP6854.104	Jr. Gold Adv. Beginner	Sep 17	1-2:30pm	Sa	\$112

## 10 & Under Tennis with Shantha Chandra

Drills, games, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. Saturday class rain makeup on Sunday afternoons. Bring a junior-size racket (21" to 25"). (No class 9/5, 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

6-8 yrs Classes: 6

RP6840.101	Cedar Lane Pk-East	Sep 10	9-10am	Sa	\$57
RP6840.102	Cedar Lane Pk-East	Sep 7	5:45-7pm	M,W	\$73
RP6840.111	Cedar Lane Pk-East	Oct 5	5:45-7pm	M,W	\$73

9-10 yrs Classes: 6

RP6840.103	Cedar Lane Pk-East	Sep 10	10-11am	Sa	\$57
RP6840.104	Cedar Lane Pk-East	Sep 7	4:30-5:45pm	M,W	\$73
RP6840.113	Cedar Lane Pk-East	Oct 5	4:30-5:45pm	M,W	\$73

## After-School Tennis

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to tennis courts. (No class 10/3, 10/12, 10/31, 11/7-8, 11/21-24.) Info: Brian Wyman, 410-313-4705 or [bwyman@howardcountymd.gov](mailto:bwyman@howardcountymd.gov).

8-10 yrs Classes: 5

RP6871.101	Atholton ES	Sep 19	3:50-4:50pm	M	\$40
RP6871.111	Jeffers Hill ES	Nov 14	3:35-4:35pm	M	\$40

8-10 yrs Classes: 6

RP6871.102	Thunder Hill ES	Sep 13	4:05-5:05pm	Tu	\$47
RP6871.103	Deep Run ES	Sep 14	4:05-5:05pm	W	\$47
RP6871.104	Dayton Oaks ES	Sep 15	3:40-4:40pm	Th	\$47
RP6871.112	Meadowbrook Ath Comp	Nov 1	4:10-5:05pm	Tu	\$43
RP6871.113	Waterloo ES	Nov 9	4-5pm	W	\$47

## Tennis Excellence flickr

This introductory tennis class uses QuickStart tennis nets to reduce the court size and make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving and scoring. Weekly games and drills teach basic skills and create an exciting environment. Rain makeups added to the end of season. Instructor: Shanik Murthy. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

8-10 yrs Classes: 6

RP6859.101	Centennial Pk	Sep 10	1:45-2:45pm	Sa	\$80
RP6859.102	Rockburn Branch Pk	Sep 11	1:15-2:15pm	Su	\$80

## Junior USA Team Tennis with Shantha Chandra

Advanced beginner and intermediate players, refresh basic ground strokes, volleys, serving and scoring, then enjoy match-play tennis. Rain makeup dates are Sunday afternoons. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

9-14 yrs Classes: 6

RP6849.101	Cedar Lane Pk-East	Sep 10	1:15-2:45pm	Sa	\$81
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## Tennis Elite

Designed for advanced beginners already able to consistently hit the ball over the net and ready to take their game to the next level with serves and match play. Includes refresher drills to help improve all facets of your game. Rain makeups added to the end of season. These courts have lights. (No class 10/3, 10/12.) Instructor: Shanik Murthy. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

10-13 yrs Classes: 6

RP6860.101	Centennial Pk	Sep 6	7:15-8:15pm	Tu	\$80
RP6860.102	Rockburn Branch Pk	Sep 7	4:30-5:45pm	W	\$91

## I Want to Play High School Tennis

Designed for advanced beginners/intermediate players. Prepare yourself to make the high school tennis team through strong fundamental skill building, footwork and a great attitude. Play the 8-game pro set against players of similar abilities and learn to make adjustments in your game to play competitively. Instructor: Gene Pierelli. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

10-14 yrs Classes: 6

RP6865.101	Centennial Pk	Sep 6	4:30-5:45pm	Tu	\$91
RP6865.102	Rockburn Branch Pk	Sep 11	11:30am-12:45pm	Su	\$91

## Team Tennis/Match Play with Shantha Chandra

Players, you should have fairly consistent strokes with medium-paced shots, be able to rally and serve from baseline and keep score. Players must have some knowledge of volleys and lobs. Teams are formed and each team plays matches against other teams. Players also learn doubles strategy. Instructor determines if this class is appropriate after the first class. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

10-12 yrs Classes: 6

RP6858.101	Cedar Lane Pk-East	Sep 10	2:45-4:15pm	Sa	\$81
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11-18 yrs Classes: 6

RP6858.102	Cedar Lane Pk-East	Sep 9	5:30-7pm	F	\$81
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## Tennis Lessons with Shantha Chandra

Beginners and advanced beginners, learn and improve basic skills in a group and through match play. Learn consistent stroke production, baseline serving and volleys. Saturday class rain makeup on Sunday afternoons. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

11-14 yrs Classes: 6

RP6841.101	Cedar Lane Pk-East	Sep 10	11am-noon	Sa	\$57
RP6841.102	Cedar Lane Pk-East	Sep 6	6-7pm	Tu,Th	\$57
RP6841.103	Cedar Lane Pk-East	Oct 4	5:45-6:45pm	Tu,Th	\$57

## High School Development Team Tennis with Shantha Chandra

Advanced beginners and intermediate players, improve basic skills, including volleys, serving, scoring and ground strokes. Participate in match play against players of similar ability. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

13-18 yrs Classes: 6

RP6855.101	Cedar Lane Pk-East	Sep 6	4:30-6pm	Tu,Th	\$81
RP6855.102	Cedar Lane Pk-East	Oct 4	4:15-5:45pm	Tu,Th	\$81

## Tennis Essentials

Want to make the high school team or improve your position? This program prepares you for match play tennis. Learn how to hit forehands, backhands, serving, volleying and scoring. Instructor: Shanik Murthy. Rain makeups added to the end of season. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

14-18 yrs Classes: 6

RP6863.101 Centennial Pk Sep 10 2:45-3:45pm Sa \$80

## Adults (18 yrs +)

### Billie Jean King's Eye Coach Training & POC Strike

Grand Slam tennis legend Billie Jean King says "The Eye Coach is the most exciting idea in tennis coaching I've ever seen... it will change your game forever!" Learn how to use the revolutionary Eye Coach to lock in your ideal point of contact and strike zone. Loaner rackets and BJK Eye Coaches provided during class. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Beginner/Advanced Beginner Classes: 5

RP6852.102 Schooley Mill Pk Sep 18 4:30-6pm Su \$96

### Cardio Intermediate Tennis Class

Cardio Tennis is for intermediate players interested in a high-energy workout. Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action-packed instruction and play. Players are grouped according to ability level. Loaner rackets and cardio monitors available. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Classes: 5

RP6852.104 Schooley Mill Pk Sep 18 3-4:30pm Su \$96

### Level 4.0+ Advanced Tennis Lesson

Advanced tennis class designed for 4.0+ level players who want to fine-tune their level of play with a class focused on live ball drills and match play.

With minimal instruction, this class is designed for the players to get out and hit with players of similar or greater levels to take their game to the next level. (No class 10/12.) Instructor: Shanik Murthy. Evaluations prior to registration available upon request. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Classes: 6

RP6843.111 Rockburn Branch Pk Sep 7 8:15-9:15pm W \$94

### Mom's Tennis Swings with Shantha Chandra

Learn the basics or fine-tune your game. Lessons include drills and match play. No babysitting available. Rain makeup dates are on Fridays. (No class 9/5, 10/3, 10/12.) Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Cedar Lane Pk-East Classes: 6

RP6848.101	Beg./Advanced Beg.	Sep 7	11am-12:30pm	M,W	\$105
RP6848.102	Beg./Advanced Beg.	Sep 6	11:30am-1pm	Tu,Th	\$105
RP6848.103	Beg./Advanced Beg.	Sep 28	11am-12:30pm	M,W	\$105
RP6848.104	Beg./Advanced Beg.	Sep 27	11:30am-1pm	Tu,Th	\$105
RP6848.105	Beg./Advanced Beg.	Oct 26	11am-12:30pm	M,W	\$105
RP6848.106	Beg./Advanced Beg.	Oct 18	11:30am-1pm	Tu,Th	\$105
RP6848.107	Intermediate	Sep 6	10-11:30am	Tu,Th	\$105
RP6848.108	Intermediate	Sep 27	10-11:30am	Tu,Th	\$105
RP6848.109	Intermediate	Oct 18	10-11:30am	Tu,Th	\$105



*Perfect your serve and volley while learning new skills to transform your tennis game at an adult tennis class this fall.*

### Red Ball Beginner Tennis Class

Red Ball is the ideal way for beginners to learn and improve effortlessly while having fun! Player-friendly specialized equipment is provided for you to use during red ball QuickStart classes. Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action-packed instruction and play. Players are grouped according to ability level. You don't need to buy anything to get started! Loaner rackets available. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Classes: 5

RP6852.103 Centennial Pk Sep 16 8-9pm F \$81

### Strictly Doubles

This clinic format focuses on the nuances and strategies of playing doubles tennis. Work on how to play doubles: when to poach; partner communication and signals; how to move on the court; positioning; strategy; shot selection and placement; one up one back; two up at net; and volleys, half volleys, lobs and overheads. Drills and strategy sessions are followed by game play. Instructor: Gene Pierelli. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Classes: 6

RP6845.101 Rockburn Branch Pk Sep 11 10-11:30am Su \$102

### Sunday Swings Tennis with Shantha Chandra

Beginners, advanced beginners, intermediate and advanced players, learn and improve your skills through drills, small-group games and match play. Tune-up drills with special emphasis on level of play for league players/NTRP. Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + Cedar Lane Pk-East Classes: 4

RP6844.101	Beg./Advanced Beg.	Sep 11	Noon-1:30pm	Su	\$71
RP6844.102	Intermediate	Sep 11	10:30am-noon	Su	\$71
RP6844.103	Advanced	Sep 11	9-10:30am	Su	\$71
RP6844.111	Beg./Advanced Beg.	Oct 9	Noon-1:30pm	Su	\$71
RP6844.112	Intermediate	Oct 9	10:30am-noon	Su	\$71
RP6844.113	Advanced	Oct 9	9-10:30am	Su	\$71

#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



*First-time players have fun and learn the fundamentals of volleyball through drills and scrimmages with teammates!*

## Tennis Lessons

Whether you are looking to fine tune your skills or work on advanced tennis tactics, we have a program for you. These small group lessons are filled with instructional drills, fun games, and match play. Beginners focus on learning basic tennis strokes and techniques including the grip, groundstrokes, serves and volleys, plus movement and timing. The advanced beginner class improves on existing skills by working on consistency, ball placement and adding topspin to shots. Player should be able to hit the ball with control, basic serve and volley. Intermediate class moves at a faster pace and focuses on advanced shot selection including the approach shot, slice and lob shots, along with strategic tips and match-play tactics. The intermediate class also includes weekly match play. (No class 10/3, 10/12.) Instructor: Gene Pierelli (.101-.107); Hirsh Goldberg (.108-.109). Info: Krista Billingsley, 410-313-4637 or [kbillingsley@howardcountymd.gov](mailto:kbillingsley@howardcountymd.gov).

18 yrs + \$94 Classes: 6

RP6843.101	Adv. beg.	Centennial Pk	Sep 6	6-7pm	Tu
RP6843.102	Beg.	Rockburn Branch Pk	Sep 7	6-7pm	W
RP6843.103	Int.	Rockburn Branch Pk	Sep 7	7:15-8:15pm	W
RP6843.104	Int.	Centennial Pk	Sep 10	9-10am	Sa
RP6843.105	Adv. beg.	Centennial Pk	Sep 10	10-11am	Sa
RP6843.106	Beg.	Centennial Pk	Sep 10	11:30am-12:30pm	Sa
RP6843.107	Adv. beg.	Centennial Pk	Sep 10	12:30-1:30pm	Sa
RP6843.108	Adv. beg.	Rockburn Branch Pk	Sep 11	8-9am	Su
RP6843.109	Int.	Rockburn Branch Pk	Sep 11	9-10am	Su

# Volleyball

• League Refund Policy *Page 70*

## Youth (6-16 yrs)

### After-School Volleyball

Practice makes perfect! This program is for beginner players who enjoy this exciting sport and want to learn the basics. Individual players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve. Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

6-10 yrs Classes: 8

RP6400.101	Talbot Springs ES	Sep 13	3:15-4:15pm	Tu	\$63
RP6400.102	Running Brook ES	Sep 15	4-5pm	Th	\$63

## Instructional Volleyball League

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first four weeks are instructional practices; the final four weeks are games. Fee includes t-shirt. Info: Carson Nickell, 410 313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

Roger Carter Comm Ctr Classes: 8

RP5893.101	6 yrs-7 yrs beg.	Sep 17	1-2:10pm	Sa	\$99
RP5893.102	7 yrs adv.-9 yrs beg.	Sep 17	2:20-3:30pm	Sa	\$99
RP5893.103	8½ yrs adv.-10 yrs	Sep 17	3:40-4:50pm	Sa	\$99

## Volleyball Skills Development

Practice makes perfect! Beginner players who enjoy this exciting sport and want to learn the basics develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve. Info: Carson Nickell, 410-313-4720 or [cinickell@howardcountymd.gov](mailto:cinickell@howardcountymd.gov).

Classes: 8 \$125

RP5892.101	8-12 yrs	N Laurel Comm Ctr	Sep 12	6-7:30pm	M
RP5892.102	8-12 yrs	Gary J Arthur Comm Ctr	Sep 7	7-8:30pm	W
RP5892.103	8-12 yrs	Roger Carter Comm Ctr	Sep 8	6-7:30pm	Th
RP5892.111	13-18 yrs	N Laurel Comm Ctr	Sep 12	7:30-9pm	M
RP5892.112	13-18 yrs	Gary J Arthur Comm Ctr	Sep 7	7-8:30pm	W
RP5892.113	13-18 yrs	Roger Carter Comm Ctr	Sep 8	7:30-9pm	Th

Classes: 6 \$95

RP5892.104	8-12 yrs	N Laurel Comm Ctr	Nov 7	6-7:30pm	M
RP5892.105	8-12 yrs	Gary J Arthur Comm Ctr	Nov 2	7-8:30pm	W
RP5892.106	8-12 yrs	Roger Carter Comm Ctr	Nov 3	6-7:30pm	Th
RP5892.114	13-18 yrs	N Laurel Comm Ctr	Nov 7	7:30-9pm	M
RP5892.115	13-18 yrs	Gary J Arthur Comm Ctr	Nov 2	7-8:30pm	W
RP5892.116	13-18 yrs	Roger Carter Comm Ctr	Nov 3	7:30-9pm	Th

## Volleyball Performance Clinic with Columbia Volleyball Club (CVC)

Join CVC and other top coaches in the area as they instruct players in the finer points of the game. This clinic is designed to aide players in fine-tuning their volleyball skills to assist them in playing on their future high school and club volleyball teams. Don't miss out! Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

9-14 yrs Classes: 14

RP5892.141	Meadowbrook Ath Comp	Sep 12	7-9pm	M,W	\$200
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## Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-certified parent coaches provide a quality recreation environment for our players, parents, coaches and spectators. Weekly practices are scheduled Monday-Friday at any given Recreation & Parks indoor facility depending on team placement and coach's availability. Matches are played on Sundays. Practices are one hour, between 5-9pm; matches are one hour, between 10am-4pm. Specific details on one-hour matches/practice times are communicated after each season's skill evaluation. Players are placed on teams after a skills evaluation on September 11, time TBD. The YVL is for novice to experienced players who wish to learn more about the sport. Registration by August 31. Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

Matches at Meadowbrook Ath Comp 10am-4pm Weeks: 8

RP5891.101	10-12 yrs	Sep 11	\$130
RP5891.102	10-12 yrs (head coach's child)	Sep 11	\$60
RP5891.111	13-14 yrs	Sep 11	\$130
RP5891.112	13-14 yrs (head coach's child)	Sep 11	\$60
RP5891.121	13 yrs adv.-17 yrs	Sep 11	\$130
RP5891.122	13 yrs adv.-17 yrs (head coach's child)	Sep 11	\$60



## Adults (18 yrs +)

### Co-Rec Volleyball League

The volleyball leagues play 6-on-6 with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule facility, awards and administration. Teams are required to pay game official fees of \$20 per team on the court at each match. Register by September 4; by July 3 to receive a 10% discount. Individual players looking for a team should call Carson Nickell, 410-313-4720 or email him at [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

18 yrs + Weeks: 9

RP5890.101 Roger Carter Comm Ctr Sep 11 4-10pm Su \$220

### Drop-In Co-Rec Volleyball

Join athletes of various skill levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the "Get Active Package" (page 9) to save money and participate in additional athletic opportunities. Some gyms may be canceled due to insufficient Registration or attendance. Info: Susan Markovitz, 410-313-4674 or [samarkovitz@howardcountymd.gov](mailto:samarkovitz@howardcountymd.gov).

18 yrs + Classes: 10

RP6901.101	Burleigh Manor MS	Sep 12	8-10pm	M	\$44
RP6901.102	Burleigh Manor MS	Sep 15	8-10pm	Th	\$44
RP6901.103	Forest Ridge ES	Sep 14	8-10pm	W	\$44
RP6901.104	Rockburn ES	Sep 13	8-10pm	Tu	\$44
RP6901.105	Meadowbrook Ath Comp	Sep 14	9-11pm	W	\$44

### Co-Rec Volleyball

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and the fee is good through the end of the calendar year. Info: Cathy Vigus, 410-313-7311 or [cvigus@howardcountymd.gov](mailto:cvigus@howardcountymd.gov).

55 yrs +

RP5592.101 Meadowbrook Ath Comp Apr 5 10:30am-12:30pm Tu,F \$19

## Wrestling

### Howard County Vipers Wrestling

Learn valuable skills and techniques while participating in the Vipers Wrestling Program. The Vipers Program offers an opportunity to compete at a level which best fits each child's need. Vipers Wrestling offers 3 programming levels: (1) Clinic for the beginner in a non-competitive environment (1 practice per Week, no weekend commitment); (2) Recreation for both beginners and intermediate level wrestlers in a semi-competitive environment (2-3 practices per week, matches on Saturdays); and (3) Travel for the advanced wrestler in a competitive environment (3 practices per week, matches on Saturdays and Sundays). Practices are at Howard County high schools - please visit [www.howardcountywrestling.com](http://www.howardcountywrestling.com) for a complete list of locations and times. Info: Amy Patton, 410-313-4718 or [apatton@howardcountymd.gov](mailto:apatton@howardcountymd.gov) or [www.howardcountywrestling.com](http://www.howardcountywrestling.com).

4-8 yrs

RP5950.201 Clinic Nov 14 6-9pm 1 day a week \$75

6-15 yrs

RP5950.211 Recreational Nov 14 6-9pm 2 days a week \$150

7-16 yrs

RP5950.221 Travel Nov 2 6-9pm 3 days a week \$175

#### CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 68-69. Review of this information is required by law before you are allowed to register for youth sports programs.



See page 16 for details.

**All ages / Sat., Oct. 29 / 11AM-1PM / Free**

**Gary J. Arthur Community Center**

Celebrate Halloween and the 10<sup>th</sup> anniversary of the Gary J. Arthur Community Center. Children come in costume and trick-or-treat at specialized trucks including ambulances, fire engines, garbage trucks, police vehicles, construction trucks, and many more!

- Children's activities
- Giveaways
- And more fall fun!
- Concessions
- Hayrides



### Halloween One Mile Fun Run/Walk

**3 yrs + / \$10, members; \$15, nonmembers**

Come rev up your fitness engine prior to Trick-Or-Treating.

Preregistration is required.

RP4130.101 9:30 AM Saturday

## Howard County Park App

### Find in Howard County Parks...

- Nearest park or park amenity (ex: tennis or basketball courts)
- Driving directions
- Paved pathways
- Pavilions
- Playgrounds
- And more



**FREE!**

Available on the App Store

ANDROID APP ON Google play



**Howard County**  
RECREATION & PARKS



Sports

# General Information

*Program information provided in this Guide is tentative. Consult [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) for the most up-to-date information.*

## Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

*\*Waiver:* In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and policies.

## Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

## Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

## Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

## Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2015 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

## Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by [www.howardcountymd.gov](http://www.howardcountymd.gov) or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

## Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

## Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

#### Inclement Weather/Program Status Lines

Programs (Events, Trips, Selected Sports,* Outdoor Rec, Child Care & Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel	
Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr	410-313-4452
Belmont Manor & Historic Park	410-313-0200
All School Fields	410-313-6827
Alpha Ridge, Western Regional	410-313-4372
Blandair	410-313-3673
Cedar Lane	410-313-4453
Centennial	410-313-4454
Cypressmede & Hollifield	410-313-4457
Dayton Oaks Parks & Schooley Mill	410-313-4458
Dickinson, Hammond, Hawthorn,	
Huntington & Martin Road	410-313-4459
East Columbia Library, Guiliford	
Savage & N Laurel Fields	410-313-4456
Howard County Center for the Arts,	
Rockburn Branch, Waterloo &	
Worthington Off-Leash	410-313-4455
Meadowbrook	410-313-2727

#### Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

#### Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eg. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

#### Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request

along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov) or Ruth Coleman at 410-313-4708 or [rucoleman@howardcountymd.gov](mailto:rucoleman@howardcountymd.gov).

#### Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

#### Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Cynthia Vaillancourt (Board of Education Designee), Mr. David Brown (Board of Education), Mr. William Santos (Planning Board Designee), Mr. Jonathan Gresham (Student Member), Mr. John R. Byrd (Recording Secretary), Ms. Barbara Anderson, Mr. Thomas M. Franklin, Ms. Joanne Kiebler, Ms. Sylvia Ramsey, Mr. Daniel Tracy, Jr.

#### Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit [www.howardcountymd.gov](http://www.howardcountymd.gov) and click on the "I want to" tab.

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) and click on "Forms and Publications" or call 410-313-4639.

#### Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit [www.hocovolunteer.org](http://www.hocovolunteer.org) to view opportunities and register.

#### Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.



# Program Locations

## Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock ES	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Ducketts Lane ES	113 (b-5)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mills MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harper's Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Lake Elkhorn MS	15 (b-4)
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)

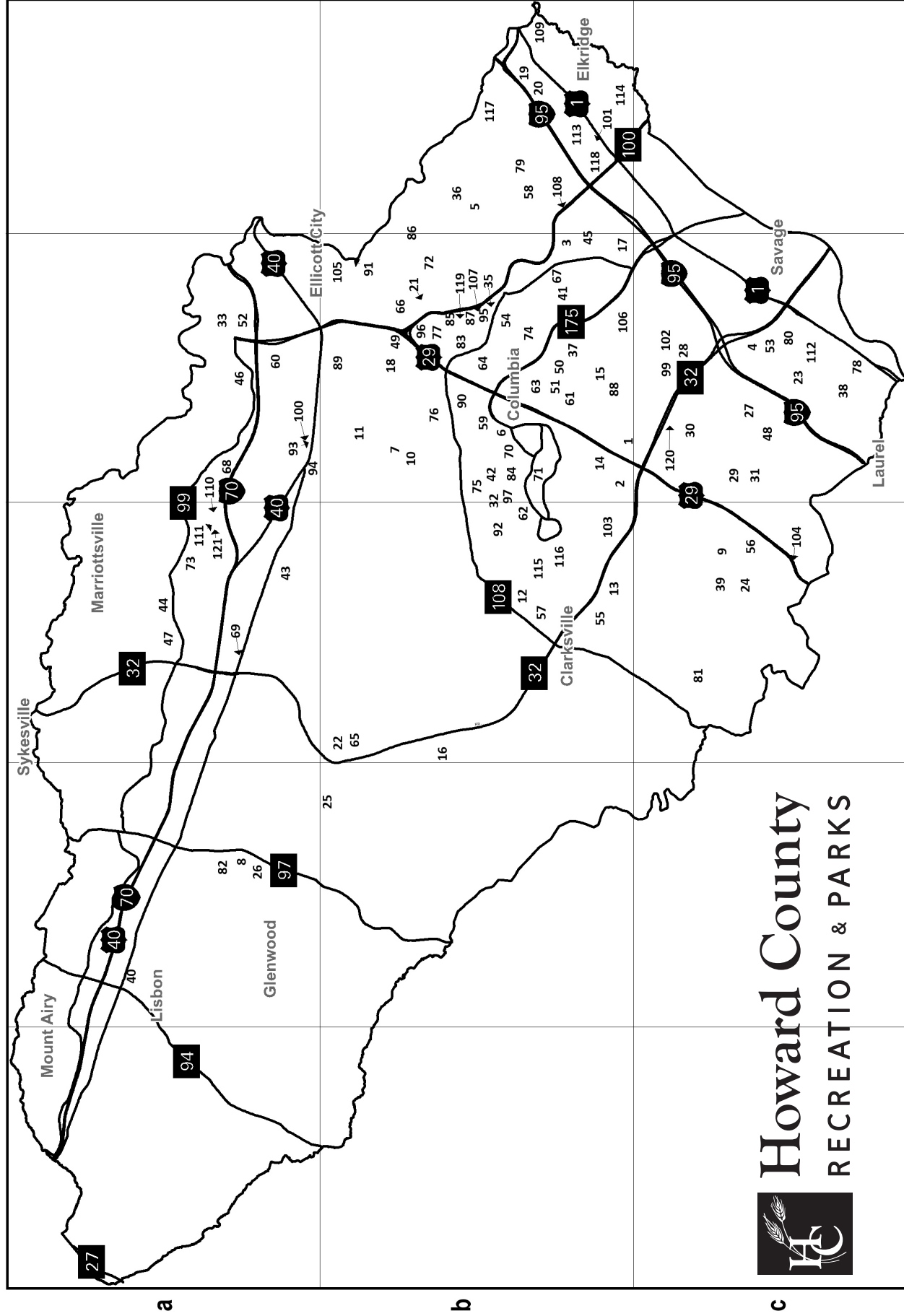
Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbot Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

## Parks

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental Area (MPEA), Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

## Other

AXIS Sports Facility	83 (b-4)
Bain 50+ Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills Golf Course	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbitts Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
Misako Beats	121 (a-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up – Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy Golf Course	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)



# Howard County RECREATION & PARKS



# Howard County

## RECREATION & PARKS

### Registration Form

Voice/Relay: 410-313-7275

Fax: 410-313-4658

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)

7120 Oakland Mills Road, Columbia, Maryland 21046

RP \_\_\_\_\_ . \_\_\_\_\_

Course Number \_\_\_\_\_ Program Title \_\_\_\_\_ Participant Name \_\_\_\_\_

☐ Male ☐ Female / /

Address if Different From Payer \_\_\_\_\_ Date of Birth \_\_\_\_\_

RP \_\_\_\_\_ . \_\_\_\_\_

Course Number \_\_\_\_\_ Program Title \_\_\_\_\_ Participant Name \_\_\_\_\_

☐ Male ☐ Female / /

Address if Different From Payer \_\_\_\_\_ Date of Birth \_\_\_\_\_

RP \_\_\_\_\_ . \_\_\_\_\_

Course Number \_\_\_\_\_ Program Title \_\_\_\_\_ Participant Name \_\_\_\_\_

☐ Male ☐ Female / /

Address if Different From Payer \_\_\_\_\_ Date of Birth \_\_\_\_\_

PAYMENT OPTIONS

#### Cash/Check

☐ Cash \$ \_\_\_\_\_ ☐ Check # \_\_\_\_\_ \$ \_\_\_\_\_

Make checks payable to **Director of Finance; Howard County**

Mail to: Howard County Recreation & Parks, Attn: Registration  
7120 Oakland Mills Road, Columbia, MD 21046

#### Credit Card

☐  ☐  ☐  ☐ 

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_

Account Holder Signature \_\_\_\_\_ Date \_\_\_\_\_

Account Holder Name (Print) \_\_\_\_\_

#### Electronic Check Payment

☐ Checking ☐ Savings

Routing # \_\_\_\_\_ Account # \_\_\_\_\_

Account Holder Signature \_\_\_\_\_ Date \_\_\_\_\_

Account Holder Name (Print) \_\_\_\_\_



Routing Number

Account Number

☐ I would like to contribute \$ \_\_\_\_\_ to the HCRP Scholarship Fund.

☐ Male ☐ Female / /

Name of Payer \_\_\_\_\_ Date of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_

Home Address: Street \_\_\_\_\_ Work Phone 1 \_\_\_\_\_ Cell Phone \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Email Address \_\_\_\_\_

Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at [www.howardcountymd.gov/recandparksforms](http://www.howardcountymd.gov/recandparksforms) and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request.

Does the participant have a disability or any special accommodation request that we need to know about?

If yes, please explain. \_\_\_\_\_

Does the participant have an allergy that we need to know about?

If yes, please explain. \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_





## LEARN TO COMPOST!

Join Howard County Master Gardeners for composting demonstrations, discussion and free\* compost bins.

Demonstrations are held at Alpha Ridge Landfill, Centennial Park, Schooley Mill Park and the Robinson Nature Center.

For the schedule of demonstrations, visit <https://extension.umd.edu/mg/locations/howard-county-master-gardeners>

*\* Free bins to Howard County residents!*



A PARENT EDUCATION PROGRAM  
Howard County Office of Children and Families

## PARENTS, GRANDPARENTS & CAREGIVERS!

Get the latest **informational sessions** and **training workshops** on:

- Child Development
- Positive Discipline
- Health and Safety
- School Readiness
- Finding Resources
- Adolescent Issues

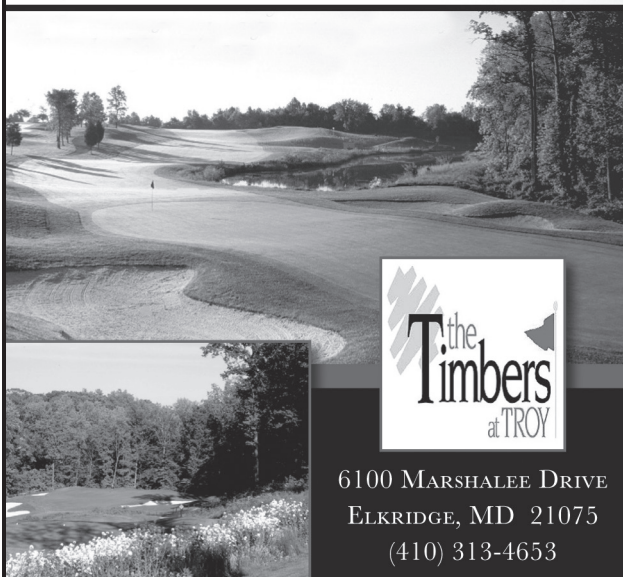
Don't miss your FREE **"Parent Pages,"** a quarterly, digital publication, specifically for Howard County and geared toward children of all ages.

For current workshops, or to receive Parent Pages:  
**[www.howardcountymd.gov/familyinstitute](http://www.howardcountymd.gov/familyinstitute)**

410-313-1440 (VOICE/RELAY)  
[children@howardcountymd.gov](mailto:children@howardcountymd.gov)



*Rated 4-Stars Best Places to Play by Golf Digest.  
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by Golf Styles Magazine.*



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(410) 313-4653  
[WWW.TIMBERSGOLF.COM](http://WWW.TIMBERSGOLF.COM)



*20 minutes from Downtown Baltimore and BWI Airport*



## Golf Tournament

**Friday, October 7, 9:00am - Fairways Hills Golf Course**

Celebrate community sports and enjoy a day on the links.  
Registration: 410-313-7275 or on-site by 8:00am,  
shotgun starts at 9:00am.

RP6601.101 Foursome \$340 RP6601.102 Individual \$85

## 14<sup>th</sup> Annual Banquet

**Tuesday, October 25, 5:00pm - Turf Valley Resort**

Recognize and thank those who are making a difference through sports by honoring Hall of Fame inductees and GoodSports coaches, players and officials.

**Info: Mike Blevins, 410-313-1691.**



# Howard County

## RECREATION & PARKS

7120 Oakland Mills Road, Columbia, MD 21046

410-313-7275

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)



flickr



HoCoParks  
APP



44<sup>th</sup>  
Anniversary

# Holiday Mart

## Juried Arts & Crafts Show

**December 3, 10 AM - 5 PM**  
**5 yrs +, \$5 per person**

- 130 crafters
- Door prizes
- Childrens craft corner
- Refreshments and lunch available for purchase

Info: 410-313-4840 or  
[www.howardcountymd.gov/HolidayMart](http://www.howardcountymd.gov/HolidayMart)  
Inclement Weather: 410-313-4452

Gary J. Arthur Community Center  
2400 Route 97, Cooksville, MD 21723

*\$1 off with this ad. (Must be presented at time of purchase, good towards one admission only.)*



RP-FALL-2016